



## Newsletter #1

### 2015 Year Outlook

2015 has started off well and has the makings of a great year. Grinnell College was the host site for our first ever Indoor Association Championships. We hosted an Association coach's workshop in February, with another planned for late fall.

2015 Planned Events (dates & location will be posted on the Association's website):

- Indoor Association Championships (Youth & Masters)- Grinnell College
- Association Combined Events Championships
- Association State Championships (Youth & Masters) - Iowa State, Ames
- Region VIII Championship Meet - Iowa State, Ames
- Association XC Championship (Youth & Masters)
- Association Annual Meeting

The list of developmental meets can be found in the Youth section of the Iowa Association website. We will be looking for volunteers to help with the State and Region 8 meet during June/July. You can contact Jim Walczyk or one of the Youth Chairs for more information. We will also look to host a coaches Level 1 workshop sometime in 2015.

For more info, contact Eric Pingel ([eric.pingel@gmail.com](mailto:eric.pingel@gmail.com))