



2019 USATF Iowa Association Outdoor Open/Masters Championship and Invitational Meet

Sunday, June 16, 2019

ISU Track

Cyclone Sports Complex

Ames, Iowa

8 AM Registration Opens

8:30/9 AM Field Events

9 AM Track Events

Mens/Womens Events Include

Running Events Order: 3000m RaceWalk, 800m Run,
80m/100m/110m Hurdles, 100m Dash,
3000m Run, 300m/400m Hurdles, 200m Dash, 400m Dash,
1500m Run, 2000m SteepleChase – all events ran as finals
Field Events: HJ, LJ, TJ, SP, DT, JT, PV, HT, WT, SWT

Entry Fee: \$25 for unlimited events

USATF Membership Available online at www.usatf-iowa.org or at the meet

On line registration: <https://www.athletic.net/TrackAndField/meet/383793/register>

For ages 19 through 90+. Open athletes 19-29 will compete together. Contestants 30 and over will compete in 5 year increment groups (i.e. 30-34, 35-39, and so on). Based on the number of athletes in each age group, several age groups may race in the same heat.

For More Information please contact: jim.walczyk@gmail.com or (515) 771-4246

Non-Iowans are not only welcome, they are encouraged to participate!