





General Information

Date:	Sunday, June 6, 20	021	
Location:	Johnston High School 6500 NW 100th St. Johnston, IA 50131		
Registration:	\$15.00 athlete participation fee (plus online processing fee)		
Spectator Fee:	None		
Time:	9:30 a.m.	Gates open	
	11:00 a.m.	Field events begin	
	12:00 p.m.	Running events begin	

Pre-Registration Link: https://www.athletic.net/TrackAndField/meet/432431 Registration Deadline: Friday, June 4, 2021 @ 11:59 p.m.

Order of Events (girls followed by boys in each age group)

Track Events	
4x800m Relay	B, C, D, E
80m Hurdles	В
100/110m Hurdles	C, D, E
100m Dash	SA, A, B, C, D, E
1500m Run	SA, A, B, C, D, E
4x100m Relay	SA, A, B, C, D, E
400m	SA, A, B, C, D, E
200m Hurdles	С
400m Hurdles	D, E
800m Run	SA, A, B, C, D, E
200m Dash	SA, A, B, C, D, E
3000m Run*	B, C, D, E
4x400m Relay	SA, A, B, C, D, E

Age Groups

Age Groups	# of Events
SA – 2013 or later (8 & under)	3
A – 2011-2012 (9-10)	3
B – 2009-2010 (11-12)	3
C – 2007-2008 (13-14)	4
D – 2005-2006 (15-16)	4
E – 2003-2004 (17-18)	4

Age determined as of 12/31/2021

of Events means the maximum number of events allowed for athletes in the age group

* = All ages will likely be combined for the 3000m Run.

All events will be a timed final. Please pay attention to the announcer, as we will run on a rolling schedule. Proceed to the clerk of course once event is announced. Check-in for all running events will be on the infield.

Field Events		
Long Jump (2 pits)	SA, A, B, C, D, E	
High Jump	A, B, C, D, E	
Discus	B, C, D, E	
Shot Put	SA, A, B, C, D, E	
Triple Jump	C, D, E	(Triple Jump will immediately follow long jump at the jumping pits)
Javelin	SA, A, B, C, D, E	(Javelin will immediately follow discus at the throwing cages)

Field Event Check-In Locations Long Jump: Located on the north side of the track - one pit for girls, one pit for boys (subject to change) High Jump: Located on the south side of the track in the infield Shot Put: Located west of the track Discus: Located west of the track Javelin: Located west of the track (same location as discus)

Contact Info

Britta Wey • Phone: (515) 770-2038 • E-mail: johnstonrunning@gmail.com



