

**2019 USATF/IOWA - USA TRACK & FIELD**  
**JUNIOR OLYMPIC DEVELOPMENTAL MEETS**

These are the developmental meets for Boys and Girls 8 & under, 9-10, 11-12, 13-14, 15-16, and 17-18 year olds (Birthdates as of December 31, 2019) leading up to participation in the State Junior Olympic meet held at Iowa State University, Saturday and Sunday; June 15 and 16, 2019.

April 19 (Fri)	DCG HIGH SCHOOL (Grimes) (DCG Track Club)	6:00	Shane Every	(515) 210-2383	dcgtrackclub@gmail.com
May 5 (Sun)	LIBERTY HIGH SCHOOL (North Liberty) (Iowa Speed)	9:00/10:00 Field/Running	Heather Woody 8:00 Gates Open	(319) 404-4984	lowaspeed@gmail.com
May 11 (Sat)	WAUKEE HIGH SCHOOL (Central Iowa Excalibur TC)	9:00/10:00 Gates Open 7:30	Cortez Nichols Pre-registration Required	(515) 280-1569	xcaliburs2003@yahoo.com
May 23 (Thur)	JOHNSTON MIDDLE SCHOOL (Co Hosts: Johnston Running Club and Ankeny Track Club)	6:00 5:00 check-in	Britta Wey Pre-registration Required	(515) 770-2038	johnstonrunning@gmail.com
RELAYS ONLY MEET					
May 26 (Sun)	MOUNT MERCY UNIVERSITY (Cedar Rapids Track Club)	10:00/11:00 Field/Running	Katie Gaffney 8:30 Registration	(563) 920-1716	cedarrapidstc@gmail.com
June 2 (Sat)	DES MOINES NORTH HS (Des Moines Youth TC)	10:00	Phil Ferguson	(515) 778-9055	phillip.ferguson@dmschools.org
June 2 (Sun)	JOHNSTON MIDDLE SCHOOL (Johnston Running Club)	12:30/1:30 Field/Running	Britta Wey 11:00 Gates Open Pre-registration Required	(515) 770-2038	johnstonrunning@gmail.com
June 23? (Sat)	BETTENDORF HIGH SCHOOL (Mississippi Valley TC)	12:00/1:00 Field/Running	Ben Hulbert 11:00 Registration	(563) 650-8500	mvtc_trackcoach@hotmail.com

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**ASSOCIATION JUNIOR OLYMPIC CHAMPIONSHIP MEET - JUNE 15 & 16, 2019 - IOWA STATE UNIVERSITY TRACK - 8:30 AM**  
**ASSOCIATION JUNIOR OLYMPIC MULTI-EVENTS MEET - JUNE 22 & 23, 2019 - CENTRAL COLLEGE - 9:00 AM**

July 4-5 FARGO SOUTH HIGH SCHOOL, FARGO, ND --- REGION 8 JO MULTI-EVENTS CHAMPIONSHIP  
 July 5-7 FARGO SOUTH HIGH SCHOOL, FARGO, ND --- REGION 8 JO TRACK AND FIELD CHAMPIONSHIP  
 Jul 22-28 SACRAMENTO, CA --- NATIONAL JUNIOR OLYMPIC CHAMPIONSHIP