

# WESTSIDE USATF YOUTH CC MEET

8-UNDER GIRLS 2K RUN

Valley Southwoods School \* West Des Moines

10/6/2019

Sunny 84°

Place	Score	Name	Year	School	Time	Pace mpm
1		Madison Scott	NA	West Omaha TC	8:44	7:03
2		Macy Lang	NA	Flyers Running Club	9:54	7:59
3		Cicily Robla	NA	West Omaha TC	10:19	8:19
4		Kendall Cushman	NA	Cedar Rapids TC	10:20	8:20
5	1	Reagan Wey	NA	JRC (Johnston)	10:39	8:35
6		Jodi Jungling	NA	Unattached	10:46	8:41
7	2	Emma Randall	NA	JRC (Johnston)	11:03	8:55
8		Skylar Tilus	NA	Fast Friends - XLR8 Club	11:29	9:15
9	3	Hallie Randall	NA	JRC (Johnston)	11:45	9:28
10	4	Eleanor Guillaume	NA	JRC (Johnston)	12:12	9:50
11		Caroline Bowemaster	NA	Tiger TC	12:21	9:58
12		Reese Dahlstrom	NA	Tiger TC	12:47	10:19

# WESTSIDE USATF YOUTH CC MEET

8-UNDER BOYS 2K RUN

Valley Southwoods School \* West Des Moines

10/6/2019

Sunny 84°

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Jax Whitmire	NA	JRC (Johnston)	7:49	6:18
2	2	Emeric Stone	NA	Fast Friends - XLR8 Club	8:27	6:49
3	3	Max Kinzer	NA	Iowa Speed XC	8:29	6:50
4	4	Levi Turk	NA	Flyers Running Club	8:32	6:53
5	5	Hans Hildebrand	NA	Iowa Speed XC	8:49	7:07
6	6	Corbin Tilus	NA	Fast Friends - XLR8 Club	8:54	7:11
7	7	Dashtyn Caskey	NA	Iowa Speed XC	9:00	7:15
8		Ezra Groteluschen	NA	Cedar Rapids TC	9:00	7:15
9		Kameron Taylor	NA	MVP	9:08	7:22
10	8	Brokk Canton	NA	Iowa Speed XC	9:20	7:32
11		Kameron Cushman	NA	Unattached	9:33	7:42
12	9	Ray Moore	NA	Flyers Running Club	9:36	7:45
13	10	Gavin Morovets	NA	Fast Friends - XLR8 Club	9:39	7:47
14		Dylan Domke	NA	Iowa Speed XC	9:48	7:54
15		Kelvin Witmer	NA	Cedar Rapids TC	10:06	8:09
16	11	Liam Parmenter	NA	JRC (Johnston)	10:06	8:09
17		Treyton Minear	NA	Carlisle TC	10:15	8:16
18	12	Jude Orngard	NA	Flyers Running Club	10:31	8:29
19		Andrew Jardine	NA	West Omaha TC	10:36	8:33
20		Jackson Murray	NA	Carlisle TC	10:55	8:48
21	13	Zander Schafer	NA	JRC (Johnston)	11:15	9:05
22	14	Quinlan Sandersfeld	NA	JRC (Johnston)	11:39	9:24
23		Jack Nagle	NA	Tiger TC	11:41	9:25
24		Flynn Dahlstom	NA	Tiger TC	12:04	9:44
25		Sam Moore	NA	JRC (Johnston)	12:20	9:57
26		Easton Whitmire	NA	JRC (Johnston)	12:52	10:22

# WESTSIDE USATF YOUTH CC MEET

9-10 GIRLS 3K RUN

Valley Southwoods School \* West Des Moines

10/6/2019

Sunny 84°

Place	Score	Name	Year	School	Time	Pace	mpm
1	1	Annie Carda	NA	West Omaha TC	12:22	6:38	
2		Alexis Hergenreter	NA	Unattached	13:35	7:17	
3		Emma Stanley	NA	Flyers Running Club	13:53	7:27	
4		Rylee Tenges	NA	I-Run	14:03	7:32	
5		Harper Groteluschen	NA	Cedar Rapids TC	14:06	7:34	
6	2	Frankie Huether	NA	Ankeny TC	14:50	7:57	
7	3	Zoe Sullivan	NA	Ankeny TC	14:57	8:01	
8	4	Kennedy Buskohl	NA	Tiger TC	15:59	8:35	
9	5	Riley Prendergast	NA	Ankeny TC	16:12	8:41	
10	6	Kate Nipper	NA	West Omaha TC	16:19	8:45	
11		Carizma Sander	NA	Cedar Rapids TC	16:35	8:54	
12	7	Melanie Tringali	NA	West Omaha TC	17:14	9:15	
13	8	Trinity Klingensmith	NA	Ankeny TC	17:18	9:17	
14	9	Aria Clements	NA	West Omaha TC	17:25	9:21	
15		Siena Peddicord	NA	Ankeny TC	17:38	9:27	
16		Nora Watterson	NA	West Omaha TC	17:42	9:30	
17	10	Isabel Wenzel	NA	Tiger TC	18:36	9:59	
18		Hope Lewis-Kargarzadeh	NA	Westside TC	18:52	10:07	
19		Lezlee Napier	NA	JRC (Johnston)	18:56	10:09	
20	11	Alexa Wenzel	NA	Tiger TC	19:11	10:17	
21		Kylie Cushman	NA	Unattached	20:13	10:51	
22		Piper Kellner	NA	Ankeny TC	20:30	11:00	

# WESTSIDE USATF YOUTH CC MEET

9-10 BOYS 3K RUN Valley Southwoods School \* West Des Moines 10/6/2019 Sunny 84°

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Sawyer Goble	NA	Ankeny TC	11:59	6:26
2	2	Lars Hildebrand	NA	Iowa Speed XC	12:10	6:32
3	3	Miles Harbert	NA	Ankeny TC	12:24	6:39
4	4	Artie Helmers	NA	Flyers Running Club	12:43	6:49
5	5	Graham Hart	NA	Westside TC	12:44	6:50
6	6	Cooper Briggs	NA	JRC (Johnston)	12:46	6:51
7	7	Noah Davidson	NA	JRC (Johnston)	12:49	6:53
8		Tyler Borner	NA	I-Run	13:03	7:00
9		Harry Vyhnalek	NA	West Omaha TC	13:25	7:12
10	8	Tye Arthur	NA	Iowa Speed XC	13:26	7:13
11	9	Norman Ha	NA	Ankeny TC	13:30	7:15
12	10	Owen Tuyls	NA	Westside TC	13:46	7:23
13	11	Asher Johnson	NA	JRC (Johnston)	13:58	7:30
14	12	Benjamin Thompson	NA	Westside TC	14:09	7:36
15	13	Briggs Canton	NA	Iowa Speed XC	14:10	7:36
16	14	Landon Greenwalt	NA	Westside TC	14:17	7:40
17	15	Harry Wurth	NA	Unattached	14:23	7:43
18		John Taylor	NA	MVP	14:24	7:43
19	16	Caleb Bolles	NA	Flyers Running Club	14:28	7:46
20		Hudson Rude	NA	Westside TC	14:29	7:46
21	17	Levi Hodge	NA	Iowa Speed XC	14:36	7:50
22	18	Luke Miller	NA	Ankeny TC	14:38	7:51
23	19	Jackson Tallman	NA	JRC (Johnston)	14:39	7:52
24		Zachary Howe	NA	Ankeny TC	14:39	7:52
25		Drake Gosselink	NA	Westside TC	14:41	7:53
26	20	Vance Laug	NA	Flyers Running Club	14:53	7:59
27	21	Isaac Sandquist	NA	Unattached	14:56	8:01
28	22	Zachary Stevermer	NA	Flyers Running Club	14:56	8:01
29		Birk Robertson	NA	Ankeny TC	15:06	8:06
30	23	Steven Naber	NA	Fast Friends - XLR8 Club	15:10	8:08
31		Aiden Wardell	NA	Lynx TC (Webster City)	15:17	8:12
32		Carter Sander	NA	Cedar Rapids TC	15:22	8:14
33		Isaac Thorpe	NA	Flyers Running Club	15:22	8:15
34		Cameron Benton	NA	Iowa Speed XC	15:23	8:15
35		Callan Evans	NA	Ankeny TC	16:22	8:47
36	24	Albert Wilson	NA	Tiger TC	16:46	9:00
37	25	Carter Marovets	NA	Fast Friends - XLR8 Club	16:53	9:04
38	26	Andrew Winders	NA	Tiger TC	16:59	9:07
39	27	Will Meyers	NA	Tiger TC	16:59	9:07
40		Noah Bittner	NA	Ankeny TC	17:22	9:19
41		Cory Hade	NA	Ankeny TC	18:06	9:43
42		Michael Stevens	NA	Ankeny TC	18:18	9:49
43	28	Jake Gallant	NA	Fast Friends - XLR8 Club	18:46	10:04
44	29	Mason Wenzel	NA	Unattached	19:22	10:23
45		Kyden Osborne	NA	JRC (Johnston)	19:42	10:34
46		Cooper York	NA	JRC (Johnston)	20:07	10:48
47		Carsten Schafer	NA	JRC (Johnston)	23:35	12:39
48		Jaeonna Binney	NA	Westside TC	27:30	14:45

# WESTSIDE USATF YOUTH CC MEET

11-12 GIRLS 3K RUN

Valley Southwoods School \* West Des Moines

10/6/2019

Sunny 84°

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Alyx Woodley	NA	JRC (Johnston)	12:03	6:28
2		Mallory Wurth	NA	Unattached	12:37	6:46
3	2	Micah Fitzgerald	NA	JRC (Johnston)	12:45	6:50
4	3	Kylee Patterson	NA	Ankeny TC	13:08	7:03
5	4	Elizabeth Frazer	NA	West Omaha TC	13:24	7:11
6		Keira Andersen	NA	Flyers Running Club	13:32	7:16
7		Evelynne Gauthier	NA	Westside TC	13:37	7:18
8	5	Kyra Kauder	NA	Iowa Speed XC	14:01	7:31
9	6	Emily Ciha	NA	Ankeny TC	14:12	7:37
10	7	Kendra Norgaard	NA	Ankeny TC	14:13	7:37
11	8	Reagan Prendergast	NA	Ankeny TC	14:18	7:40
12		Soriya Massey	NA	Carlisle TC	14:30	7:47
13		Bria Kelly	NA	Ankeny TC	14:46	7:55
14	9	Morgan Harvey	NA	West Omaha TC	14:48	7:56
15		Maleena Sander	NA	Cedar Rapids TC	14:50	7:57
16	10	Natalie McGranaghan	NA	West Omaha TC	15:05	8:06
17	11	Ruby Greving	NA	Iowa Speed XC	15:19	8:13
18		Abby Drosieko	NA	Ankeny TC	15:24	8:16
19	12	Azaria Melcher	NA	West Omaha TC	15:25	8:16
20		Mary Lovell	NA	Westside TC	15:26	8:17
21		Allie Etnyre	NA	Ankeny TC	15:51	8:30
22	13	Bethany Asper	NA	JRC (Johnston)	15:51	8:30
23		Lexi Hade	NA	Ankeny TC	16:28	8:50
24		Cora Denhartog	NA	Ankeny TC	16:31	8:52
25		Camryn Johnson	NA	Ankeny TC	16:50	9:02
26		Reagan Duffy	NA	Waukee TC	17:08	9:12
27	14	Hannah Longmire	NA	Iowa Speed XC	17:20	9:18
28		Meredith (Mimi) Hyland	NA	Ankeny TC	17:21	9:18
29		Emma Semrow	NA	Ankeny TC	17:24	9:20

# WESTSIDE USATF YOUTH CC MEET

11-12 BOYS 3K RUN

Valley Southwoods School \* West Des Moines

10/6/2019

Sunny 84°

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Jaden Marrick	NA	Iowa Speed XC	10:39	5:43
2	2	Jacob Madsen	NA	Iowa Speed XC	11:33	6:12
3	3	Jack Behrens	NA	Ankeny TC	11:56	6:24
4		Evan Sander	NA	Cedar Rapids TC	12:11	6:32
5	4	Kellen Tuyls	NA	Westside TC	12:15	6:34
6	5	Caden Miller	NA	Westside TC	12:16	6:35
7	6	Jack Carda	NA	West Omaha TC	12:29	6:42
8	7	Tate Brownsberger	NA	Ankeny TC	12:47	6:52
9	8	Ben Cheese	NA	JRC (Johnston)	12:49	6:53
10	9	Hudson Whitmire	NA	JRC (Johnston)	12:50	6:53
11	10	Kaden Gatten	NA	JRC (Johnston)	12:52	6:54
12	11	Harrison Laug	NA	Flyers Running Club	12:53	6:55
13	12	Riley Peters	NA	West Omaha TC	12:59	6:58
14	13	Carter Hoskins	NA	Westside TC	13:07	7:02
15	14	John Rinaldi	NA	West Omaha TC	13:13	7:05
16	15	Aksel Beefon	NA	Westside TC	13:18	7:08
17	16	Charlie Strauss	NA	JRC (Johnston)	13:18	7:08
18		Dane Gosselink	NA	Westside TC	13:28	7:13
19		Brant Kron	NA	Westside TC	13:28	7:13
20	17	Chasen Caskey	NA	Iowa Speed XC	14:00	7:31
21	18	Callen Ripley	NA	Ankeny TC	14:11	7:36
22		Nathan Wardell	NA	Lynx TC (Webster City)	14:14	7:38
23	19	Clay Elfers	NA	Unattached	14:21	7:42
24		Lane Osterloh	NA	Westside TC	14:26	7:45
25		Brendan Willey	NA	Westside TC	14:28	7:46
26	20	Lincoln Hutt	NA	Unattached	14:40	7:52
27	21	Sawyer Larson	NA	Flyers Running Club	14:41	7:53
28	22	Grady Braunschweig-Norris	NA	Ankeny TC	14:43	7:54
29		Mason Roberts	NA	Westside TC	14:44	7:54
30		Grant Ciha	NA	Ankeny TC	14:49	7:57
31	23	Tyler Boyll	NA	West Omaha TC	14:54	7:59
32		Ike Evans	NA	Ankeny TC	15:00	8:03
33		Luke Lauridsen	NA	JRC (Johnston)	15:04	8:05
34		Hunter Downs	NA	Carlisle TC	15:14	8:10
35	24	Bo Bechler	NA	Unattached	15:21	8:14
36		Logan Rolling	NA	Ankeny TC	15:22	8:15
37		Pierce Stock	NA	JRC (Johnston)	15:28	8:18
38		Abram Clements	NA	West Omaha TC	15:30	8:19
39		Spencer Carleton	NA	Ankeny TC	15:50	8:30
40	25	Jonas Greene	NA	Iowa Speed XC	15:57	8:33
41		Sawyer Massey	NA	Carlisle TC	16:00	8:35
42		Walker Spellman	NA	Westside TC	16:04	8:37
43	26	Jude Jones	NA	Flyers Running Club	16:06	8:38
44		Walter Ha	NA	Ankeny TC	16:20	8:46
45	27	Carter Webb	NA	Unattached	16:20	8:46
46		Ben Nelson	NA	Ankeny TC	17:02	9:08
47		Liam Lewis	NA	Ankeny TC	17:37	9:27

# WESTSIDE USATF YOUTH CC MEET

13-14 GIRLS 4K RUN

Valley Southwoods School \* West Des Moines

10/6/2019

Sunny 84°

Place	Score	Name	Year	School	Time	Pace mpm
1		Claire Helmers	NA	Flyers Running Club	15:06	6:05
2		Marley Turk	NA	Flyers Running Club	15:50	6:22
3		Asta Hildebrand	NA	Iowa Speed XC	16:45	6:44

# WESTSIDE USATF YOUTH CC MEET

13-14 BOYS 4K RUN

Valley Southwoods School \* West Des Moines

10/6/2019

Sunny 84°

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Zach Janulewicz	NA	Unattached	15:30	6:14
2		Jon Owen	NA	Westside TC	16:25	6:36
3	2	Zach Schumper	NA	Unattached	16:25	6:36
4	3	Jonas Vandis	NA	Unattached	17:08	6:54
5		Alex Kottmeyer	NA	Waukee TC	17:32	7:03
6		Mark Nelson	NA	Ankeny TC	18:26	7:25
7	4	Zach Tope	NA	Unattached	18:57	7:38
8		Adam Schafer	NA	Ankeny TC	21:45	8:45