





General Information

Date:	Thursday, May 23, 2019	
Location:	Johnston Middle School 6501 NW 62nd Ave. Johnston, IA 50131	
Registration:	\$5.00 athlete participation fee	
Spectator Fee:	\$5.00 per person (kids 5 and under are FREE)	
Time:	4:30-5:15 p.m.	Check-In
	5:30 p.m.	Relays begin

Pre-Registration Link: www.athletic.net/TrackAndField/meet/381231/info

Order of Events (girls followed by boys)

Track Events 4x800m Relay

4x200m Relay 800m Sprint Med. 1600m Sprint Med. SA, A, B, C, D, E 4x100m Relay 4x400m Relay

SA, A, B, C, D, E Age Groups

Age Groups SA – 2011 or later (8 & under) A - 2009-2010 (9-10) B-2007-2008 (11-12) C - 2005-2006 (13-14) D-2003-2004 (15-16) E - 2001-2002 (17-18)

Age determined as of 12/31/2019

All events will be a timed final.

Please pay attention to the announcer, as we will run on a rolling schedule. Proceed to the clerk of course once event is announced.

Athletes are allowed to run up an age group if needed to complete a relay team.

Concessions

Concessions will be available on site.

Contact Info

Britta Wey • Phone: (515) 770-2038 • E-mail: johnstonrunning@gmail.com

Co-Host

The meet will be co-hosted by the Ankeny Track Club, which will also be providing volunteers for the event.





