



**2020 Youth Indoor USATF/Iowa Association
Championships and All-Comers Meet**

**Sunday, March 15, 2020
Grinnell College Track
Grinnell, Iowa**

LOCATION: Grinnell College, Grinnell, IA

TRACK: 6 lane, 200 Meter

ENTRY FEE: \$15.00 per competitor, USATF Membership also strongly suggested

REGISTRATION: *Registration is on-line at* [Registration Link](#)

SCHEDULE (Appr): (This meet will be ran in conjunction with the Open/Masters meet)

9:00	HJ (Bar will start at low height and move up. Bar will not move down once started.)		
	LJ	Cafeteria Style	4 Jumps
	SP	Cafeteria Style	4 Throws
11:15	1500 M Run		Finals
11:35	60 M Hurdles		Timed Finals
12:15	1500 RW	(Masters Only)	Finals
12:50	60 M Dash		Timed Finals
1:25	800 M Run		Finals
2:15	200 M Dash		Timed Finals
3:00	3000 M Run		Finals
3:45	400 M Dash		Finals

Running schedule is tentative – we will not run more than 15 minutes ahead of scheduled time.

AGE: Age group is determined by age athlete will be as of 12/31/2020.

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