



CRTC Youth Track Meet

May 26, 2024

Robert W. Plaster Athletic Complex



General Information:

Date: May 26, 2024

Location: Robert W. Plaster Athletic Complex 651 19th Street NE Cedar Rapids, IA

Registration: \$15 per athlete -

Spectator Fee: \$5 ; 10 and under free

Time: 7:30 a.m. Gates open

9:00 a.m . Field Events begin

10:00 a.m. Running Events begin

Registration Link: <https://www.athletic.net/TrackAndField/meet/561165/register>

Registration Deadline: Sat 5/25/24 @ 11:59 AM

Timer: Andy Kauder

Announcer: Jon Weih

Order of Events (girls followed by boys in each age group)

Age Groups

3000m Run B, C, D, E

SA: 8U (2016 and Later)

100m Dash SA, A, B, C, D, E, F

A: & 10 (2015-2014)

80m Hurdles B

B: 11 & 12 (2013-2012)

100/110m Hurdles C, D, E

C: 13 & 14 (2011-2010)

1500m Run SA, A, B, C, D, E

D: 15 & 16 (2009-2008)

200m Dash SA, A, B, C, D, E, F

E: 17 & 18 (2007-2006)

400m Hurdles D, E

F: 19 + (2005 and Earlier)

400m SA, A, B, C, D, E

800m Run SA, A, B, C, D, E, F

***13/14 Girls 100 Hurdles will race at middle school state regulated mark*

Field Events -

Long Jump (2 pits - Boys/Girls)

SA, A, B, C, D, E (Youngest to oldest)

High Jump

E, D, C, B, A (Oldest to youngest, some age groups combined)

Shot Put

SA, A, B, C, D, E (Youngest to oldest)

Javelin

E, D, C, B, A, SA (Oldest to youngest)

Discus

B, C, D, E (Youngest to oldest, will conclude javelin)

Triple Jump

C, D, E (Will conclude long jump)

All events will be a timed final. Please pay attention to the announcer, as we will run on a rolling schedule. Check-in for all running events will be at the blue shed on the west side of the track. Awards will be handed out by the concession stand. (Medals- 1st-3rd ; Ribbons- 4th-6th)

Contact Info: Katie Gaffney | 563-920-1716 | cedarrapidstc@gmail.com

