

**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****Event 1 Girls 11-12 4x800 Meter Relay**

Team	Finals
Finals	
1 Ankeny Track & Field Club 'A'	12:41.55
1) Sullivan, Zoe	2) Semrow, Emma
3) Bockes, Nora	4) Nesbit, Olivia

**Event 1 Girls 13-14 4x800 Meter Relay**

Team	Finals
1 Dcg Track Club 'A'	11:06.66
1) Little, Hayden	2) Stevens, Madison
3) McDermott, Emerson	4) Schmitz, Maddie
2 Johnston Running Club 'A'	11:12.43
1) Woodley, Alyx	2) Fitzgerald, Micah
3) Pewe, Marissa	4) Wharton, Abigail
3 Johnston Running Club 'B'	11:59.13
1) Thornton, Ava	2) Osborne, Gabrielle
3) Rastetter, Kate	4) Ryan, Averie

**Event 1 Women 15+ 4x800 Meter Relay**

Team	Finals
1 I-Run 'A'	12:06.98
1) Werling, Joey	2) Werling, Hayden
3) Tenges, Bree	4) Tenges, Rylee

**Event 1 Boys 9-10 4x800 Meter Relay**

Team	Finals
1 Central Iowa Excaliburs Trac 'A'	12:15.88
1) Bergkamp, Josh	2) Stevenson Jr, Ryan
3) Dixon, Tate	4) Lee IV, Frank

**Event 1 Boys 11-12 4x800 Meter Relay**

Team	Finals
1 Johnston Running Club 'A'	11:58.91
1) Cheese, Ben	2) Postel, Brett
3) Mathis, Donovan	4) Gatton Jr, Adam

**Event 1 Boys 13-14 4x800 Meter Relay**

Team	Finals
1 Johnston Running Club 'A'	10:38.36



**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****....Event 1 Boys 13-14 4x800 Meter Relay**

1) Barber, Ben	2) Hurley, Ian	
3) Love, Campbell	4) Martin, Owen	
2 Des Moines Youth Track Club 'A'		11:41.47
1) Jenkins, Anthony	2) Greene, Daniel James	
3) Smith, Vaughn	4) Folkers, Drew	

**Event 2 Girls 4x200 Meter Relay 8 & Under**

Team	Finals
1 Ankeny Track & Field Club 'A'	3:03.47
1) Edwards, Calista	2) Edwards, Caroline
3) England, Eve	4) Huston, Harper

**Event 3 Boys 4x200 Meter Relay 8 & Under**

Team	Finals
1 Central Iowa Excaliburs Trac 'A'	2:30.06
1) Jackson, Braylon	2) Owens, Trae
3) Miller, Malik	4) Kemp, Quincy
5) Reed Jr, Marc	6) Lee, Carter
2 Turbo Track Club 'A'	2:32.51
1) Litchfield, Garrett	2) Jackson, Taytum
3) Eichmeier, Boston	4) Jacobs, Blake
3 Des Moines Youth Track Club 'A'	2:47.56
1) Greene, Joseph	2) Chavis, Tavan
3) Smith, Hendrick	4) Vapava, Andre
5) Dickerson, Eli	6) Dusahyen, Josh
4 Johnston Running Club 'A'	2:50.88
1) Veigel, Beckam	2) Baade, Griffin
3) Willis, Nile	4) Phillips, Rhys

**Event 4 Girls 4x200 Meter Relay 9-10**

Team	Finals	H#
1 Turbo Track Club 'A'	2:14.24	1
1) Badillo, Mila	2) Jackson, Teagan	
3) Jackson, Jaeden	4) Huether, Frankie	
2 Stampede Track Club 'A'	2:20.72	1
1) Reggio, Aubri	2) Mikkelsen, Anna	
3) Smid, Ava	4) Kehoe, Lilah	
5) Heidgerken, Paisley	6)	
3 Johnston Running Club 'B'	2:26.89	1
1) Leach, Alexia	2) Ferguson, Leah	
3) Woodley, Ryah	4) Veigel, Harper	
4 Central Iowa Excaliburs Trac 'A'	2:29.09	1
1) Jones, Semara	2) Nalls, Equoia	
3) Long, Khobe	4) Wells, Amiya	



**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****....Event 4 Girls 4x200 Meter Relay 9-10**

5 Dcg Track Club 'B'	2:30.03	2
1) Anderson, Lexi	2) Messerly, Madison	
3) Kessler, Addison	4) Seeman, Madden	
6 Ankeny Track & Field Club 'B'	2:39.24	2
1) A'Hearn, Avery	2) Fichtner, Josie	
3) Wesner, Keira	4) Sullivan, Zoe	
7 Runaway Ballers 'A'	2:39.77	2
1) Byers, Kaylee	2) Ott, Emersyn	
3) Bentz, Breeze	4) Faber, Kenlee	
8 Dcg Track Club 'A'	2:40.43	1
1) Benning, Sharla	2) Brown, Kennedy	
3) McClure, Lucy	4) Busch, Camryn	
9 Johnston Running Club 'A'	2:46.79	2
1) Davidson, Elaine	2) Wey, Reagan	
3) Lambert, Lauren	4) Napier, Lezlee	
10 Turbo Track Club 'B'	2:48.51	2
1) Sexton, Rylee	2) Lee, Aubrey	
3) Davis, Jordan	4) Sullivan, Isabella	
11 I-Run 'A'	2:54.52	1
1) Keller, Lucy	2) Etnyre, Clara	
3) Whitson, Eden	4) Bonnes, Kacy	

**Event 5 Boys 4x200 Meter Relay 9-10**

Team	Finals
1 Turbo Track Club 'A'	2:12.83
1) Reed, Kiefer	2) Allen, Brecken
3) Ellison, Hank	4) Abbott, Evan
3 Dcg Track Club 'A'	2:16.37
1) Bennett, Gabriel	2) Isenhardt, Jack
3) Smid, Henry	4) Tjeerdsma, Callen
4 Des Moines Youth Track Club 'A'	2:29.96
1) Smith, Rogan	2) Phanfil, Mateo
3) Lewis, Deantron	4) Folkerts, Beckett
5) Bradley, Royan	6) Dwanyen, Isaiah
5 Johnston Running Club 'A'	2:34.36
1) Hoppenworth, Gage	2) Pewe, Ethan
3) Peterson, Mitchell	4) Tallman, Jackson
6 Ankeny Track & Field Club 'A'	2:36.06
1) Olson, Isaac	2) DeMoss, Wyatt
3) Stuart, Derek	4) Bockes, Jake
7 Dcg Track Club 'B'	2:36.34
1) Bennewitz, Jensen	2) Christensen, Sam
3) Droppert, Nash	4) Harrington, Calen
8 Johnston Running Club 'B'	2:41.14
1) Luttrell, Remington	2) Phillips, Teag
3) Zimmerman, Elijah	4) Franzeen, Cameron



**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****Event 6 Girls 4x200 Meter Relay 11-12**

Team	Finals	H#
1 Turbo Track Club 'A'	2:09.10	1
1) Conger, Emily	2) Balashaitis, Alyssandra	
3) Castro, Emerson	4) Manock, Jocelyn	
2 Dcg Track Club 'A'	2:13.50	2
1) Asche, Abigail	2) Hofbauer, Alexandra	
3) Justice, Caydence	4) Dalton, Madelyn	
3 Iowa Flyers Track Club 'A'	2:14.28	2
4 Johnston Running Club 'A'	2:16.72	1
1) Hayes, Addison	2) Woodley, Alyx	
3) Veigel, Avery	4) Shaw, Cora	
5 Ankeny Track & Field Club 'A'	2:18.91	1
1) Weathers, Katelyn	2) Olson, Samantha	
3) Gatton, Shelby	4) Schuchart, Eden	
6 Johnston Running Club 'B'	2:19.38	2
1) Shaw, Genna	2) Maki, Kora	
3) Shaw, Lila	4) Smith, Rorie	
7 I-Run 'A'	2:22.22	1
1) Preston, Abigail	2) Bonnes, Kaitlyn	
3) Grover, Madison	4) McKinzey, Elizabeth	
8 Runaway Ballers 'A'	2:22.53	1
1) McGaffin, Avery	2) Faber, Ava	
3) Ott, Mady	4) Kennedy, Jordyn	
9 Stampede Track Club 'A'	2:29.00	1
1) Reggio, Kayli	2) Smith, Alivia	
3) Boel, Alayna	4) Owen, Elizabeth	
10 Turbo Track Club 'B'	2:31.52	2
1) Litchfield, Rylee	2) Carlson, Elyse	
3) Jackson, McKenzie	4) Jackson, Kaelen	
11 Des Moines Youth Track Club 'A'	2:37.90	2
1) Janes, Miya	2) Lewis, Deyanna	
3) Johnson, Samiah	4) White, Olivia	

**Event 7 Boys 4x200 Meter Relay 11-12**

Team	Finals
1 Central Iowa Excaliburs Trac 'A'	2:02.40
1) Minear, Jaxson	2) Dixon, Tate
3) Bernstine, Xavier	4) Harrison, Quentin
2 Turbo Track Club 'A'	2:04.68
1) Hill, Tristan	2) Boyle, Devin
3) Graf, Kaylor	4) Anderson, Reed
3 Dcg Track Club 'A'	2:08.68
1) Bejarno, Jax	2) Bohnenkamp, Charlie
3) Johannsen, Sampson	4) Every, Andrew
4 Johnston Running Club 'A'	2:08.70
1) Wey, Adam	2) Withers, Benjamin
3) Ness, Garrett	4) McDaniel, Eli



**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****....Event 7 Boys 4x200 Meter Relay 11-12**

5 Ankeny Track & Field Club 'A'	2:11.33
1) Sipes, Berritt	2) Holsapple, Connor
3) Heath, Hudson	4) Braunschweig-Norris, Grady
6 Iowa Flyers Track Club 'A'	2:16.90
1) Essick, Wesley	2) Lunde, Brennan
3) Lunde, Connor	4) Long, Brady
7 Dcg Track Club 'B'	2:18.33
1) Lampe, Luke	2) Fuller, Brevyn
3) Walker, Darien	4) Valline, Will
8 Dcg Track Club 'C'	2:21.14
1) Irlmeier, Cole	2) Clark, Naden
3) Philavanh, Peyton	4) Benberg, Ashton

**Event 8 Girls 4x200 Meter Relay 13-14**

Team	Finals
1 Verti-GO Track Club 'A'	1:56.12
1) Karnga, Kimberlin	2) Fritz, Miah
3) Chuol, Jennifer	4) Elniel, May
2 Central Iowa Excaliburs Trac 'A'	1:57.08
3 Turbo Track Club 'A'	2:00.76
1) Schneider, Bryn	2) Bogle, Grace
3) Mahama, Elizabeth	4) Snellen, Sydney
4 Johnston Running Club 'B'	2:05.61
1) Sweet, Courtney	2) Osborne, Gabrielle
3) Pundt, Jadeyn	4) Johannes, Keira
5 Des Moines Youth Track Club 'A'	2:06.36
1) Seakor, Metric	2) Brown, Kweta
3) Jackson, Queenie	4) Adam, Samaya
6 Johnston Running Club 'A'	2:07.57
1) Clark, Natalie	2) Henry, Rylie
3) Vukovich, Avery	4) Krome, Kim
7 Verti-GO Track Club 'B'	2:09.91
1) Sanders, Abre'Onna	2) Hudson, January
3) Smith, Mealah	4) Hudson, Jamaja
8 Ankeny Track & Field Club 'A'	2:10.17
1) Madison, Olivia	2) Fornoff, Kelsey
3) Fickbohm, Abigail	4) Birchmier, Ava

**Event 9 Boys 4x200 Meter Relay 13-14**

Team	Finals
1 Turbo Track Club 'A'	1:46.31
1) Fairchild, Logan	2) Dorfler, Jack
3) Belding, Jack	4) Sickerson, Tyler
2 Turbo Track Club 'B'	1:59.67
1) Kluver, Chase	2) Allen, Manning
3) Davis, Nyle	4) Reed, Caleb



**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****....Event 9 Boys 4x200 Meter Relay 13-14**

3 Ankeny Track & Field Club 'A'	2:00.39
1) Pederson, Cade	2) Sipes, Emmett
3) Woods, Cael	4) Feldmann, Nathan
4 Johnston Running Club 'A'	2:10.61
1) Cornwell, Carson	2) Hass, Caleb
3) Knudsen, Gavin	4) Gibbons, Kolby
5 Johnston Running Club 'B'	2:11.63
1) Anthony, Trenton	2) Gearhart, Carter
3) Scothorn, Zach	4) Lambert, Evan
6 Des Moines Youth Track Club 'A'	2:20.28
1) Jenkins, Anthony	2) Greene, Daniel James
3) Smith, Vaughn	4) Folkers, Drew

**Event 11 Boys 4x200 Meter Relay 15-18**

Team	Finals
1 Turbo Track Club 'A'	1:46.41
1) Sickerson, Caleb	2) Adamson, Aidan
3) Wiedman, Noel	4) Gossett, Jake

**Event 13 Boys 800 Sprint Medley 8 & Under**

Team	Finals
1 Johnston Running Club 'A'	3:28.44
1) Felder, Steven	2) Phillips, Rhys
3) Haag, Kaden	4) Willis, Nile

**Event 14 Girls 800 Sprint Medley 9-10**

Team	Finals
1 Johnston Running Club 'A'	2:32.99
1) Woodley, Ryah	2) Veigel, Harper
3) Wharton, Eleanor	4) Napier, Lezlee
2 Stampede Track Club 'A'	2:33.74
1) Reggio, Aubri	2) Mikkelsen, Anna
3) Smid, Ava	4) Kehoe, Lilah
5) Heidgerken, Paisley	6)
3 Runaway Ballers 'A'	2:44.12
1) Ott, Emersyn	2) Hogan, Reagan
3) Bentz, Breeze	4) Faber, Kenlee
4 I-Run 'A'	2:47.58
1) Bonnes, Kacy	2) Whitson, Stella
3) Keller, Lucy	4) Grover, Madison
5 Turbo Track Club 'A'	2:49.56
1) Litchfield, Rylee	2) Davis, Jordan
3) Steinkamp, Abby	4) Sullivan, Presley
6 Dcg Track Club 'A'	2:52.94



**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****....Event 14 Girls 800 Sprint Medley 9-10**

1) Seeman, Madden	2) Mease, Jaylee	
3) McClure, Lucy	4) Brown, Kennedy	
7 Johnston Running Club 'B'		2:56.40
1) Maki, Ella	2) Lambert, Lauren	
3) Mathis, Marisol	4) Molis, Ashley	
8 Ankeny Track & Field Club 'A'		3:04.05
1) Edwards, Caroline	2) Edwards, Calista	
3) A'Hearn, Avery	4) Fichtner, Josie	

**Event 15 Boys 800 Sprint Medley 9-10**

Team		Finals
1 Dcg Track Club 'A'		2:20.90
1) Irlmeier, Cole	2) Valenta, Wyatt	
3) Pennington, Grayson	4) Perrigo, Nelsen	
2 Ankeny Track & Field Club 'B'		2:22.99
1) Heath, Hudson	2) Hanfelt, Gavin	
3) DeMoss, Wyatt	4) Ha, Norman	
3 Dcg Track Club 'B'		2:26.78
1) Dalton, Maxon	2) Isenhardt, Jack	
3) Smid, Henry	4) McDermott, Anthony	
4 Johnston Running Club 'B'		2:33.48
1) Peterson, Mitchell	2) Zimmerman, Elijah	
3) Tokheim, Davis	4) Hoppenworth, Gage	
5 Turbo Track Club 'A'		2:34.28
1) Ragland, Ramsey	2) Cole, James	
3) Moyer, Jayden	4) Allen, Brecken	
6 Johnston Running Club 'A'		2:39.54
1) Pewe, Ethan	2) Tallman, Jackson	
3) Nadler, David	4) Davidson, Noah	

**Event 16 Girls 800 Sprint Medley 11-12**

Team		Finals	H#
1 Xtreme Running 'A'		2:22.31	2
1) Sandholm, Audrey	2) Sandholm, Lauren		
3) Thompson, Hanna	4) Pollock, Ellie		
2 Johnston Running Club 'A'		2:24.05	1
1) Veigel, Avery	2) Shaw, Genna		
3) Smith, Rorie	4) Hayes, Addison		
3 Iowa Flyers Track Club 'A'		2:25.02	1
1) Reitano, Olivia	2) Helgeson, Selah		
3) Wu, Grace	4) Risdal, Lauren		
4 Dcg Track Club 'B'		2:28.78	2
1) Kessler, Addison	2) Grove, Gabby		
3) Olson, Halle	4) Dalton, Madelyn		
5 Ankeny Track & Field Club 'A'		2:28.98	1
1) Hanfelt, Reagan	2) Fickbohm, Isabella		



**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****....Event 16 Girls 800 Sprint Medley 11-12**

3) Semrow, Emma	4) Stuart, Anne		
6 Stampede Track Club 'A'		2:30.89	2
1) Reggio, Kayli	2) Smith, Alivia		
3) Boel, Alayna	4) Owen, Elizabeth		
7 Dcg Track Club 'A'		2:30.92	1
1) Knief, Kenna	2) Baier, Camdyn		
3) Mora, Julia	4) Uhl, Madisen		
8 Ankeny Track & Field Club 'B'		2:35.25	2
1) Weathers, Katelyn	2) Gatton, Shelby		
3) Schuchart, Eden	4) Olson, Samantha		
9 Runaway Ballers 'A'		2:35.43	1
1) McGaffin, Avery	2) Faber, Ava		
3) Ott, Mady	4) Kennedy, Jordyn		

**Event 17 Boys 800 Sprint Medley 11-12**

Team		Finals	
1 Turbo Track Club 'A'		2:10.45	
1) Busick, Coby	2) Graf, Kaylor		
3) Carlson, Hayden	4) Anderson, Reed		
2 Dcg Track Club 'B'		2:12.13	
1) Carlson, Ethan	2) Valenta, Wyatt		
3) Hemmingsen, Cole	4) Morra, Sam		
3 Ankeny Track & Field Club 'A'		2:22.10	
1) Holsapple, Connor	2) Bockes, Jake		
3) Braunschweig-Norris, Grady	4) Nesbit, William		
4 Iowa Flyers Track Club 'A'		2:23.55	
1) Long, Brady	2) Essick, Wesley		
3) Lunde, Brennan	4) Lunde, Connor		
5 Dcg Track Club 'A'		2:23.92	
1) Lampe, Luke	2) Isenhardt, Alec		
3) Clark, Naden	4) Johnson, Isaac		
6 Johnston Running Club 'A'		2:29.96	
1) Goodnight, Gavin	2) Wey, Adam		
3) Mathis, Donovan	4) Postel, Brett		

**Event 18 Girls 800 Sprint Medley 13-14**

Team		Finals	
1 Johnston Running Club 'B'		2:12.23	
1) Johannes, Keira	2) Krome, Kim		
3) Glass, Mae	4) Thornton, Ava		
2 Ankeny Track & Field Club 'A'		2:16.71	
1) Fickbohm, Abigail	2) Pries, Kelsey		
3) Fornoff, Kelsey	4) Birchmier, Ava		
3 Johnston Running Club 'A'		2:18.77	
1) Osborne, Vanessa	2) Pohlman, Sidney		
3) Pohlman, Rubie	4) Pohlman, Quinn		





**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****....Event 18 Girls 800 Sprint Medley 13-14**

4 I-Run 'A'	2:41.02
1) Bonnes, Kaitlyn	2) Oneil, Katelyn
3) Ott, Breanna	4) McKinzey, Elizabeth

**Event 19 Boys 800 Sprint Medley 13-14**

Team	Finals
1 Turbo Track Club 'A'	1:59.49
1) Belding, Jack	2) Dorfler, Jack
3) Jackson, Braeden	4) Reed, Jackson
2 Ankeny Track & Field Club 'A'	2:05.39
1) Pederson, Cade	2) Weathers, Lucas
3) Blakeslee, Bennett	4) Feldmann, Nathan
3 Johnston Running Club 'A'	2:18.59
1) Anthony, Trenton	2) Hass, Caleb
3) Knudsen, Gavin	4) Lambert, Evan

**Event 21 Boys 800 Sprint Medley 15-18**

Team	Finals
1 Turbo Track Club 'A'	1:51.38
1) Wiedman, Noel	2) Sickerson, Caleb
3) Adamson, Aidan	4) Gossett, Jake

**Event 23 Boys 1600 Sprint Medley 8 & Under**

Team	Finals
1 Johnston Running Club 'A'	6:45.56
1) Baade, Griffin	2) Haag, Kaden
3) Veigel, Beckam	4) Willis, Nile

**Event 24 Girls 1600 Sprint Medley 9-10**

Team	Finals
1 Johnston Running Club 'A'	6:08.11
1) Napier, Lezlee	2) Ferguson, Leah
3) Wharton, Eleanor	4) Molis, Ashley

**Event 25 Boys 1600 Sprint Medley 9-10**

Team	Finals
1 Johnston Running Club 'A'	5:27.90
1) Molis, Preston	2) Tokheim, Davis
3) O'Brien, Mason	4) Davidson, Noah
2 Ankeny Track & Field Club 'A'	5:44.96



**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****....Event 25 Boys 1600 Sprint Medley 9-10**

1) Olson, Isaac	2) Hanfelt, Gavin	
3) Bockes, Jake	4) Ha, Norman	
3 Dcg Track Club 'A'		5:56.73
1) Homan, Hayden	2) Droppert, Nash	
3) Bennett, Gabriel	4) Tjeerdsma, Callen	
4 Johnston Running Club 'B'		6:45.56
1) Luttrell, Remington	2) Phillips, Teag	
3) York, Cooper	4) Nadler, David	

**Event 26 Girls 1600 Sprint Medley 11-12**

Team	Finals
1 Dcg Track Club 'A'	4:59.00
1) Hinrichs, Samantha	2) Grove, Gabby
3) McDermott, Emerson	4) Hofbauer, Alexandra
2 Johnston Running Club 'A'	5:25.41
1) Shaw, Cora	2) Shaw, Lila
3) Maki, Kora	4) Fitzgerald, Micah
3 Dcg Track Club 'B'	5:26.00
1) Justice, Caydence	2) Bahnsen, Anna
3) Dalton, Madelyn	4) Messerly, Piper
4 Ankeny Track & Field Club 'A'	5:36.06
1) Hanfelt, Reagan	2) Olson, Samantha
3) Drosieko, Abigail	4) Nesbit, Olivia
5 Iowa Flyers Track Club 'A'	5:47.36
1) Reitano, Olivia	2) Helgeson, Selah
3) Risdal, Lauren	4) Stanley, Emma
6 Iowa Flyers Track Club 'B'	6:04.89
7 Ankeny Track & Field Club 'B'	6:06.49
1) Fickbohm, Isabella	2) Stuart, Anne
3) Bockes, Nora	4) Semrow, Emma
8 I-Run 'A'	6:28.72
1) Preston, Abigail	2) McKinzey, Elizabeth
3) Tenges, Rylee	4) Etnyre, Kayle

**Event 27 Boys 1600 Sprint Medley 11-12**

Team	Finals
1 Johnston Running Club 'B'	5:08.07
1) Withers, Benjamin	2) Ness, Garrett
3) McDaniel, Eli	4) Gatton Jr, Adam
2 Ankeny Track & Field Club 'A'	5:20.41
1) Sipes, Berritt	2) Holsapple, Connor
3) Braunschweig-Norris, Grady	4) Nesbit, William
3 Johnston Running Club 'A'	5:30.71
1) Goodnight, Gavin	2) Wey, Adam
3) Cheese, Ben	4) Postel, Brett
4 Dcg Track Club 'A'	6:56.72



**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****....Event 27 Boys 1600 Sprint Medley 11-12**

- |                   |                     |
|-------------------|---------------------|
| 1) Kreis, Cameron | 2) Johnson, Aaden   |
| 3) Johnson, Isaac | 4) Gustafson, Brady |

**Event 28 Girls 1600 Sprint Medley 13-14**

Team	Finals
1 Johnston Running Club 'B'	4:52.37
1) Vu, Brandi	2) O'Brien, Ella
3) Pewe, Marissa	4) Wharton, Abigail
2 Ankeny Track & Field Club 'A'	5:19.23
1) Fornoff, Kelsey	2) Madison, Olivia
3) Pries, Kelsey	4) Birchmier, Ava
3 Johnston Running Club 'A'	5:37.04
1) Ryan, Averie	2) Pohlman, Sidney
3) Wilcox, Maria	4) Pohlman, Quinn

**Event 29 Boys 1600 Sprint Medley 13-14**

Team	Finals
1 Johnston Running Club 'A'	4:44.27
1) Gearhart, Carter	2) Gibbons, Kolby
3) Hurley, Ian	4) Barber, Ben
2 Ankeny Track & Field Club 'A'	4:52.79
1) Woods, Cael	2) Weathers, Lucas
3) DeJoode, Chase	4) Blakeslee, Bennett
3 Johnston Running Club 'B'	5:03.69
1) Cornwell, Carson	2) Love, Campbell
3) Scothorn, Zach	4) Martin, Owen

**Event 30 Girls 1600 Sprint Medley 15-18**

Team	Finals
1 I-Run 'A'	4:38.66
1) Ott, Breanna	2) Oneil, Katelyn
3) Werling, Joey	4) Naughton, Emily

**Event 33 Boys 4x100 Meter Relay 8 & Under**

Team	Finals
1 Turbo Track Club 'A'	1:09.98
1) Litchfield, Garrett	2) Jackson, Taytum
3) Eichmeier, Boston	4) Jacobs, Blake
2 Central Iowa Excaliburs Trac 'A'	1:11.39
1) Jackson, Braylon	2) Owens, Trae
3) Miller, Malik	4) Kemp, Quincy
5) Reed Jr, Marc	6) Lee, Carter



**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****....Event 33 Boys 4x100 Meter Relay 8 & Under**

3 Des Moines Youth Track Club 'A'		1:15.93
1) Greene, Joseph	2) Chavis, Tavan	
3) Smith, Hendrick	4) Vapava, Andre	
5) Dickerson, Eli	6) Dusahyen, Josh	
4 Johnston Running Club 'A'		1:25.57
1) Phillips, Rhys	2) Veigel, Beckam	
3) Baade, Griffin	4) Haag, Kaden	

**Event 34 Girls 4x100 Meter Relay 9-10**

Team		Finals	H#
1 Turbo Track Club 'A'		1:03.94	1
1) Badillo, Mila	2) Jackson, Teagan		
3) Jackson, Jaeden	4) Huether, Frankie		
2 Stampede Track Club 'A'		1:05.61	2
1) Reggio, Aubri	2) Mikkelsen, Anna		
3) Smid, Ava	4) Kehoe, Lilah		
5) Heidgerken, Paisley	6)		
3 Central Iowa Excaliburs Trac 'A'		1:08.33	1
1) Jones, Semara	2) Wells, Amiya		
3) Nalls, Equoia	4) Long, Khobe		
4 Runaway Ballers 'A'		1:09.59	1
1) Byers, Kaylee	2) Ott, Emersyn		
3) Hogan, Reagan	4) Bentz, Breeze		
5 Dcg Track Club 'B'		1:12.76	2
1) Mease, Jaylee	2) Messerly, Madison		
3) Brown, Kennedy	4) Seeman, Madden		
6 Dcg Track Club 'A'		1:14.09	1
1) Anderson, Lexi	2) Kessler, Addison		
3) Busch, Camryn	4) Benning, Sharla		
7 Ankeny Track & Field Club 'A'		1:19.36	1
1) A'Hearn, Avery	2) Wesner, Keira		
3) Brunkhorst, Elizabeth	4) Fichtner, Josie		
8 Turbo Track Club 'B'		1:21.48	2
1) Sexton, Rylee	2) Lee, Aubrey		
3) Sullivan, Isabella	4) Litchfield, Rylee		
9 Johnston Running Club 'A'		1:22.19	2
1) Wey, Reagan	2) Davidson, Elaine		
3) Maki, Ella	4) Mathis, Marisol		
10 I-Run 'A'		1:23.97	1
1) Keller, Lucy	2) Whitson, Stella		
3) Etnyre, Clara	4) Whitson, Eden		

**Event 35 Boys 4x100 Meter Relay 9-10**

Team		Finals	H#
1 Dcg Track Club 'A'		1:02.80	1
1) Smid, Henry	2) Stevens, Braxton		



**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****....Event 35 Boys 4x100 Meter Relay 9-10**

3) Isenhardt, Jack	4) Pennington, Grayson		
2 Central Iowa Excaliburs Trac 'A'		1:05.40	1
1) Bergkamp, Josh	2) Lee IV, Frank		
3) Merrick, Miguel	4) Kemp Jr, TyRae		
3 Johnston Running Club 'B'		1:06.52	2
1) Molis, Preston	2) Tokheim, Davis		
3) Hoppenworth, Gage	4) O'Brien, Mason		
4 Des Moines Youth Track Club 'A'		1:08.78	2
1) Smith, Rogan	2) Phanfil, Mateo		
3) Lewis, Deantron	4) Folkerts, Beckett		
5) Bradley, Royan	6) Dwanyen, Isaiah		
5 Turbo Track Club 'A'		1:09.55	2
1) Moyer, Jayden	2) Reed, Kiefer		
3) Ellison, Hank	4) Abbott, Evan		
6 Dcg Track Club 'B'		1:12.02	1
1) Irlmeier, Cole	2) Dalton, Maxon		
3) Harrington, Calen	4) Homan, Hayden		
7 Ankeny Track & Field Club 'A'		1:12.25	1
1) Hanfelt, Gavin	2) Stuart, Derek		
3) Olson, Isaac	4) Heath, Hudson		
8 Johnston Running Club 'A'		1:12.91	1
1) Peterson, Mitchell	2) Franzeen, Cameron		
3) York, Cooper	4) Zimmerman, Elijah		
9 Dcg Track Club 'C'		1:16.09	2
1) Bennewitz, Jensen	2) Christensen, Sam		
3) Valenta, Tate	4) McDermott, Anthony		

**Event 36 Girls 4x100 Meter Relay 11-12**

Team		Finals	H#
1 Turbo Track Club 'A'		59.50	2
1) Conger, Emily	2) Balashaitis, Alyssandra		
3) Castro, Emerson	4) Manock, Jocelyn		
2 Xtreme Running 'A'		1:03.39	2
1) Sandholm, Audrey	2) Pollock, Ellie		
3) Sandholm, Lauren	4) Thompson, Hanna		
3 Ankeny Track & Field Club 'A'		1:03.74	1
1) Hanfelt, Reagan	2) Olson, Samantha		
3) Weathers, Katelyn	4) Schuchart, Eden		
4 Dcg Track Club 'A'		1:05.13	1
1) Uhl, Madisen	2) Morris, Addison		
3) Olson, Halle	4) Grove, Gabby		
5 Iowa Flyers Track Club 'A'		1:05.85	1
6 Runaway Ballers 'A'		1:06.92	1
1) McGaffin, Avery	2) Faber, Ava		
3) Ott, Mady	4) Kennedy, Jordyn		
7 Stampede Track Club 'A'		1:07.49	2
1) Reggio, Kayli	2) Smith, Alivia		
3) Boel, Alayna	4) Owen, Elizabeth		



**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****....Event 36 Girls 4x100 Meter Relay 11-12**

8 Ankeny Track & Field Club 'B'	1:07.97	2
1) Gatton, Shelby	2) Fickbohm, Isabella	
3) Drosieko, Abigail	4) Stuart, Anne	
9 Dcg Track Club 'B'	1:09.07	1
1) Mora, Julia	2) Reis, Samantha	
3) Asche, Abigail	4) Knief, Kenna	
10 Turbo Track Club 'B'	1:10.00	2
1) Jackson, Kaelen	2) Carlson, Elyse	
3) Jackson, McKenzie	4) Sullivan, Presley	
11 Iowa Flyers Track Club 'B'	1:11.99	2
12 Des Moines Youth Track Club 'A'	1:13.12	1
1) Janes, Miya	2) Lewis, Deyanna	
3) Johnson, Samiah	4) White, Olivia	

**Event 37 Boys 4x100 Meter Relay 11-12**

Team	Finals
1 Central Iowa Excaliburs Trac 'A'	57.88
1) Minear, Jaxson	2) Bernstine, Xavier
3) Harrison, Quentin	4) Dixon, Tate
2 Turbo Track Club 'A'	59.27
1) Hill, Tristan	2) Boyle, Devin
3) Carlson, Hayden	4) Anderson, Reed
3 Dcg Track Club 'A'	59.31
1) Carlson, Ethan	2) Hemmingsen, Cole
3) Every, Andrew	4) Isenhardt, Alec
4 Dcg Track Club 'D'	1:02.83
1) Kreis, Cameron	2) Morra, Sam
3) Johannsen, Sampson	4) Walker, Darien
5 Iowa Flyers Track Club 'A'	1:04.33
1) Long, Brady	2) Lunde, Brennan
3) Lunde, Connor	4) Essick, Wesley
6 Johnston Running Club 'A'	1:05.79
1) Ness, Garrett	2) Goodnight, Gavin
3) Withers, Benjamin	4) Mathis, Donovan
7 Dcg Track Club 'C'	1:06.26
1) Bejarno, Jax	2) Bohnenkamp, Charlie
3) Johnson, Aaden	4) Fuller, Brevyn
8 Dcg Track Club 'B'	1:10.25
1) Philavanh, Peyton	2) Valline, Will
3) Valenta, Wyatt	4) Benberg, Ashton

**Event 38 Girls 4x100 Meter Relay 13-14**

Team	Finals	H#
1 Verti-GO Track Club 'A'	53.56	1
1) Karnga, Kimberlin	2) Fritz, Miah	
3) Chuol, Jennifer	4) Elniel, May	



**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****....Event 38 Girls 4x100 Meter Relay 13-14**

2 Central Iowa Excaliburs Trac 'A'	54.61	1
1) Assata, Assata	2) Johnson, Arriana	
3) Dolphin, Imani	4) Gonzalez, Kaiya	
5) Williams, Miyana	6)	
3 Johnston Running Club 'B'	55.02	1
1) O'Brien, Ella	2) Glass, Mae	
3) Johannes, Keira	4) Vu, Brandi	
4 Turbo Track Club 'A'	56.74	1
1) Conger, Brooklyn	2) Bogle, Grace	
3) Mahama, Elizabeth	4) Snellen, Sydney	
5 Verti-GO Track Club 'B'	58.87	2
1) Sanders, Abre'Onna	2) Hudson, January	
3) Smith, Mealah	4) Hudson, Jamaja	
6 Des Moines Youth Track Club 'A'	58.89	2
1) Seakor, Metric	2) Brown, Kweta	
3) Jackson, Queenie	4) Adam, Samaya	
7 Johnston Running Club 'C'	58.91	2
1) Krome, Kim	2) Thornton, Ava	
3) Wilcox, Maria	4) Sweet, Courtney	
8 Johnston Running Club 'A'	1:00.04	2
1) Vukovich, Avery	2) Osborne, Vanessa	
3) Pundt, Jadeyn	4) Murphy, Brenna	
9 Ankeny Track & Field Club 'A'	1:02.66	1
1) Pries, Kelsey	2) Fickbohm, Abigail	
3) Fornoff, Kelsey	4) Madison, Olivia	

**Event 39 Boys 4x100 Meter Relay 13-14**

Team	Finals
1 Turbo Track Club 'A'	50.89
1) Fairchild, Logan	2) Dorfler, Jack
3) Allen, Manning	4) Sickerson, Tyler
2 Ankeny Track & Field Club 'A'	1:00.60
1) Pederson, Cade	2) Sipes, Emmett
3) DeJoode, Chase	4) Weathers, Lucas
3 Des Moines Youth Track Club 'A'	1:03.94
1) Jenkins, Anthony	2) Greene, Daniel James
3) Smith, Vaughn	4) Folkers, Drew

**Event 41 Boys 4x100 Meter Relay 15-18**

Team	Finals
1 Turbo Track Club 'A'	50.54
1) Wiedman, Noel	2) Sickerson, Caleb
3) Adamson, Aidan	4) Gossett, Jake



**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****Event 42 Girls 4x400 Meter Relay 8 & Under**

Team	Finals
1 Ankeny Track & Field Club 'A'	6:54.37
1) Huston, Harper	2) Edwards, Calista
3) Edwards, Caroline	4) England, Eve

**Event 43 Boys 4x400 Meter Relay 8 & Under**

Team	Finals
1 Turbo Track Club 'A'	6:14.48
1) Litchfield, Garrett	2) Jacobs, Blake
3) Eichmeier, Boston	4) Jackson, Taytum
2 Des Moines Youth Track Club 'A'	6:55.50
1) Greene, Joseph	2) Chavis, Tavan
3) Dusahyen, Josh	4) Dickerson, Eli
5) Vapava, Andre	6) Smith, Hendrick

**Event 44 Girls 4x400 Meter Relay 9-10**

Team	Finals
1 Turbo Track Club 'A'	5:37.09
1) Jackson, Jaeden	2) Huether, Frankie
3) Steinkamp, Abby	4) Jackson, Teagan
2 Dcg Track Club 'A'	6:06.30
1) Benning, Sharla	2) Mease, Jaylee
3) Messerly, Madison	4) McClure, Lucy
3 Johnston Running Club 'A'	6:22.97
1) Molis, Ashley	2) Wharton, Eleanor
3) Maki, Ella	4) Veigel, Harper
4 Johnston Running Club 'B'	6:27.10
1) Lambert, Lauren	2) Ferguson, Leah
3) Mathis, Marisol	4) Woodley, Ryah
5 Ankeny Track & Field Club 'A'	6:39.32
1) Wesner, Keira	2) Brunkhorst, Elizabeth
3) A'Hearn, Avery	4) Sullivan, Zoe

**Event 45 Boys 4x400 Meter Relay 9-10**

Team	Finals
1 Turbo Track Club 'A'	5:05.88
1) Reed, Kiefer	2) Allen, Brecken
3) Ellison, Hank	4) Abbott, Evan
2 Dcg Track Club 'A'	5:18.98
1) McDermott, Anthony	2) Perrigo, Nelsen
3) Pennington, Grayson	4) Stevens, Braxton
3 Central Iowa Excaliburs Trac 'A'	5:19.45
1) Bergkamp, Josh	2) Stevenson Jr, Ryan





**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****....Event 45 Boys 4x400 Meter Relay 9-10**

3) Dixon, Tate	4) Lee IV, Frank	
4 Johnston Running Club 'B'		5:44.14
1) O'Brien, Mason	2) Luttrell, Remington	
3) Davidson, Noah	4) Molis, Preston	
5 Des Moines Youth Track Club 'A'		6:09.21
1) Smith, Rogan	2) Phanfil, Mateo	
3) Lewis, Deantron	4) Folkerts, Beckett	
5) Bradley, Royan	6) Dwanyen, Isaiah	
6 Johnston Running Club 'A'		6:38.81
1) Franzeen, Cameron	2) Phillips, Teag	
3) York, Cooper	4) Nadler, David	

**Event 46 Girls 4x400 Meter Relay 11-12**

Team		Finals
1 Turbo Track Club 'A'		5:01.26
1) Conger, Emily	2) Balashaitis, Alyssandra	
3) Castro, Emerson	4) Manock, Jocelyn	
2 Dcg Track Club 'A'		5:15.89
1) Bahnsen, Anna	2) Messerly, Piper	
3) Reis, Samantha	4) Baier, Camdyn	
3 Johnston Running Club 'A'		5:24.16
1) Woodley, Alyx	2) Shaw, Genna	
3) Shaw, Lila	4) Shaw, Cora	
4 Ankeny Track & Field Club 'A'		5:35.38
1) Bockes, Nora	2) Drosieko, Abigail	
3) Stuart, Anne	4) Nesbit, Olivia	
5 Johnston Running Club 'B'		5:40.13
1) Fitzgerald, Micah	2) Veigel, Avery	
3) Maki, Kora	4) Smith, Rorie	
6 Iowa Flyers Track Club 'A'		5:46.63
1) Stanley, Emma	2) Risdal, Lauren	
3) Wu, Grace	4) Helgeson, Selah	
7 Iowa Flyers Track Club 'B'		5:50.26
8 Des Moines Youth Track Club 'A'		6:51.10
1) Janes, Miya	2) Lewis, Deyanna	
3) Johnson, Samiah	4) White, Olivia	

**Event 47 Boys 4x400 Meter Relay 11-12**

Team		Finals
1 Ankeny Track & Field Club 'A'		5:03.42
1) Sipes, Berritt	2) Nesbit, William	
3) Ha, Norman	4) Braunschweig-Norris, Grady	
2 Johnston Running Club 'A'		5:13.03
1) Cheese, Ben	2) Wey, Adam	
3) McDaniel, Eli	4) Gatton Jr, Adam	
3 Turbo Track Club 'A'		5:27.40



**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****....Event 47 Boys 4x400 Meter Relay 11-12**

1) Graf, Kaylor	2) Busick, Coby	
3) Hill, Tristan	4) Carlson, Hayden	
4 Iowa Flyers Track Club 'A'		5:28.15
1) Lunde, Connor	2) Essick, Wesley	
3) Long, Brady	4) Lunde, Brennan	

**Event 48 Girls 4x400 Meter Relay 13-14**

Team	Finals
1 Johnston Running Club 'B'	4:30.49
1) Wharton, Abigail	2) Vu, Brandi
3) Pewe, Marissa	4) O'Brien, Ella
2 Dcg Track Club 'A'	4:44.77
1) Stevens, Madison	2) Little, Hayden
3) McDermott, Emerson	4) Schmitz, Maddie
3 Johnston Running Club 'D'	4:48.91
1) Osborne, Gabrielle	2) Pohlman, Quinn
3) Wilcox, Maria	4) Glass, Mae
4 Central Iowa Excaliburs Trac 'A'	4:52.69
1) Assata, Assata	2) Dolphin, Imani
3) Gonzalez, Kaiya	4) Johnson, Arriana
5) Williams, Miyana	6)
5 Turbo Track Club 'A'	4:58.33
1) Conger, Brooklyn	2) Schneider, Bryn
3) Mahama, Elizabeth	4) Bogle, Grace
6 Johnston Running Club 'C'	5:09.48
1) Ryan, Averie	2) Vukovich, Avery
3) Murphy, Brenna	4) Pundt, Jadeyn
7 Johnston Running Club 'A'	5:26.01
1) Henry, Rylie	2) Clark, Natalie
3) Pohlman, Rubie	4) Pohlman, Sidney
8 Des Moines Youth Track Club 'A'	5:40.76
1) Seakor, Metric	2) Brown, Kweta
3) Jackson, Queenie	4) Adam, Samaya

**Event 49 Boys 4x400 Meter Relay 13-14**

Team	Finals
1 Turbo Track Club 'A'	4:18.78
1) Jackson, Braeden	2) Reed, Jackson
3) Sickerson, Tyler	4) Fairchild, Logan
2 Turbo Track Club 'B'	4:35.30
1) Kluver, Chase	2) Reed, Caleb
3) Davis, Nyle	4) Belding, Jack
3 Ankeny Track & Field Club 'A'	4:37.09
1) Feldmann, Nathan	2) DeJoode, Chase
3) Woods, Cael	4) Blakeslee, Bennett
4 Johnston Running Club 'A'	4:40.89



**JRC/ATC Relay Meet - 5/23/2019****Johnston Middle School****Results - Session 1****....Event 49 Boys 4x400 Meter Relay 13-14**

1) Barber, Ben	2) Love, Campbell	
3) Martin, Owen	4) Hurley, Ian	
5 Johnston Running Club 'C'		4:54.35
1) Lambert, Evan	2) Gibbons, Kolby	
3) Gearhart, Carter	4) Scothorn, Zach	
6 Johnston Running Club 'B'		5:16.71
1) Anthony, Trenton	2) Cornwell, Carson	
3) Hass, Caleb	4) Knudsen, Gavin	
7 Des Moines Youth Track Club 'A'		5:20.04
1) Jenkins, Anthony	2) Greene, Daniel James	
3) Smith, Vaughn	4) Folkers, Drew	

**Event 50 Girls 4x400 Meter Relay 15-18**

Team	Finals
1 I-Run 'A'	5:48.90
1) Werling, Joey	2) Werling, Hayden
3) Tenges, Bree	4) Etnyre, Kayle

