



2019 Johnston Running Club Youth Track Meet Schedule



General Information

Date: Sunday, June 2, 2019
Location: Johnston Middle School 6501 NW 62nd Ave. Johnston, IA 50131
Registration: \$5.00 athlete participation fee (plus online processing fee)
Spectator Fee: \$5.00 per person (kids 5 and under are FREE)
Time: 10:00 a.m. Gates open
 11:00 a.m. Field events begin
 12:00 p.m. Running events begin

Pre-Registration Link: www.athletic.net

Registration Deadline: Saturday, June 1, 2019 @ 12:00 p.m. (noon)

Order of Events (girls followed by boys)

Track Events

4x800m Relay	B, C, D, E
80m Hurdles	B
100/110m Hurdles	C, D, E
100m Dash	SA, A, B, C, D, E
1500m Run	SA, A, B, C, D, E
4x100m Relay	SA, A, B, C, D, E
400m	SA, A, B, C, D, E
200m Hurdles	C
400m Hurdles	D, E
800m Run	SA, A, B, C, D, E
200m Dash	SA, A, B, C, D, E
3000m Run*	B, C, D, E
4x400m Relay	SA, A, B, C, D, E

* = All ages will likely be combined for the 3000m Run.

All events will be a timed final. Please pay attention to the announcer, as we will run on a rolling schedule. Proceed to the clerk of course once event is announced. Check-in for all running events will be on the infield.

Field Events

Long Jump (2 pits)	SA, A, B, C, D, E	
High Jump	A, B, C, D, E	
Discus	B, C, D, E	
Shot Put	SA, A, B, C, D, E	
Triple Jump	C, D, E	(Triple Jump will immediately follow long jump at the jumping pits)
Javelin	SA, A, B, C, D, E	(Javelin will immediately follow discus at the throwing cages)

Field Event Check-In Locations

Long Jump: Located on the north side of the track - one pit for girls, one pit for boys (subject to change)
 High Jump: Located on the north side of the track in the infield
 Shot Put: Located east of the track (behind backstretch bleachers)
 Discus: Located on the northeast side of the track
 Javelin: Located on the northeast side of the track (same location as discus)

Contact Info

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