

Valley High School
West Des Moines, Iowa
Results

W30 100 Meter Dash

Name	Age Team	Finals	Points
1 Radske-Suchan, Trina	W31 Unattached	12.95	

M29 & Under 100 Meter Dash

Name	Age Team	Finals	Points
1 Brunkhorst, Joey	M26 Unattached	12.54	

M30 100 Meter Dash

Name	Age Team	Finals	Points
1 Sickerson, Nate	M33 Unattached	11.66	

M40 100 Meter Dash

Name	Age Team	Finals	Points
1 Heeren, Doug	M43 Unattached	13.95	

M45 100 Meter Dash

Name	Age Team	Finals	Points
1 Muehsam, Ed	M48 Unattached	12.78	
2 Davis, Randy	M49 Unattached	14.27	

M65 100 Meter Dash

Name	Age Team	Finals	Points
1 LaBelle, George	M67 Unattached	16.61	

M80 100 Meter Dash

Name	Age Team	Finals	Points
1 Larson, Mel	M81 Unattached	15.19	

M29 & Under 200 Meter Dash

Name	Age Team	Finals	Points
1 Kelley, David	M26 Unattached	25.33	

M30 200 Meter Dash

Name	Age Team	Finals	Points
1 Sickerson, Nate	M33 Unattached	23.45	

M35 200 Meter Dash

Name	Age Team	Finals	Points
1 Wenzel, Marek	M37 Unattached	22.89	

M45 200 Meter Dash

Name	Age Team	Finals	Points
1 Muehsam, Ed	M48 Unattached	26.74	
2 Davis, Randy	M49 Unattached	29.26	

M55 200 Meter Dash

Name	Age Team	Finals	Points
1 Russell, Alan	M56 Unattached	26.93	

M65 200 Meter Dash

Name	Age Team	Finals	Points
1 LaBelle, George	M67 Unattached	35.41	

M29 & Under 400 Meter Dash

Name	Age Team	Finals	Points
1 Kelley, David	M26 Unattached	58.08	

M30 400 Meter Dash

Name	Age Team	Finals	Points
1 Sickerson, Nate	M33 Unattached	55.65	

M45 400 Meter Dash

Name	Age Team	Finals	Points
1 Davis, Randy	M49 Unattached	1:05.04	

M50 400 Meter Dash

Name	Age Team	Finals	Points
1 Miller, David	M54 Unattached	1:03.92	

M45 800 Meter Run

Name	Age Team	Finals	Points
1 Davis, Randy	M49 Unattached	2:47.21	

M50 800 Meter Run

Name	Age Team	Finals	Points
1 Miller, David	M54 Unattached	2:41.66	

M50 100 Meter Hurdles

Name	Age Team	Finals	Points
1 Boer, Doug	M53 Unattached	18.68	

M55 100 Meter Hurdles

Name	Age Team	Finals	Points
1 Russell, Alan	M56 Unattached	18.31	

M65 100 Meter Hurdles

Name	Age Team	Finals	Points
1 LaBelle, George	M67 Unattached	21.35	

W50 300 Meter Hurdles

Name	Age Team	Finals	Points
1 Glynn, Kay	W53 Unattached	53.18	

M65 300 Meter Hurdles

Name	Age Team	Finals	Points
1 LaBelle, George	M67 Unattached	1:09.16	

M50 400 Meter Hurdles

Name	Age Team	Finals	Points
1 Boer, Doug	M53 Unattached	1:20.11	

W50 High Jump

Name	Age Team	Finals	Points
1 Glynn, Kay	W53 Unattached	1.37m	4-06.00

M29 & Under High Jump

Name	Age Team	Finals	Points
1 Brunkhorst, Joey	M26 Unattached	1.98m	6-06.00

M35 High Jump

Name	Age Team	Finals	Points
1 Husar, Ed	M38 Unattached	1.68m	5-06.00

M40 High Jump

Name	Age Team	Finals	Points
1 Heeren, Doug	M43 Unattached	1.48m	4-10.25

M45 High Jump

Name	Age Team	Finals	Points
1 Davis, Randy	M49 Unattached	1.07m	3-06.00

M50 High Jump

Name	Age Team	Finals	Points
1 Mosher, Guy	M53 Unattached	1.22m	4-00.00

M55 High Jump

Name	Age Team	Finals	Points
1 Russell, Alan	M56 Unattached	1.53m	5-00.25

M65 High Jump

Name	Age Team	Finals	Points
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Name	Age Team	Finals	Points
1 LaBelle, George	M67 Unattached	1.12m	3-08.00

M70 High Jump

Name	Age Team	Finals	Points
1 Lagenfeld, Tom	M70 Unattached	1.43m	4-08.25

W30 Long Jump

Name	Age Team	Finals	Points
1 Radske-Suchan, Trina	W31 Unattached	4.97m	16-03.75

W50 Long Jump

Name	Age Team	Finals	Points
1 Glynn, Kay	W53 Unattached	4.48m	14-08.50

M35 Long Jump

Name	Age Team	Finals	Points
1 Wenzel, Marek	M37 Unattached	5.40m	17-08.75

M45 Long Jump

Name	Age Team	Finals	Points
1 Davis, Randy	M49 Unattached	3.51m	11-06.25

M50 Long Jump

Name	Age Team	Finals	Points
1 Mosher, Guy	M53 Unattached	3.28m	10-09.25

M55 Long Jump

Name	Age Team	Finals	Points
1 Russell, Alan	M56 Unattached	4.37m	14-04.00

M65 Long Jump

Name	Age Team	Finals	Points
1 LaBelle, George	M67 Unattached	3.20m	10-06.00

M40 Triple Jump

Name	Age Team	Finals	Points
1 Heeren, Doug	M43 Unattached	8.74m	28-08.25

M65 Triple Jump

Name	Age Team	Finals	Points
1 LaBelle, George	M67 Unattached	6.91m	22-08.00

M29 & Under Shot Put

Name	Age Team	Finals	Points
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1 Maltby, Matt M25 Unattached 14.89m 48-10.25

M35 Shot Put

Name	Age Team	Finals	Points
1 Schutte, Joel	M36 Unattached	10.08m 33-01.00	

M40 Shot Put

Name	Age Team	Finals	Points
1 Johanson, Doug	M42 Unattached	11.30m 37-01.00	
2 Heeren, Doug	M43 Unattached	7.93m 26-00.25	

M45 Shot Put

Name	Age Team	Finals	Points
1 Anderson, Rick	M46 Unattached	13.19m 43-03.25	

M50 Shot Put

Name	Age Team	Finals	Points
1 Byrnes, Matt	M53 Unattached	12.00m 39-04.50	

M55 Shot Put

Name	Age Team	Finals	Points
1 Maltby, Bob	M59 Unattached	10.18m 33-04.75	

M65 Shot Put

Name	Age Team	Finals	Points
1 LaBelle, George	M67 Unattached	8.93m 29-03.75	
2 Warren, Bob	M68 Unattached	8.13m 26-08.25	

M80 Shot Put

Name	Age Team	Finals	Points
1 Mulkern, Dick	M81 Unattached	9.52m 31-03.00	

M35 Discus Throw

Name	Age Team	Finals	Points
1 Wenzel, Marek	M37 Unattached	34.21m 112-03	
2 Schutte, Joel	M36 Unattached	32.75m 107-05	

M40 Discus Throw

Name	Age Team	Finals	Points
1 Johanson, Doug	M42 Unattached	32.96m 108-02	
2 Heeren, Doug	M43 Unattached	19.64m 64-05	

M45 Discus Throw

Name	Age Team	Finals	Points
1 Anderson, Rick	M46 Unattached	40.01m 131-03	

M50 Discus Throw

Name	Age Team	Finals	Points
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Name	Age Team	Finals	Points
1 Mosher, Guy	M53 Unattached	28.80m	94-06

M55 Discus Throw

Name	Age Team	Finals	Points
1 Russell, Alan	M56 Unattached	37.21m	122-01
2 Maltby, Bob	M59 Unattached	29.79m	97-09

M65 Discus Throw

Name	Age Team	Finals	Points
1 LaBelle, George	M67 Unattached	28.33m	92-11
2 Warren, Bob	M68 Unattached	26.39m	86-07

M80 Discus Throw

Name	Age Team	Finals	Points
1 Mulkern, Dick	M81 Unattached	28.96m	95-00

W30 Javelin Throw

Name	Age Team	Finals	Points
1 Radske-Suchan, Trina	W31 Unattached	30.01m	98-05

W50 Javelin Throw

Name	Age Team	Finals	Points
1 Glynn, Kay	W53 Unattached	31.99m	104-11

M35 Javelin Throw

Name	Age Team	Finals	Points
1 Wenzel, Marek	M37 Unattached	43.02m	141-02

M40 Javelin Throw

Name	Age Team	Finals	Points
1 Heeren, Doug	M43 Unattached	27.58m	90-06

M50 Javelin Throw

Name	Age Team	Finals	Points
1 Mosher, Guy	M53 Unattached	26.55m	87-01

M55 Javelin Throw

Name	Age Team	Finals	Points
1 Maltby, Bob	M59 Unattached	26.27m	86-02

M65 Javelin Throw

Name	Age Team	Finals	Points
1 LaBelle, George	M67 Unattached	28.75m	94-04