

# USATF IOWA STATE MEET

8 UNDER BOYS 2000M

Valley Southwoods Freshman School 11/1/2020

Sunny and Windy 45°

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Levi Turk	NA	Iowa Flyers Track Club	8:11	0:00
2		Dashtyn Caskey	NA	Iowa Speed Track & Field Club	8:44	0:00
3		Drake Newton	NA	Unattached	8:55	0:00
4	2	Griffin Lofstedt	NA	Iowa Flyers Track Club	9:06	0:00
5		Dylan Domke	NA	Iowa Speed Track & Field Club	9:08	0:00
6	3	Erickson Stevermer	NA	Iowa Flyers Track Club	9:20	0:00
7	4	Henry Duncan	NA	Iowa Flyers Track Club	9:26	0:00
8	5	Aiden Keraus	NA	Johnston Running Club	9:34	0:00
9	6	Quinlan Sandersfeld	NA	Johnston Running Club	9:39	0:00
10	7	James Payton	NA	Iowa Flyers Track Club	9:47	0:00
11		Elias Brown	NA	Lynx Youth Track Club	9:47	0:00
12		Naber Isaac	NA	XLR8 Iowa	9:53	0:00
13		Hudson English	NA	Carlisle Youth Running Club	9:54	0:00
14		Xander Fogel	NA	Carlisle Youth Running Club	10:01	0:00
15		William Behrens	NA	Ankeny Track & Field Club	10:05	0:00
16		Marovets Brody	NA	XLR8 Iowa	10:10	0:00
17		Marovets Spencer	NA	XLR8 Iowa	10:21	0:00
18		Luke Hergenreter	NA	Unattached	10:38	0:00
19	8	Easton Whitmire	NA	Johnston Running Club	10:55	0:00
20		Watson Axtell	NA	West Side Track	12:38	0:00
21	9	Tobias Koski	NA	Johnston Running Club	12:53	0:00
22	10	Abram Waithanji	NA	Johnston Running Club	18:56	0:01

# USATF IOWA STATE MEET

8 UNDER GIRLS 2000M

Valley Southwoods Freshman School 11/1/2020

Sunny and Windy 45°

Place	Score	Name	Year	School	Time	Pace mpm
1		McKenzie Vedepo	NA	Iowa Speed Track & Field Club	8:30	0:00
2		Reagan Wey	NA	Johnston Running Club	9:56	0:00
3		Tilus Skylar	NA	XLR8 Iowa	10:11	0:00
4		Lexi Borner	NA	Unattached	10:15	0:00
5		Clara Domke	NA	Iowa Speed Track & Field Club	10:21	0:00
6		Camille Hancock	NA	West Side Track	10:30	0:00
7		Vigeron Cate	NA	XLR8 Iowa	10:40	0:00
8		Phoebe Pembroke	NA	Tiger Track Club	10:45	0:00
9		Anna Kallen	NA	Johnston Running Club	11:03	0:00
10		Audrey Robbins	NA	Carlisle Youth Running Club	11:10	0:00
11		Lydia Cunningham	NA	West Side Track	11:14	0:00
12		Stone Holland	NA	XLR8 Iowa	11:32	0:00
13		Ellery Tudor	NA	Tiger Track Club	11:33	0:00
14		Eleanor Guillaume	NA	Johnston Running Club	11:35	0:00
15		Rhea Close	NA	Unattached	12:42	0:00
16		Scarlett Honer	NA	Carlisle Youth Running Club	12:53	0:00
17		Ainsley Hoff	NA	Johnston Running Club	16:06	0:00
8		Emee Albertson	NA	Iowa Flyers Track Club	13:35	0:00

# USATF IOWA STATE MEET

9-10 DIVISION BOYS 3K

Valley Southwoods Freshman School 11/1/2020

Sunny and Windy 45°

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Jaxon Whitmire	NA	Johnston Running Club	11:45	6:18
2	2	Cooper Briggs	NA	Johnston Running Club	12:37	6:46
3	3	Jackson Gilbert	NA	Johnston Running Club	12:53	6:55
4		Tyler Borner	NA	I-Run	13:31	7:15
5		Zachary Stevermer	NA	Iowa Flyers Track Club	13:38	7:19
6	4	Stone Emeric	NA	XLR8 Iowa	13:48	7:24
7	5	Tilus Corbin	NA	XLR8 Iowa	13:51	7:26
8		Caleb Bolles	NA	Iowa Flyers Track Club	13:57	7:29
9	6	Marovets Carter	NA	XLR8 Iowa	13:59	7:30
10	7	Naber Steven	NA	XLR8 Iowa	14:01	7:31
11	8	Lincoln Reuter	NA	West Side Track	14:21	7:42
12	9	Marovets Gavin	NA	XLR8 Iowa	14:45	7:55
13		Kelvin Witmer	NA	Unattached	14:51	7:58
14		Trey Minear	NA	Carlisle Youth Running Club	15:05	8:05
15	10	Maxwell Allan	NA	Johnston Running Club	15:09	8:08
16	11	Griffin McMahon	NA	West Side Track	15:28	8:18
17	12	Donald Holms	NA	Johnston Running Club	15:59	8:34
18	13	Titus Cunningham	NA	West Side Track	16:23	8:47
19	14	Myles Musser	NA	West Side Track	16:30	8:51
20		Jonathan Payton	NA	Iowa Flyers Track Club	16:33	8:53
21		Weston Wise	NA	Unattached	16:34	8:53
22		Thomas Malo	NA	Ankeny Track & Field Club	16:35	8:54
23	15	Jj Fleischman	NA	West Side Track	16:42	8:57
24		Beckett Sanchez	NA	Ankeny Track & Field Club	16:49	9:01
25	16	Malcolm Rock	NA	Johnston Running Club	16:51	9:02
26	17	Ian Hoff	NA	Johnston Running Club	18:05	9:42
27		Cade Fogel	NA	Carlisle Youth Running Club	18:51	10:07
28		John Mundy	NA	Johnston Running Club	21:50	11:43
2		Zack Janulewicz	NA	Unattached	15:06	8:06

# USATF IOWA STATE MEET

9-10 DIVISION GIRLS 3K

Valley Southwoods Freshman School 11/1/2020

Sunny and Windy 45°

Place	Score	Name	Year	School	Time	Pace mpm
1		Zoe Sullivan	NA	Ankeny Track & Field Club	14:09	7:35
2		Harper Kurth	NA	Johnston Running Club	15:33	8:21
3		Trinity Klingensmith	NA	Ankeny Track & Field Club	15:47	8:28
4		Amelia Tudor	NA	Tiger Track Club	15:48	8:29
5		Ruby Heaberlin	NA	Iowa Speed Track & Field Club	16:04	8:37
6		May Green	NA	West Side Track	16:05	8:38
7		Elaine Davidson	NA	Johnston Running Club	16:15	8:43
8		Sophia Tudor	NA	Tiger Track Club	16:47	9:00
9		Elizabeth Brunkhorst	NA	Ankeny Track & Field Club	17:06	9:10
10		Lolah Axtell	NA	West Side Track	17:15	9:15
11		Leila Falahpour	NA	West Side Track	18:36	9:59

# USATF IOWA STATE MEET

11-12 BOYS 3K Valley Southwoods Freshman School 11/1/2020 Sunny and Windy 45°

Place	Score	Name	Year	School	Time	Pace mpm
1		Evan Lillie	NA	Unattached	11:13	6:01
2	1	Jack Behrens	NA	Ankeny Track & Field Club	11:52	6:22
3	2	Miles Harbert	NA	Ankeny Track & Field Club	11:56	6:24
4		Sam Perry	NA	Iowa Speed Track & Field Club	12:00	6:26
5		Jayce Fryslie	NA	Tiger Track Club	12:01	6:27
6	3	Aksel Beedon	NA	West Side Track	12:05	6:29
7	4	Noah Davidson	NA	Johnston Running Club	12:14	6:34
8		Jace Hungerford	NA	Unattached	12:17	6:36
9	5	Owen Gilbert	NA	Johnston Running Club	12:18	6:36
10	6	Adam Gatton Jr	NA	Johnston Running Club	12:31	6:43
11	7	Charlie Strauss	NA	Johnston Running Club	12:41	6:48
12	8	Cash Southwick	NA	Ankeny Track & Field Club	12:57	6:57
13	9	Cameron Sanchez	NA	Ankeny Track & Field Club	13:05	7:01
14		Chasen Caskey	NA	Iowa Speed Track & Field Club	13:08	7:03
15	10	Hudson Whitmire	NA	Johnston Running Club	13:11	7:04
16	11	Ben Cheese	NA	Johnston Running Club	13:15	7:07
17	12	Carter Hoskins	NA	West Side Track	13:18	7:08
18	13	Tommy Limback	NA	West Side Track	13:27	7:13
19	14	Graham Hart	NA	West Side Track	13:28	7:13
20		Caedon Newton	NA	Unattached	13:34	7:17
21		George Artie Helmers	NA	Iowa Flyers Track Club	13:40	7:20
22	15	Ayden Reed	NA	Ankeny Track & Field Club	14:00	7:31
23		Austin Vance	NA	Iowa Flyers Track Club	14:12	7:37
24	16	Porter Hancock	NA	West Side Track	14:17	7:40
25	17	Luke Miller	NA	Ankeny Track & Field Club	14:18	7:40
26	18	Hudson Rude	NA	West Side Track	14:35	7:49
27	19	Tiger Heikes	NA	Johnston Running Club	14:53	7:59
28	20	Birk Robertson	NA	Ankeny Track & Field Club	15:20	8:13
29		Parker Scuffham	NA	Ankeny Track & Field Club	15:41	8:25
30	21	Kellan Kreger	NA	West Side Track	15:44	8:26
31		Zachary Howe	NA	Ankeny Track & Field Club	15:49	8:29
32		Andrew Coleman	NA	Ankeny Track & Field Club	15:55	8:32
33		Corban Cunningham	NA	West Side Track	16:07	8:39
34		Timothy Systma	NA	Carlisle Youth Running Club	16:53	9:03
35		Ronan Rock	NA	Johnston Running Club	16:57	9:05
36		John Glatt	NA	Ankeny Track & Field Club	17:33	9:25
37		Kyden Osborne	NA	Johnston Running Club	18:36	9:59
38		Ethan Pewe	NA	Johnston Running Club	18:55	10:09

# USATF IOWA STATE MEET

11-12 GIRLS 3K

Valley Southwoods Freshman School 11/1/2020

Sunny and Windy 45°

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Alexis Hergenreter	NA	Ankeny Track & Field Club	12:29	6:42
2	2	Charlotte Qualley	NA	Ankeny Track & Field Club	12:54	6:55
3		Charlee Gall	NA	Tiger Track Club	13:02	6:59
4		Kate Green	NA	West Side Track	13:19	7:09
5	3	Frankie Huether	NA	Ankeny Track & Field Club	13:24	7:11
6	4	Kendra Norgaard	NA	Ankeny Track & Field Club	13:27	7:13
7		Tierney Carter	NA	Unattached	13:31	7:15
8		Emee Albertsen	NA	Iowa Flyers Track Club	13:35	7:17
9		Chelsea Vedepo	NA	Iowa Speed Track & Field Club	13:37	7:18
10	5	Reagan Prendergast	NA	Ankeny Track & Field Club	13:38	7:19
11		Emma Stanley	NA	Iowa Flyers Track Club	13:45	7:22
12		Eliza Heaberlin	NA	Iowa Speed Track & Field Club	14:02	7:32
13		Rylee Tenges	NA	I-Run	14:45	7:55
14	6	Gillian Schramm	NA	Ankeny Track & Field Club	14:50	7:58
15	7	Addy Robertson	NA	Ankeny Track & Field Club	15:26	8:17
16		Mara Tudor	NA	Tiger Track Club	16:25	8:48
17		Riley Prendergast	NA	Ankeny Track & Field Club	16:27	8:49
18		Norah Axtell	NA	West Side Track	16:37	8:55
19		Blythe Eighmy	NA	Carlisle Youth Running Club	16:42	8:57
20		Quinnlyn Schulte	NA	Johnston Running Club	16:43	8:58
21		Mariah Luna	NA	Carlisle Youth Running Club	17:34	9:26

# USATF IOWA STATE MEET

13-14 BOYS 4K Valley Southwoods Freshman School 11/1/2020 Sunny and Windy 45°

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Jaden Merrick	NA	Unattached	14:00	5:38
2	2	Zack Janulewicz	NA	Unattached	15:06	6:04
3	3	Dashiell Coyier	NA	Unattached	15:09	6:06
4	4	Isaiah Smith	NA	Ankeny Track & Field Club	15:17	6:09
5	5	William Mason Goble	NA	Ankeny Track & Field Club	15:52	6:23
6	6	Tate Brownsberger	NA	Ankeny Track & Field Club	15:58	6:26
7	7	Alexander Kottmeyer	NA	Unattached	16:24	6:36
8	8	Alex Davis	NA	Ankeny Track & Field Club	16:30	6:38
9		Joseph Payton	NA	Iowa Flyers Track Club	16:54	6:48
10	9	Ellis Coyier	NA	Unattached	17:00	6:50
11	10	Cayden Foudree	NA	Ankeny Track & Field Club	17:47	7:09
12		Kellen Tuyls	NA	West Side Track	18:13	7:20
13	11	Logan Rolling	NA	Ankeny Track & Field Club	18:14	7:20
14		Corky Boucher	NA	Carlisle Youth Running Club	20:18	8:10
15	12	Deakon Weber	NA	Ankeny Track & Field Club	28:56	11:38

# USATF IOWA STATE MEET

13-14 GIRLS 4K Valley Southwoods Freshman School 11/1/2020 Sunny and Windy 45°

Place	Score	Name	Year	School	Time	Pace mpm
1		Claire Helmers	NA	Iowa Flyers Track Club	15:20	6:10
2		Marley Turk	NA	Iowa Flyers Track Club	15:48	6:22
3		Kylee Patterson	NA	Ankeny Track & Field Club	16:57	6:49
4		Kira Barker	NA	Iowa Speed Track & Field Club	17:50	7:11
5		Marissa Pewe	NA	Johnston Running Club	18:05	7:17
6		Camryn Johnson	NA	Ankeny Track & Field Club	20:20	8:11
7		Clara Cunningham	NA	West Side Track	20:32	8:16
8		Elizabeth Ducan	NA	Iowa Flyers Track Club	20:34	8:16



# USATF IOWA STATE MEET

HS BOYS 5K Valley Southwoods Freshman School 11/1/2020 Sunny and Windy 45°

Place	Score	Name	Year	School	Time	Pace mpm
1	1	Lucas George	NA	Unattached	18:13	5:52
2	2	Eddie Morelock-Hopson	NA	Unattached	19:43	6:21
3	3	Peter Swanda	NA	Unattached	19:53	6:24
4		Bennett Blakeslee	NA	Ankeny Track & Field Club	20:28	6:35
5	4	Weston Wise	NA	Unattached	20:41	6:39
6	5	Drew Folkerts	NA	Unattached	20:48	6:42
7	6	Logan Westin	NA	Unattached	20:56	6:44
8	7	Vital Nyabashi	NA	Unattached	22:30	7:14
9		Cooper Mahnesmith	NA	Tiger Track Club	33:33	10:48

# USATF IOWA STATE MEET

HS GIRLS 5K Valley Southwoods Freshman School 11/1/2020 Sunny and Windy 45°

Place	Score	Name	Year	School	Time	Pace mpm
1		Avery Gilbert	NA	Johnston Running Club	23:40	7:37
2		Ikilas Hasan	NA	Unattached	24:03	7:44
3		Addison Carter	NA	Unattached	24:23	7:51
4		Jhoanna Hernandez	NA	Unattached	27:37	8:53