

## 2023 USATF Iowa Association Youth Championship - 6/17/2023 to 6/18/2023

Ames High School Track  
Performance List**Event 1 100 Meter Dash 8 & Under Division Women Prelims**

Nat: 13.78 7/29/2018		Bella-Marie Black	
Assn: 15.16 2004		Teanna Lewis	
Name	Team	Seed Time	
1	1 Bierbaum, Josie	40-Unattache	
2	2 Bohanna, Zala Jade	40-Unattache	
3	4 Burclaw, Brylee	Waukee TC	
4	6 Cole, Azalea	Valley Youth	
5	9 Dudley, Ariyanna	40-Unattache	
6	10 Griebel, Harper	Bellevue Ste	
7	12 Hall, Jayla	40-Unattache	
8	13 Handley, Viah	Godspeed Tra	
9	14 Howard, Le'Naojah	40-Unattache	
10	16 Keiser, Scarlett	Valley Youth	
11	18 Keraus, Taylor	Johnston Run	
12	19 King, Haley	Ankeny Track	
13	22 Laehn, Dailia	Valley Youth	
14	23 Lickhart, Aubrey	Iowa Flyers	
15	24 McKenny, Amelia	Boone Runnin	
16	25 Micou, Aubree	Impactt Athl	
17	26 Miller, Elaina	Tiger Track	
18	28 Peterson, Nora	Boone Runnin	
19	29 Petz, Lexston	Cedar Rapids	
20	30 Richardson, Rae	Iowa Flyers	
21	31 Roberts, Christina	Impactt Athl	
22	32 Robertson, Avaya	Cedar Rapids	
23	33 Robertson, Nova	Cedar Rapids	
24	34 Santiago, Lia	Valley Youth	
25	35 Shabazz, Layla	Central Iowa	
26	37 Tims, Everleigh	Impactt Athl	
27	39 Udey, Pagie	Valley Youth	
28	40 Wendt, Tatum	40-Unattache	
29	41 Whipple, Bristol	Iowa Flyers	

**Event 13 200 Meter Dash 8 & Under Division Women Prelims**

Nat: 28.21 7/28/2018		Kharisma Watkins	
Assn: 32.80 2004		Carson Jarrard	
Name	Team	Seed Time	
1	2 Bohanna, Zala Jade	40-Unattache	
2	3 Bradley, Emersyn	Johnston Run	
3	4 Burclaw, Brylee	Waukee TC	
4	5 Casillas, Charlotte	40-Unattache	
5	7 Davidson, Amelia	Johnston Run	
6	8 Davis, Aria	Central Iowa	
7	9 Dudley, Ariyanna	40-Unattache	
8	10 Griebel, Harper	Bellevue Ste	
9	12 Hall, Jayla	40-Unattache	
10	13 Handley, Viah	Godspeed Tra	
11	14 Howard, Le'Naojah	40-Unattache	
12	15 Iverson, Gwen	Johnston Run	
13	16 Keiser, Scarlett	Valley Youth	
14	17 Kelderman, Carolyn	Central Iowa	
15	19 King, Haley	Ankeny Track	
16	23 Lickhart, Aubrey	Iowa Flyers	
17	25 Micou, Aubree	Impactt Athl	

18	27 Obergfell, Lauren	Johnston Run
19	30 Richardson, Rae	Iowa Flyers
20	31 Roberts, Christina	Impactt Athl
21	32 Robertson, Avaya	Cedar Rapids
22	33 Robertson, Nova	Cedar Rapids
23	34 Santiago, Lia	Valley Youth
24	35 Shabazz, Layla	Central Iowa
25	37 Tims, Everleigh	Impactt Athl
26	38 Tucker, Nasiah	Central Iowa
27	39 Udey, Pagie	Valley Youth
28	40 Wendt, Tatum	40-Unattache
29	41 Whipple, Bristol	Iowa Flyers

**Event 25 400 Meter Dash 8 & Under Division Women**

Nat: 66.10 7/30/2016		Olivia Harris	
Assn: 73.42 2013		Ke'Ayla Madison	
Name	Team	Seed Time	
1	2 Bohanna, Zala Jade	40-Unattache	
2	3 Bradley, Emersyn	Johnston Run	
3	7 Davidson, Amelia	Johnston Run	
4	8 Davis, Aria	Central Iowa	
5	9 Dudley, Ariyanna	40-Unattache	
6	10 Griebel, Harper	Bellevue Ste	
7	12 Hall, Jayla	40-Unattache	
8	14 Howard, Le'Naojah	40-Unattache	
9	15 Iverson, Gwen	Johnston Run	
10	17 Kelderman, Carolyn	Central Iowa	
11	19 King, Haley	Ankeny Track	
12	22 Laehn, Dailia	Valley Youth	
13	23 Lickhart, Aubrey	Iowa Flyers	
14	25 Micou, Aubree	Impactt Athl	
15	27 Obergfell, Lauren	Johnston Run	
16	28 Peterson, Nora	Boone Runnin	
17	29 Petz, Lexston	Cedar Rapids	
18	30 Richardson, Rae	Iowa Flyers	
19	31 Roberts, Christina	Impactt Athl	
20	36 Sonksen, Saige	Boone Runnin	
21	38 Tucker, Nasiah	Central Iowa	
22	39 Udey, Pagie	Valley Youth	
23	41 Whipple, Bristol	Iowa Flyers	

**Event 37 800 Meter Run 8 & Under Division Women**

Nat: 2:34.22 7/27/2019		Yasmin Lopez	
Assn: 2:49.80 2019		Sarah Foad	
Name	Team	Seed Time	
1	6 Cole, Azalea	Valley Youth	
2	8 Davis, Aria	Central Iowa	
3	11 Guillaume, Gwyneth	Johnston Run	
4	15 Iverson, Gwen	Johnston Run	
5	22 Laehn, Dailia	Valley Youth	

**Event 49 1500 Meter Run 8 & Under Division Women**

Nat: 5:14.72 7/29/2018		Yasmin Lopez	
Assn: 5:46.60 2019		Sarah Foad	
Name	Team	Seed Time	
1	6 Cole, Azalea	Valley Youth	

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Performance List**Event 49 ... (1500 Meter Run 8 & Under Division Women)**

Name	Team	Seed Time
2 11 Guillaume, Gwyneth	Johnston Run	

**Event 218 Long Jump 8 & Under Division Women**

Nat: 4.16m 7/28/2021 Lilyanna Duvra		
Assn: 3.07m 2017 Frankie Huether		
Name	Team	Seed Mark
1 1 Bierbaum, Josie	40-Unattache	
2 3 Bradley, Emersyn	Johnston Run	
3 4 Burclaw, Brylee	Waukee TC	
4 5 Casillas, Charlotte	40-Unattache	
5 16 Keiser, Scarlett	Valley Youth	
6 24 McKenny, Amelia	Boone Runnin	
7 28 Peterson, Nora	Boone Runnin	
8 29 Petz, Lexston	Cedar Rapids	
9 34 Santiago, Lia	Valley Youth	
10 36 Sonksen, Saige	Boone Runnin	
11 38 Tucker, Nasiah	Central Iowa	
12 40 Wendt, Tatum	40-Unattache	

**Event 260 Shot Put 8 & Under Division Women**

Nat: 8.99m 7/8/2018 Laila Jones		
Assn: 5.90m 2012 Kenna McGee		
Name	Team	Seed Mark
1 7 Davidson, Amelia	Johnston Run	
2 17 Kelderman, Carolyn	Central Iowa	
3 21 La Mar, Katie	40-Unattache	
4 26 Miller, Elaina	Tiger Track	

**Event 248 Javelin Throw 8 & Under Division Women**

Nat: 24.05m 7/8/2018 Elle Cocco		
Assn: 15.84m 2019 Raegan Burrows		
Name	Team	Seed Mark
1 1 Bierbaum, Josie	40-Unattache	
2 11 Guillaume, Gwyneth	Johnston Run	
3 20 Krizmanic, Gwen	I-Run	
4 21 La Mar, Katie	40-Unattache	
5 26 Miller, Elaina	Tiger Track	
6 27 Obergfell, Lauren	Johnston Run	

**Event 3 100 Meter Dash 9-10 Division Women Prelims**

Nat: 12.67 7/9/2017 Payton Payne		
Assn: 14.09 1998 Kaitlyn Peterson		
Name	Team	Seed Time
1 105 Bohanna, London	40-Unattache	
2 106 Bohanna, Sarai	40-Unattache	
3 108 Campbell, Paisley	Johnston Run	
4 110 Cole, Layla	Turbo Track	
5 112 Cunningham, Sofia	Cedar Rapids	
6 114 Dempsey, Addie	Dcg Track Cl	
7 115 Donielson, Tayler	40-Unattache	
8 163 Earnest, Leah	Godspeed Tra	
9 116 Edwards, Jordanna	Cedar Rapids	
10 117 Ezugha, Layton	Mississippi	
11 118 Friedrich, Bria	Iowa Flyers	
12 119 Gilbreath, Brailey	Ankeny Track	

13 124 Hite, Ebony	Cedar Rapids
14 125 Hook, Aria	Pella Track
15 127 Jennings, Nazariah	Central Iowa
16 128 Jess, Kylee	Bellevue Ste
17 129 Jones, Londyn	Impactt Athl
18 131 Leachmon, LaNyah	Central Iowa
19 132 Lickhart, Ava	Iowa Flyers
20 133 Mason, Elise	Cedar Rapids
21 134 McDowell, Sophia	40-Unattache
22 135 Micou, Mya	Impactt Athl
23 136 Middleton, Hallee	40-Unattache
24 137 Moline, Brooklyn	40-Unattache
25 140 Noojin, Mallory	High Voltage
26 145 Reed, Jazzarah	40-Unattache
27 146 Roberts, Ameilya	Impactt Athl
28 147 Robertson, Jayda	Cedar Rapids
29 148 Rogers, Caroline	Turbo Track
30 149 Schaaf, Charlotte	Valley Youth
31 150 Scheckel, Londyn	Bellevue Ste
32 152 Soderholm, Kylie	Valley Youth
33 154 Thacker, Brynn	Ankeny Track
34 156 Van Cleve, Amelia	Tiger Track
35 157 Van Cleve, Tenley	Tiger Track
36 158 Vilmael, Isabella	Central Iowa
37 159 Wadley, Aaliyah	Mississippi
38 160 Williams, Cynthia	40-Unattache
39 161 Williams, Dezire	40-Unattache

**Event 15 200 Meter Dash 9-10 Division Women Prelims**

Nat: 26.10 7/29/2017 Tarrianna Jackson/Elise Cooper		
Assn: 29.21 2015 Ke'Ayla Madison		
Name	Team	Seed Time
1 105 Bohanna, London	40-Unattache	
2 106 Bohanna, Sarai	40-Unattache	
3 109 Carlson, Harlynn	40-Unattache	
4 110 Cole, Layla	Turbo Track	
5 111 Cousin, Nell	Tiger Track	
6 112 Cunningham, Sofia	Cedar Rapids	
7 113 Davison, Alaysia	Central Iowa	
8 114 Dempsey, Addie	Dcg Track Cl	
9 163 Earnest, Leah	Godspeed Tra	
10 116 Edwards, Jordanna	Cedar Rapids	
11 117 Ezugha, Layton	Mississippi	
12 118 Friedrich, Bria	Iowa Flyers	
13 119 Gilbreath, Brailey	Ankeny Track	
14 120 Guillaume, Eleanor	Johnston Run	
15 122 Handley, Vachon	Godspeed Tra	
16 124 Hite, Ebony	Cedar Rapids	
17 125 Hook, Aria	Pella Track	
18 128 Jess, Kylee	Bellevue Ste	
19 129 Jones, Londyn	Impactt Athl	
20 133 Mason, Elise	Cedar Rapids	
21 134 McDowell, Sophia	40-Unattache	
22 135 Micou, Mya	Impactt Athl	
23 136 Middleton, Hallee	40-Unattache	
24 140 Noojin, Mallory	High Voltage	

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## Event 15 ... (200 Meter Dash 9-10 Division Women Prelims)

Name	Team	Seed Time
25 145 Reed, Jazzarrah	40-Unattache	
26 146 Roberts, Ameilya	Impactt Athl	
27 147 Robertson, Jayda	Cedar Rapids	
28 148 Rogers, Caroline	Turbo Track	
29 149 Schaaf, Charlotte	Valley Youth	
30 150 Scheckel, Londyn	Bellevue Ste	
31 151 Schuler, Charity	I-Run	
32 152 Soderholm, Kylie	Valley Youth	
33 154 Thacker, Brynn	Ankeny Track	
34 156 Van Cleve, Amelia	Tiger Track	
35 157 Van Cleve, Tenley	Tiger Track	
36 159 Wadley, Aaliyah	Mississippi	
37 160 Williams, Cynthia	40-Unattache	
38 161 Williams, Dezire	40-Unattache	

## Event 27 400 Meter Dash 9-10 Division Women

Nat: 58.97 7/29/2018		Sianni Wynn	
Assn: 65.28 2015		Ke'Ayla Madison	
Name	Team	Seed Time	
1 105 Bohanna, London	40-Unattache		
2 106 Bohanna, Sarai	40-Unattache		
3 109 Carlson, Harlynn	40-Unattache		
4 110 Cole, Layla	Turbo Track		
5 111 Cousin, Nell	Tiger Track		
6 113 Davison, Alaysia	Central Iowa		
7 163 Earnest, Leah	Godspeed Tra		
8 117 Ezugha, Layton	Mississippi		
9 120 Guillaume, Eleanor	Johnston Run		
10 122 Handley, Vachon	Godspeed Tra		
11 124 Hite, Ebony	Cedar Rapids		
12 126 Huffman, Myla	Johnston Run		
13 127 Jennings, Nazariah	Central Iowa		
14 129 Jones, Londyn	Impactt Athl		
15 131 Leachmon, LaNyah	Central Iowa		
16 132 Lickhart, Ava	Iowa Flyers		
17 134 McDowell, Sophia	40-Unattache		
18 135 Micou, Mya	Impactt Athl		
19 136 Middleton, Hallee	40-Unattache		
20 138 Moline, Hayden	40-Unattache		
21 144 Pitts, Harper	Bellevue Ste		
22 145 Reed, Jazzarrah	40-Unattache		
23 146 Roberts, Ameilya	Impactt Athl		
24 151 Schuler, Charity	I-Run		
25 154 Thacker, Brynn	Ankeny Track		
26 155 Toms, Finley	Tiger Track		
27 156 Van Cleve, Amelia	Tiger Track		
28 157 Van Cleve, Tenley	Tiger Track		
29 158 Vilmael, Isabella	Central Iowa		
30 159 Wadley, Aaliyah	Mississippi		
31 160 Williams, Cynthia	40-Unattache		
32 161 Williams, Dezire	40-Unattache		

## Event 39 800 Meter Run 9-10 Division Women

Nat: 2:21.00 7/4/2010		Kennedy Simon	
Assn: 2:37.48 2014		Ke'Ayla Madison	
Name	Team	Seed Time	
1 101 Arvanis, Easley	Waukee TC		
2 107 Borner, Alexa	I-Run		
3 120 Guillaume, Eleanor	Johnston Run		
4 121 Hackley, Annisten	Turbo Track		
5 130 Larsen, Avrey	Dcg Track Cl		
6 132 Lickhart, Ava	Iowa Flyers		
7 138 Moline, Hayden	40-Unattache		
8 139 Nelson, Nora	Iowa Flyers		
9 141 Obergfell, Reagan	Johnston Run		
10 143 Pietras, Jane	Cedar Rapids		
11 144 Pitts, Harper	Bellevue Ste		
12 155 Toms, Finley	Tiger Track		

## Event 51 1500 Meter Run 9-10 Division Women

Nat: 4:50.97 7/5/2009		Daesha Rogers	
Assn: 5:22.98 2021		Sarah Foad	
Name	Team	Seed Time	
1 104 Bierbaum, Maggie	40-Unattache		
2 107 Borner, Alexa	I-Run		
3 121 Hackley, Annisten	Turbo Track		
4 141 Obergfell, Reagan	Johnston Run		
5 142 Pearson, Avery	Waukee TC		

## Event 92 4x100 Meter Relay 9-10 Division Women

Nat: 52.91 7/28/2012		04 Miramar Optimist TC	
Assn: 62.10 2000		Des Moines Youth	
Team	Relay	Seed Time	
1 Central Iowa	A		
1) #131 Leachmon, LaNyah	2) #158 Vilmael, Isabella		
3) #127 Jennings, Nazariah	4) #113 Davison, Alaysia		

## Event 202 High Jump 9-10 Division Women

Nat: 1.50m 7/25/2012		Victoria Plummer	
Assn: 1.30m 2001		Janelle Rollins	
Name	Team	Seed Mark	
1 137 Moline, Brooklyn	40-Unattache		
2 153 Stone, Holland	Mvp Track &		

## Event 220 Long Jump 9-10 Division Women

Nat: 4.78m 6/30/2005		Ramona Carryl	
Assn: 4.16m 2000		Lindsay Lettow	
Name	Team	Seed Mark	
1 101 Arvanis, Easley	Waukee TC		
2 104 Bierbaum, Maggie	40-Unattache		
3 109 Carlson, Harlynn	40-Unattache		
4 111 Cousin, Nell	Tiger Track		
5 112 Cunningham, Sofia	Cedar Rapids		
6 114 Dempsey, Addie	Dcg Track Cl		
7 115 Donielson, Tayler	40-Unattache		
8 116 Edwards, Jordanna	Cedar Rapids		
9 118 Friedrich, Bria	Iowa Flyers		

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Performance List**Event 220 ... (Long Jump 9-10 Division Women)**

	Name	Team	Seed Mark
10	119 Gilbreath, Brailey	Ankeny Track	
11	126 Huffman, Myla	Johnston Run	
12	130 Larsen, Avrey	Dcg Track Cl	
13	133 Mason, Elise	Cedar Rapids	
14	137 Moline, Brooklyn	40-Unattache	
15	138 Moline, Hayden	40-Unattache	
16	139 Nelson, Nora	Iowa Flyers	
17	148 Rogers, Caroline	Turbo Track	
18	149 Schaaf, Charlotte	Valley Youth	

**Event 262 Shot Put 9-10 Division Women**

Nat: 10.53m 7/30/2015 Kori Martin			
Assn: 8.79m 2007 Kate Birchmier			
	Name	Team	Seed Mark
1	102 Beck, Olivia	40-Unattache	
2	123 Hanfelt, Sloan	Ankeny Track	
3	155 Toms, Finley	Tiger Track	

**Event 250 Javelin Throw 9-10 Division Women**

Nat: 37.15m 7/29/2007 Mystasia Alexander			
Assn: 22.99m 2014 Margaret Gorman			
	Name	Team	Seed Mark
1	104 Bierbaum, Maggie	40-Unattache	
2	108 Campbell, Paisley	Johnston Run	
3	141 Obergfell, Reagan	Johnston Run	

**Event 272 Triathlon 9-10 Division Women**

Nat: 1511 7/28/2015 Cheyle Scott			
Assn: 1108 2004 Taylor Twedt			
	Name	Team	Points
1	103 Berger, Quinn	Ankeny Track	
2	120 Guillaume, Eleanor	Johnston Run	
3	141 Obergfell, Reagan	Johnston Run	
4	153 Stone, Holland	Mvp Track &	
5	162 Williams, Tahlia	40-Unattache	

**Event 5 100 Meter Dash 11-12 Division Women Prelims**

Nat: 11.75 7/28/2019 Payton Payne			
Assn: 13.00 2005 Allison McBroom			
	Name	Team	Seed Time
1	245 Bollwinkel, Avery	Turbo Track	
2	252 Dags, Neela	Valley Youth	
3	254 Donielson, Erica	40-Unattache	
4	256 Erlbacher, Aubrey	Waukee TC	
5	258 Ferguson, Cara	Valley Youth	
6	261 Garcia, Destiny	40-Unattache	
7	264 Goodson, Taâ€™Liya	Impactt Athl	
8	265 Guerra, Brielle	Ankeny Track	
9	266 Guerra, Rianne	Ankeny Track	
10	267 Hardy, Keilah	Xlr8 Iowa TR	
11	269 Herring, Daylea	40-Unattache	
12	270 Hite, Raven	Cedar Rapids	
13	272 Jess, Cambree	Bellevue Ste	
14	273 Jones, Memphis	Impactt Athl	
15	277 Kunze, Lyla	Turbo Track	

16	278 Kyne, Martina	Xlr8 Iowa TR	
17	280 Leinen, Ambrey	Turbo Track	
18	282 McKay, Avery	Boone Runnin	
19	283 Mercer, Keisha	Waukee TC	
20	286 Murad, Jaelle	Turbo Track	
21	288 norgaard, katelyn	Turbo Track	
22	292 Peterson, Lydia	Boone Runnin	
23	294 Richardson, Linden	I-Run	
24	295 Ringena, Graysen	Waukee TC	
25	296 Robinson, Aichelle	Central Iowa	
26	297 Schwartz, Kamryn	Valley Youth	
27	298 Shabazz, LaAuna	Central Iowa	
28	299 Shabazz, LeAira	Central Iowa	
29	300 Smith, Kennedy	Tiger Track	
30	301 Soderholm, Jillian	Valley Youth	
31	304 Tshibangu, Joice	Cedar Rapids	
32	305 Tyler, Samantha	Cedar Rapids	
33	307 Udey, Lily	Valley Youth	
34	309 Vilmael, Amayah	Central Iowa	
35	310 Vos, Lily	Turbo Track	
36	313 Woods, Julia	Waukee TC	

**Event 17 200 Meter Dash 11-12 Division Women Prelims**

Nat: 24.34 7/24/2019 Payton Payne			
Assn: 27.47 2002 Gretchen Lamar			
	Name	Team	Seed Time
1	241 Anbukumar, Samanvi	Waukee TC	
2	245 Bollwinkel, Avery	Turbo Track	
3	246 Bradley, Cambri	Johnston Run	
4	254 Donielson, Erica	40-Unattache	
5	256 Erlbacher, Aubrey	Waukee TC	
6	258 Ferguson, Cara	Valley Youth	
7	259 Flick, Rebecca	Ankeny Track	
8	261 Garcia, Destiny	40-Unattache	
9	262 Geneser, Violet	Valley Youth	
10	264 Goodson, Taâ€™Liya	Impactt Athl	
11	267 Hardy, Keilah	Xlr8 Iowa TR	
12	268 Harnack, Lucy	Tiger Track	
13	269 Herring, Daylea	40-Unattache	
14	270 Hite, Raven	Cedar Rapids	
15	272 Jess, Cambree	Bellevue Ste	
16	273 Jones, Memphis	Impactt Athl	
17	277 Kunze, Lyla	Turbo Track	
18	278 Kyne, Martina	Xlr8 Iowa TR	
19	281 McCracken, Addisyn	Xlr8 Iowa TR	
20	282 McKay, Avery	Boone Runnin	
21	286 Murad, Jaelle	Turbo Track	
22	288 norgaard, katelyn	Turbo Track	
23	294 Richardson, Linden	I-Run	
24	296 Robinson, Aichelle	Central Iowa	
25	297 Schwartz, Kamryn	Valley Youth	
26	298 Shabazz, LaAuna	Central Iowa	
27	299 Shabazz, LeAira	Central Iowa	
28	300 Smith, Kennedy	Tiger Track	
29	301 Soderholm, Jillian	Valley Youth	
30	305 Tyler, Samantha	Cedar Rapids	

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Ames High School Track  
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## Event 17 ... (200 Meter Dash 11-12 Division Women Prelims)

Name	Team	Seed Time
31 307 Udey, Lily	Valley Youth	
32 308 Van Dyke, Harper	Iowa Flyers	
33 309 Vilmael, Amayah	Central Iowa	

## Event 29 400 Meter Dash 11-12 Division Women

Nat: 54.73 7/2/2006 Robin Reynolds		
Assn: 62.03 2006 Alex Armitage		
Name	Team	Seed Time
1 241 Anbukumar, Samanvi	Waukee TC	
2 243 Anderson, Maryana	Iowa Flyers	
3 246 Bradley, Cambri	Johnston Run	
4 247 Bral, Avery	Waukee TC	
5 249 Brannaman, Reese	Cedar Rapids	
6 251 Chesnut, Whitney	Boone Runnin	
7 257 Fedler, Avery	40-Unattache	
8 259 Flick, Rebecca	Ankeny Track	
9 262 Geneser, Violet	Valley Youth	
10 264 Goodson, Taâ€™Liya	Impactt Athl	
11 267 Hardy, Keilah	Xlr8 Iowa TR	
12 268 Harnack, Lucy	Tiger Track	
13 270 Hite, Raven	Cedar Rapids	
14 273 Jones, Memphis	Impactt Athl	
15 274 Kosman, Alexa	Johnston Run	
16 281 McCracken, Addisyn	Xlr8 Iowa TR	
17 292 Peterson, Lydia	Boone Runnin	
18 293 Pitts, Avery	Bellevue Ste	
19 296 Robinson, Aichelle	Central Iowa	
20 300 Smith, Kennedy	Tiger Track	
21 303 Sundet, Laney	Waukee TC	
22 308 Van Dyke, Harper	Iowa Flyers	
23 309 Vilmael, Amayah	Central Iowa	

## Event 41 800 Meter Run 11-12 Division Women

Nat: 2:13.12 7/26/2008 Raevyn Rogers		
Assn: 2:22.33 2004 Katie Flood		
Name	Team	Seed Time
1 243 Anderson, Maryana	Iowa Flyers	
2 247 Bral, Avery	Waukee TC	
3 248 Brandt, Addyson	Valley Youth	
4 249 Brannaman, Reese	Cedar Rapids	
5 255 Dooley, Samantha	I-Run	
6 257 Fedler, Avery	40-Unattache	
7 259 Flick, Rebecca	Ankeny Track	
8 260 Foad, Sarah	Mississippi	
9 268 Harnack, Lucy	Tiger Track	
10 274 Kosman, Alexa	Johnston Run	
11 275 Kresser, Kinley	Valley Youth	
12 276 Krizmanic, Mia	I-Run	
13 279 Laehn, Penelope	Valley Youth	
14 284 Morton, Sylvie	40-Unattache	
15 285 Mulholland, Isla	Ankeny Track	
16 287 Negley, Minka	Johnston Run	
17 291 Perrigo, Jocelyn	Valley Youth	
18 293 Pitts, Avery	Bellevue Ste	

19 303 Sundet, Laney	Waukee TC
20 306 Udey, Emma	Valley Youth
21 312 Wey, Reagan	Johnston Run

## Event 53 1500 Meter Run 11-12 Division Women

Nat: 4:36.68 6/9/2018 Arielle McKenzie		
Assn: 4:58.57 2004 Katie Flood		
Name	Team	Seed Time
1 249 Brannaman, Reese	Cedar Rapids	
2 257 Fedler, Avery	40-Unattache	
3 260 Foad, Sarah	Mississippi	
4 271 Jacobus, Maddie	Johnston Run	
5 279 Laehn, Penelope	Valley Youth	
6 285 Mulholland, Isla	Ankeny Track	
7 287 Negley, Minka	Johnston Run	
8 290 Parry, Briella	Johnston Run	
9 291 Perrigo, Jocelyn	Valley Youth	
10 306 Udey, Emma	Valley Youth	

## Event 61 3000 Meter Run 11-12 Division Women

Nat: 10:00.11 7/30/2016 Daniela Quintero		
Assn: 10:50.06 2021 Sarah Foad		
Name	Team	Seed Time
1 260 Foad, Sarah	Mississippi	
2 265 Guerra, Brielle	Ankeny Track	
3 266 Guerra, Rianne	Ankeny Track	
4 271 Jacobus, Maddie	Johnston Run	
5 275 Kresser, Kinley	Valley Youth	
6 279 Laehn, Penelope	Valley Youth	
7 290 Parry, Briella	Johnston Run	

## Event 78 80 Meter Hurdles 11-12 Division Women Prelims

Nat: 11.85 7/21/2002 Jasmine Isley		
Assn: 13.25 2016 Mackenzie Carney		
Name	Team	Seed Time
1 252 Daggs, Neela	Valley Youth	
2 289 Oakley, Eden	I-Run	
3 295 Ringena, Graysen	Waukee TC	
4 302 Steen, Kyla	Valley Youth	
5 304 Tshibangu, Joice	Cedar Rapids	
6 313 Woods, Julia	Waukee TC	

## Event 96 4x100 Meter Relay 11-12 Division Women

Nat: 48.52 7/7/2019 Glenarden TC		
M Rothwell, P Payne, L McEwen, G White		
Assn: 54.82 1998 Fort Dodge Flyers		
Team	Relay	Seed Time
1 Turbo Track	A	
1) #286 Murad, Jaelle	2) #245 Bollwinkel, Avery	
3) #280 Leinen, Ambrey	4) #277 Kunze, Lyla	
2 Valley Youth	A	
1) #297 Schwartz, Kamryn	2) #307 Udey, Lily	
3) #258 Ferguson, Cara	4) #301 Soderholm, Jillian	

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Ames High School Track  
Performance List**Event 204 High Jump 11-12 Division Women**

Nat: 1.69m 7/24/2008 Stacy Destin			
Assn: 1.55m 1988 Sondra Biere			
Name	Team	Seed	Mark
1	246 Bradley, Cambri	Johnston Run	
2	250 Burrows, Raegan	I-Run	
3	276 Krizmanic, Mia	I-Run	
4	292 Peterson, Lydia	Boone Runnin	
5	302 Steen, Kyla	Valley Youth	
6	312 Wey, Reagan	Johnston Run	

**Event 222 Long Jump 11-12 Division Women**

Nat: 5.75m 7/7/2019 Elizabeth Deen			
Assn: 4.78m 2021 Frankie Huether			
Name	Team	Seed	Mark
1	241 Anbukumar, Samanvi	Waukee TC	
2	250 Burrows, Raegan	I-Run	
3	254 Donielson, Erica	40-Unattache	
4	256 Erlbacher, Aubrey	Waukee TC	
5	261 Garcia, Destiny	40-Unattache	
6	265 Guerra, Brielle	Ankeny Track	
7	269 Herring, Daylea	40-Unattache	
8	280 Leinen, Ambrey	Turbo Track	
9	282 McKay, Avery	Boone Runnin	
10	288 norgaard, katelyn	Turbo Track	
11	291 Perrigo, Jocelyn	Valley Youth	
12	302 Steen, Kyla	Valley Youth	
13	305 Tyler, Samantha	Cedar Rapids	
14	310 Vos, Lily	Turbo Track	
15	312 Wey, Reagan	Johnston Run	

**Event 264 Shot Put 11-12 Division Women**

Nat: 13.90m 7/11/1987 Johanna Gambill			
Assn: 11.51m 2009 Kate Birchmier			
Name	Team	Seed	Mark
1	242 Anderson, Brooklynn	Pella Track	
2	253 Davidson, Elaine	Johnston Run	
3	263 Gibson, Kamrynn	I-Run	
4	284 Morton, Sylvie	40-Unattache	
5	298 Shabazz, LaAuna	Central Iowa	
6	311 Wendt, Tessa	40-Unattache	

**Event 236 Discus Throw 11-12 Division Women**

Nat: 37.46m 7/24/1997 Amber Curtis			
Assn: 28.70m 1995 Abby Emsick			
Name	Team	Seed	Mark
1	242 Anderson, Brooklynn	Pella Track	
2	253 Davidson, Elaine	Johnston Run	
3	263 Gibson, Kamrynn	I-Run	
4	266 Guerra, Rianne	Ankeny Track	
5	284 Morton, Sylvie	40-Unattache	
6	311 Wendt, Tessa	40-Unattache	

**Event 252 Javelin Throw 11-12 Division Women**

Nat: 40.51m 6/22/2019 Sophia Scott			
Assn: 32.01m 2022 Izzie McDonald			
Name	Team	Seed	Mark
1	250 Burrows, Raegan	I-Run	
2	253 Davidson, Elaine	Johnston Run	
3	263 Gibson, Kamrynn	I-Run	
4	276 Krizmanic, Mia	I-Run	
5	293 Pitts, Avery	Bellevue Ste	
6	304 Tshibangu, Joice	Cedar Rapids	

**Event 274 Outdoor Pentathlon 11-12 Division Women**

Nat: 3412 7/23/2008 Stacey Destin			
Assn: 2586 2016 Mackenzie Carney			
Name	Team	Points	
1	244 Berger, Gabrielle	Ankeny Track	
2	312 Wey, Reagan	Johnston Run	

**Event 7 100 Meter Dash 13-14 Division Women Prelims**

Nat: 11.59 7/29/2012 Kaylin Whitney			
Assn: 12.32 1990 Tashika Lewis			
Name	Team	Seed	Time
1	402 Akoi, Jamesetta	Waterloo Win	
2	405 Boone, Allison	Mississippi	
3	406 Burclaw, Aubrie	Waukee TC	
4	408 Burke, Cooper	Waukee TC	
5	409 Cameron, Eden	Tornado Trac	
6	410 Davis (Brown), Melay	Johnston Run	
7	411 Doe, Precious	Xlr8 Iowa TR	
8	472 Erickson, Hadley	40-Unattache	
9	414 Freyeremuth, Taylor	Mississippi	
10	415 Garcia, Liberty	40-Unattache	
11	420 Hunter, Ashlynn	Cedar Rapids	
12	421 Jackson, Teagan	Turbo Track	
13	422 Jones-hunley, Ahmaia	Central Iowa	
14	426 Klug, Makyah	Central Iowa	
15	431 McGregor, Camryn	Johnston Run	
16	432 Mercer, Kejara	Waukee TC	
17	433 Mhoon, Ka'Jhira	Impactt Athl	
18	434 Miller, Ja'Niyah	Tiger Track	
19	435 Miller, Ni'Airea	Tiger Track	
20	437 Nalls, Equoia	Xlr8 Iowa TR	
21	439 Negrete, Peruth	Iowa Flyers	
22	442 Parrow, Tyâ™Ariah	Tiger Track	
23	443 Patel, Treya	Mississippi	
24	444 Peddicord, Siena	Ankeny Track	
25	446 Polk, Mariah	Tiger Track	
26	447 Poole, Elizabeth	Waukee TC	
27	449 Saenz, Sofia	Tornado Trac	
28	452 Spellman, Ziva	Central Iowa	
29	453 Squires, Isabel	Turbo Track	
30	455 Stout, Charlotte	Waukee TC	
31	457 Thilges, Madison	Central Iowa	
32	458 Thomas, Na'jaya	Central Iowa	
33	459 Thomas-Everett, TayV	Mississippi	

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## Event 7 ... (100 Meter Dash 13-14 Division Women Prelims)

	Name	Team	Seed Time
34	460 Tigges, Madelyn	40-Unattache	
35	461 vandelune, Juniper	Johnston Run	
36	463 Wagner, Reese	Turbo Track	
37	465 Weaver, Lilly	40-Unattache	
38	466 Weiss, Kelsey	Cedar Rapids	
39	469 Yost, Olivia	Mississippi	
40	471 Zandy, Blessing	Xlr8 Iowa TR	

## Event 19 200 Meter Dash 13-14 Division Women Prelims

Nat: 23.34 6/25/2017 Kayla Davis			
Assn: 25.77 2003 Kaaydah Nangle			
	Name	Team	Seed Time
1	402 Akoi, Jamesetta	Waterloo Win	
2	405 Boone, Allison	Mississippi	
3	408 Burke, Cooper	Waukee TC	
4	409 Cameron, Eden	Tornado Trac	
5	410 Davis (Brown), Melay	Johnston Run	
6	411 Doe, Precious	Xlr8 Iowa TR	
7	412 Dooley, Grace	40-Unattache	
8	472 Erickson, Hadley	40-Unattache	
9	414 Freyermuth, Taylor	Mississippi	
10	415 Garcia, Liberty	40-Unattache	
11	419 Huether, Frankie	Turbo Track	
12	420 Hunter, Ashlynn	Cedar Rapids	
13	421 Jackson, Teagan	Turbo Track	
14	422 Jones-hunley, Ahmaia	Central Iowa	
15	426 Klug, Makyah	Central Iowa	
16	429 Leehey, Olivia	Tiger Track	
17	431 McGregor, Camryn	Johnston Run	
18	432 Mercer, Keiara	Waukee TC	
19	433 Mhoon, Ka'Jhira	Impactt Athl	
20	434 Miller, Ja'Niyah	Tiger Track	
21	435 Miller, Ni'Airea	Tiger Track	
22	437 Nalls, Equoia	Xlr8 Iowa TR	
23	439 Negrete, Peruth	Iowa Flyers	
24	441 Nissen, Kloe	Tiger Track	
25	442 Parrow, Tyâ€™Ariah	Tiger Track	
26	443 Patel, Treya	Mississippi	
27	444 Peddicord, Siena	Ankeny Track	
28	446 Polk, Mariah	Tiger Track	
29	449 Saenz, Sofia	Tornado Trac	
30	453 Squires, Isabel	Turbo Track	
31	455 Stout, Charlotte	Waukee TC	
32	457 Thilges, Madison	Central Iowa	
33	458 Thomas, Na'jaya	Central Iowa	
34	459 Thomas-Everett, TayV	Mississippi	
35	460 Tigges, Madelyn	40-Unattache	
36	461 vandelune, Juniper	Johnston Run	
37	465 Weaver, Lilly	40-Unattache	
38	469 Yost, Olivia	Mississippi	
39	471 Zandy, Blessing	Xlr8 Iowa TR	

## Event 31 400 Meter Dash 13-14 Division Women

Nat: 52.54 7/30/2017 Kayla Davis			
Assn: 59.38 2018 Nyla Norman			
	Name	Team	Seed Time
1	407 Burgos Martinez, Inay	Waterloo Win	
2	409 Cameron, Eden	Tornado Trac	
3	411 Doe, Precious	Xlr8 Iowa TR	
4	472 Erickson, Hadley	40-Unattache	
5	413 Forrester, Evelyn	Ankeny Track	
6	415 Garcia, Liberty	40-Unattache	
7	419 Huether, Frankie	Turbo Track	
8	420 Hunter, Ashlynn	Cedar Rapids	
9	421 Jackson, Teagan	Turbo Track	
10	422 Jones-hunley, Ahmaia	Central Iowa	
11	433 Mhoon, Ka'Jhira	Impactt Athl	
12	434 Miller, Ja'Niyah	Tiger Track	
13	435 Miller, Ni'Airea	Tiger Track	
14	437 Nalls, Equoia	Xlr8 Iowa TR	
15	439 Negrete, Peruth	Iowa Flyers	
16	441 Nissen, Kloe	Tiger Track	
17	442 Parrow, Tyâ€™Ariah	Tiger Track	
18	443 Patel, Treya	Mississippi	
19	446 Polk, Mariah	Tiger Track	
20	448 Rosenboom, Olivia	Johnston Run	
21	453 Squires, Isabel	Turbo Track	
22	454 Stanford, Leighton	Turbo Track	
23	458 Thomas, Na'jaya	Central Iowa	
24	459 Thomas-Everett, TayV	Mississippi	
25	460 Tigges, Madelyn	40-Unattache	
26	464 Watson, Taryn	Mississippi	
27	466 Weiss, Kelsey	Cedar Rapids	
28	469 Yost, Olivia	Mississippi	

## Event 43 800 Meter Run 13-14 Division Women

Nat: 2:06.90 7/4/2009 Raevyn Rogers			
Assn: 2:16.06 2006 Ellen Dougherty			
	Name	Team	Seed Time
1	401 Adams, Annalynn	Johnston Run	
2	407 Burgos Martinez, Inay	Waterloo Win	
3	472 Erickson, Hadley	40-Unattache	
4	416 Groteluschen, Harper	Cedar Rapids	
5	425 Klingensmith, Trinity	Ankeny Track	
6	428 Laxton, Cali	I-Run	
7	429 Leehey, Olivia	Tiger Track	
8	438 Negley, Timber	Johnston Run	
9	448 Rosenboom, Olivia	Johnston Run	
10	454 Stanford, Leighton	Turbo Track	
11	456 Tenges, Rylee	I-Run	
12	464 Watson, Taryn	Mississippi	

## Event 55 1500 Meter Run 13-14 Division Women

Nat: 4:28.61 7/29/2005 Jordan Hassay			
Assn: 4:51.94 2006 Katie Flood			
	Name	Team	Seed Time
1	401 Adams, Annalynn	Johnston Run	

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Performance List**Event 55 ... (1500 Meter Run 13-14 Division Women)**

Name	Team	Seed Time
2 416 Groteluschen, Harper	Cedar Rapids	
3 425 Klingensmith, Trinity	Ankeny Track	
4 428 Laxton, Cali	I-Run	
5 445 Pohlman, Alyssa	Waukee TC	
6 456 Tenges, Rylee	I-Run	

**Event 65 3000 Meter Run 13-14 Division Women**

Nat: 9:35.12 7/30/2005 Jordan Hasay		
Assn: 10:39.10 2006 Katie Flood		
Name	Team	Seed Time
1 425 Klingensmith, Trinity	Ankeny Track	
2 456 Tenges, Rylee	I-Run	

**Event 77 100 Meter Hurdles 13-14 Division Women Prelims**

Nat: 13.40 7/6/2014 Tia Jones		
Assn: 15.28 2017 Julie Shonka		
Name	Team	Seed Time
1 413 Forrester, Evelyn	Ankeny Track	
2 417 Grover, Madison	I-Run	
3 424 Kjellberg, Danielle	I-Run	
4 442 Parrow, Tyâ€™Ariah	Tiger Track	
5 444 Peddicord, Siena	Ankeny Track	
6 451 Slack, Adysn	Mississippi	
7 452 Spellman, Ziva	Central Iowa	
8 463 Wagner, Reese	Turbo Track	

**Event 84 200 Meter Hurdles 13-14 Division Women**

Nat: 25.34 7/24/2013 Tia Jones		
Assn: 28.86 1997 Jill Schweibert		
Name	Team	Seed Time
1 413 Forrester, Evelyn	Ankeny Track	
2 417 Grover, Madison	I-Run	
3 438 Negley, Timber	Johnston Run	
4 451 Slack, Adysn	Mississippi	
5 452 Spellman, Ziva	Central Iowa	

**Event 98 4x100 Meter Relay 13-14 Division Women**

Nat: 46.58 6/29/2003 Quiet Fire		
S Williams, E Collins, D Lewis, C Black		
Assn: 50.05 2014 IMPACTT		
Team	Relay	Seed Time
1 Mississippi	A	
1) #405 Boone, Allison	2) #459 Thomas-Everett, TayVi	
3) #451 Slack, Adysn	4) #469 Yost, Olivia	
2 Waukee TC	A	
1) #455 Stout, Charlotte	2) #447 Poole, Elizabeth	
3) #406 Burclaw, Aubrie	4) #408 Burke, Cooper	

**Event 112 4x400 Meter Relay 13-14 Division Women**

Nat: 3:43.05 7/31/2011 Rate of Motion		
A. Abram, S. Douglas, V. Fagan, A. Fuller		
Assn: 4:18.06 2004 Cedar Valley TC		
Team	Relay	Seed Time
1 Turbo Track	A	
1) #421 Jackson, Teagan	2) #454 Stanford, Leighton	
3) #453 Squires, Isabel	4) #419 Huether, Frankie	
2 Waukee TC	A	
1) #450 Sellner, Jade	2) #445 Pohlman, Alyssa	
3) #423 Kell, Norah	4) #418 Hoppe, Lylah	

**Event 120 4x800 Meter Relay 13-14 Division Women**

Nat: 9:15.68 7/29/2003 United Stars TC		
L Jones, K Worthington, B Taylor, D Williams		
Assn: 9:54.46 2004 Cedar Valley TC		
Team	Relay	Seed Time
1 Waukee TC	A	
1) #445 Pohlman, Alyssa	2) #450 Sellner, Jade	
3) #423 Kell, Norah	4) #462 Vander Ley, Piper	

**Event 206 High Jump 13-14 Division Women**

Nat: 1.77m 7/29/2017 Tierra Hooker		
Assn: 1.59m 2008 Taylor Twedt		
Name	Team	Seed Mark
1 413 Forrester, Evelyn	Ankeny Track	
2 417 Grover, Madison	I-Run	
3 436 Munkvold, Elsa	Waukee TC	
4 441 Nissen, Kloe	Tiger Track	
5 452 Spellman, Ziva	Central Iowa	
6 463 Wagner, Reese	Turbo Track	

**Event 224 Long Jump 13-14 Division Women**

Nat: 6.07m 7/25/2014 Daloria Boone / Tracee Thomas		
Assn: 5.33m 2003 Kiersten Thorgaard		
Name	Team	Seed Mark
1 406 Burclaw, Aubrie	Waukee TC	
2 409 Cameron, Eden	Tornado Trac	
3 414 Freyeremuth, Taylor	Mississippi	
4 419 Huether, Frankie	Turbo Track	
5 430 McDonald, Izzie	Cedar Rapids	
6 435 Miller, Ni'Airea	Tiger Track	
7 436 Munkvold, Elsa	Waukee TC	
8 451 Slack, Adysn	Mississippi	
9 454 Stanford, Leighton	Turbo Track	
10 465 Weaver, Lilly	40-Unattache	
11 466 Weiss, Kelsey	Cedar Rapids	

**Event 266 Shot Put 13-14 Division Women**

Nat: 15.88m 7/31/2010 Kennedy Blahnik / Susie Ray		
Assn: 13.03m 2010 Kate Birchmier		
Name	Team	Seed Mark
1 403 Beck, McKenna	40-Unattache	
2 427 La Mar, Jennifer	40-Unattache	
3 440 New, Haley	I-Run	
4 468 Whitson, Eden	I-Run	



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Performance List****Event 238 Discus Throw 13-14 Division Women**

Nat: 46.32m 6/23/1990 Suzy Powell			
Assn: 36.86m 2010 Kate Birchmier			
Name	Team	Seed	Mark
1	403 Beck, McKenna	40-Unattache	
2	417 Grover, Madison	I-Run	
3	427 La Mar, Jennifer	40-Unattache	
4	440 New, Haley	I-Run	
5	467 Whalen, Maya	I-Run	
6	468 Whitson, Eden	I-Run	

**Event 254 Javelin Throw 13-14 Division Women**

Nat: 52.90m 7/26/2007 Hannah Carson			
Assn: 30.91m 2018 Elaine Wang			
Name	Team	Seed	Mark
1	418 Hoppe, Lylah	Waukee TC	
2	427 La Mar, Jennifer	40-Unattache	
3	430 McDonald, Izzie	Cedar Rapids	

**Event 276 Outdoor Pentathlon 13-14 Division Women**

Nat: 3556 7/24/2017 Tierra Hooker			
Assn: 2978 2008 Taylor Twedt			
Name	Team	Points	
1	404 Bell, Annelise	40-Unattache	
2	417 Grover, Madison	I-Run	
3	419 Huether, Frankie	Turbo Track	

**Event 9 100 Meter Dash 15-16 Division Women Prelims**

Nat: 11.34 7/28/1995 Angela Williams			
Assn: 12.04 2021 Jessica Kyne			
Name	Team	Seed	Time
1	564 Bell, Jaida	Tornado Trac	
2	568 Caldwell, Keciah	Waukee TC	
3	570 Castro, Emerson	Turbo Track	
4	571 Demey, Brinley	Turbo Track	
5	574 Groat, Lexi	I-Run	
6	576 Henlon, Simone	Johnston Run	
7	578 Keiser, Payton	Valley Youth	
8	579 Kyne, Monah	Xlr8 Iowa TR	
9	581 Leman, Ruby	Jumper Athle	
10	584 Oliver, Fiorella	Tornado Trac	
11	585 Pack, Aiyana	Xlr8 Iowa TR	
12	586 Potter, Kenzie	40-Unattache	
13	588 Reed, Jayci	40-Unattache	
14	592 Smith, Taleyah	40-Unattache	
15	594 Trebon-Boyd, Amaya	Impactt Athl	
16	597 Westpfahl, Zoe	Impactt Athl	
17	598 Williams, Miyana	Tornado Trac	

**Event 21 200 Meter Dash 15-16 Division Women Prelims**

Nat: 22.55 7/28/2018 Tamari Davis			
Assn: 24.79 1984 Lexie Anderson			
Name	Team	Seed	Time
1	564 Bell, Jaida	Tornado Trac	
2	568 Caldwell, Keciah	Waukee TC	
3	570 Castro, Emerson	Turbo Track	

4	571 Demey, Brinley	Turbo Track	
5	574 Groat, Lexi	I-Run	
6	576 Henlon, Simone	Johnston Run	
7	578 Keiser, Payton	Valley Youth	
8	579 Kyne, Monah	Xlr8 Iowa TR	
9	581 Leman, Ruby	Jumper Athle	
10	584 Oliver, Fiorella	Tornado Trac	
11	585 Pack, Aiyana	Xlr8 Iowa TR	
12	586 Potter, Kenzie	40-Unattache	
13	588 Reed, Jayci	40-Unattache	
14	590 Schramm, Gillian	Ankeny Track	
15	592 Smith, Taleyah	40-Unattache	
16	593 Steele, Ella	Jumper Athle	
17	594 Trebon-Boyd, Amaya	Impactt Athl	
18	597 Westpfahl, Zoe	Impactt Athl	
19	598 Williams, Miyana	Tornado Trac	
20	599 Wise, Vanessa	Ankeny Track	

**Event 33 400 Meter Dash 15-16 Division Women**

Nat: 52.11 7/29/2001 Stephanie Smith			
Assn: 57.67 2021 Claire Ferrell			
Name	Team	Seed	Time
1	564 Bell, Jaida	Tornado Trac	
2	568 Caldwell, Keciah	Waukee TC	
3	569 Carter, Tierney	40-Unattache	
4	571 Demey, Brinley	Turbo Track	
5	576 Henlon, Simone	Johnston Run	
6	577 Herring, Jaylin	40-Unattache	
7	582 Mason, Ady	I-Run	
8	584 Oliver, Fiorella	Tornado Trac	
9	585 Pack, Aiyana	Xlr8 Iowa TR	
10	586 Potter, Kenzie	40-Unattache	
11	590 Schramm, Gillian	Ankeny Track	
12	591 Shaffer, Payzlee	Cedar Rapids	
13	592 Smith, Taleyah	40-Unattache	
14	594 Trebon-Boyd, Amaya	Impactt Athl	
15	595 Weispenning, Luella	Mvp Track &	
16	597 Westpfahl, Zoe	Impactt Athl	
17	599 Wise, Vanessa	Ankeny Track	

**Event 45 800 Meter Run 15-16 Division Women**

Nat: 2:04.83 7/26/2008 Philis Francis			
Assn: 2:15.27 2012 Kaley Ciluffo			
Name	Team	Seed	Time
1	569 Carter, Tierney	40-Unattache	
2	582 Mason, Ady	I-Run	
3	587 Prendergast, Reagan	Jumper Athle	
4	590 Schramm, Gillian	Ankeny Track	
5	591 Shaffer, Payzlee	Cedar Rapids	
6	594 Trebon-Boyd, Amaya	Impactt Athl	
7	599 Wise, Vanessa	Ankeny Track	

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Performance List**Event 57 1500 Meter Run 15-16 Division Women**

Nat: 4:25.57 7/24/1984 Suzy Favor		
Assn: 4:46.80 2021 Claire Helmers		
Name	Team	Seed Time
1 587 Prendergast, Reagan	Jumper Athle	
2 591 Shaffer, Payzlee	Cedar Rapids	

**Event 74 100 Meter Hurdles 15-16 Division Women Prelims**

Nat: 13.45 7/31/2015 Tia Jones		
Assn: 14.47 1998 Lori Jones		
Name	Team	Seed Time
1 562 Bauch, Anna	Ankeny Track	
2 565 Braunschweig-Norris,	Ankeny Track	
3 567 Buchan, Marlee	Ankeny Track	
4 573 Fisher, Laila	Mvp Track &	
5 577 Herring, Jaylin	40-Unattache	
6 580 Leman, Georgia	Jumper Athle	
7 581 Leman, Ruby	Jumper Athle	
8 588 Reed, Jayci	40-Unattache	
9 589 Russell, Camryn	Ankeny Track	
10 595 Weispfenning, Luella	Mvp Track &	
11 600 Woods, Anna	Ankeny Track	

**Event 82 400 Meter Hurdles 15-16 Division Women**

Nat: 57.48 7/31/2021 Akala Garrett		
Assn: 59.78 1989 Kari Hennigan		
Name	Team	Seed Time
1 562 Bauch, Anna	Ankeny Track	
2 565 Braunschweig-Norris,	Ankeny Track	
3 569 Carter, Tierney	40-Unattache	
4 573 Fisher, Laila	Mvp Track &	
5 577 Herring, Jaylin	40-Unattache	
6 586 Potter, Kenzie	40-Unattache	
7 589 Russell, Camryn	Ankeny Track	
8 593 Steele, Ella	Jumper Athle	
9 595 Weispfenning, Luella	Mvp Track &	
10 597 Westpfahl, Zoe	Impactt Athl	

**Event 86 2000 Meter Steeplechase 15-16 Division Women**

Nat: 6:56.97 7/22/2008 Eleanor Fulton		
Assn: 8:23.49 2019 Taylor McCreedy		
Name	Team	Seed Time
1 596 Welch, Ella	Mississippi	

**Event 208 High Jump 15-16 Division Women**

Nat: 1.83m 6/22/2013 Vashti Cunningham		
Assn: 1.71m 2006 Megan Gilsar		
Name	Team	Seed Mark
1 569 Carter, Tierney	40-Unattache	
2 575 Hanfelt, Reagan	Jumper Athle	
3 595 Weispfenning, Luella	Mvp Track &	
4 600 Woods, Anna	Ankeny Track	

**Event 226 Long Jump 15-16 Division Women**

Nat: 6.68m 7/25/2017 Lanae-Tara Thomas		
Assn: 5.54m 2011 Lexus Lovan		
Name	Team	Seed Mark
1 565 Braunschweig-Norris,	Ankeny Track	
2 570 Castro, Emerson	Turbo Track	
3 571 Demey, Brinley	Turbo Track	
4 572 Durbin Wilson, Maya	Jumper Athle	
5 578 Keiser, Payton	Valley Youth	
6 580 Leman, Georgia	Jumper Athle	
7 581 Leman, Ruby	Jumper Athle	
8 589 Russell, Camryn	Ankeny Track	
9 592 Smith, Taleyah	40-Unattache	
10 593 Steele, Ella	Jumper Athle	

**Event 232 Triple Jump 15-16 Division Women**

Nat: 12.94m 7/30/2009 Ciarra Brewer		
Assn: 10.67m 1987 Nicole Harker		
Name	Team	Seed Mark
1 564 Bell, Jaida	Tornado Trac	
2 584 Oliver, Fiorella	Tornado Trac	
3 598 Williams, Miyana	Tornado Trac	

**Event 268 Shot Put 15-16 Division Women**

Nat: 15.20m 7/21/2001 Michelle Carter		
Assn: 11.87m 2013 Kate Birchmier		
Name	Team	Seed Mark
1 561 Anbukumar, Satvika	Waukee TC	
2 563 Beck, Ella	40-Unattache	
3 566 Brown, Isabella	Mississippi	
4 583 Morton, Charlee	40-Unattache	

**Event 240 Discus Throw 15-16 Division Women**

Nat: 50.98m 7/31/2021 Carlie Weiser		
Assn: 40.99m 2013 Kiana Phelps		
Name	Team	Seed Mark
1 561 Anbukumar, Satvika	Waukee TC	
2 563 Beck, Ella	40-Unattache	
3 566 Brown, Isabella	Mississippi	
4 583 Morton, Charlee	40-Unattache	

**Event 256 Javelin Throw 15-16 Division Women**

Nat: 51.23m 7/26/2014 Tairyn Montgomery		
Assn: 35.16m 2022 Laila Fisher		
Name	Team	Seed Mark
1 561 Anbukumar, Satvika	Waukee TC	
2 566 Brown, Isabella	Mississippi	
3 573 Fisher, Laila	Mvp Track &	

**Event 278 Heptathlon 15-16 Division Women**

Nat: 5101 7/5/2017 Annika Williams		
Assn: 4093 2005 Lindsay Lettow		
Name	Team	Points
1 573 Fisher, Laila	Mvp Track &	
2 589 Russell, Camryn	Ankeny Track	
3 595 Weispfenning, Luella	Mvp Track &	

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Performance List**Event 11 100 Meter Dash 17-18 Division Women Prelims**

Nat: 11.1h 1980		Michelle Glover	
Assn: 12.08 2017		Keaton Kester	
Name	Team	Seed Time	
1	661 Anton, Sydney	Iowa Flyers	
2	665 Cameron, Trinity	Tornado Trac	
3	666 Conklin, Morgan	Jumper Athle	
4	668 Crannell, Makayla	40-Unattache	
5	669 Gannon, Aleksys	Mvp Track &	
6	673 Harris, Elanah	Mississippi	
7	675 Johannes, Keira	Tornado Trac	
8	676 Johnson, Morgan	40-Unattache	
9	681 Kyne, Jessica	Xlr8 Iowa TR	
10	684 Ierma, shakoya	Tornado Trac	
11	685 Martin, Hailey	40-Unattache, U	
12	687 Murphy, Brenna	Tornado Trac	
13	688 Okwaramoi, Esaba	Xlr8 Iowa TR	
14	692 Ross, Ava	Johnston Run	
15	696 Smith, Takira	Xlr8 Iowa TR	
16	697 Sompon, Alixis	Tornado Trac	
17	698 Steffen, Rylee	40-Unattache	
18	699 Steva, Natalie	40-Unattache	
19	700 Wagner, Karli	Tornado Trac	
20	701 Wiggins, Ty'Agia	Mississippi	
21	703 Zandy, Promise	Xlr8 Iowa TR	

**Event 23 200 Meter Dash 17-18 Division Women Prelims**

Nat: 23.23 7/31/2021		Kennedi Sanders	
Assn: 24.56 2017		Keaton Kester	
Name	Team	Seed Time	
1	661 Anton, Sydney	Iowa Flyers	
2	664 Brownlee, Reese	Jumper Athle	
3	665 Cameron, Trinity	Tornado Trac	
4	666 Conklin, Morgan	Jumper Athle	
5	668 Crannell, Makayla	40-Unattache	
6	669 Gannon, Aleksys	Mvp Track &	
7	673 Harris, Elanah	Mississippi	
8	675 Johannes, Keira	Tornado Trac	
9	676 Johnson, Morgan	40-Unattache	
10	681 Kyne, Jessica	Xlr8 Iowa TR	
11	684 Ierma, shakoya	Tornado Trac	
12	687 Murphy, Brenna	Tornado Trac	
13	691 Reimer, Jordyn	40-Unattache	
14	692 Ross, Ava	Johnston Run	
15	693 Rucker, Nevaeh	Mississippi	
16	695 Smith, Lillian	Jumper Athle	
17	696 Smith, Takira	Xlr8 Iowa TR	
18	697 Sompon, Alixis	Tornado Trac	
19	698 Steffen, Rylee	40-Unattache	
20	699 Steva, Natalie	40-Unattache	
21	700 Wagner, Karli	Tornado Trac	
22	701 Wiggins, Ty'Agia	Mississippi	
23	703 Zandy, Promise	Xlr8 Iowa TR	

**Event 35 400 Meter Dash 17-18 Division Women**

Nat: 51.31 7/27/2000		Monique Henderson	
Assn: 56.72 2022		Mitzi Evans	
Name	Team	Seed Time	
1	666 Conklin, Morgan	Jumper Athle	
2	668 Crannell, Makayla	40-Unattache	
3	669 Gannon, Aleksys	Mvp Track &	
4	673 Harris, Elanah	Mississippi	
5	676 Johnson, Morgan	40-Unattache	
6	678 Kak, Acown	Godspeed Tra	
7	692 Ross, Ava	Johnston Run	
8	693 Rucker, Nevaeh	Mississippi	
9	698 Steffen, Rylee	40-Unattache	
10	701 Wiggins, Ty'Agia	Mississippi	

**Event 47 800 Meter Run 17-18 Division Women**

Nat: 2:05.27 7/24/2005		Sarah Bowman	
Assn: 2:11.81 2013		Kaley Ciluffo	
Name	Team	Seed Time	
1	678 Kak, Acown	Godspeed Tra	
2	679 Kooker, Cohen	Valley Youth	

**Event 69 3000 Meter Run 17-18 Division Women**

Nat: 9:37.24 7/30/1998		Dana Boyle	
Assn: 10:43.97 2013		Shannon Gorman	
Name	Team	Seed Time	
1	679 Kooker, Cohen	Valley Youth	

**Event 75 100 Meter Hurdles 17-18 Division Women Prelims**

Nat: 13.33 7/28/2018		Alia Armstrong	
Assn: 14.52 2014		Mary Young	
Name	Team	Seed Time	
1	661 Anton, Sydney	Iowa Flyers	
2	662 Arou, Nyankuer	Xlr8 Iowa TR	
3	663 Beisel, Makayla	Xlr8 Iowa TR	
4	667 Crabbs, Isabel	Jumper Athle	
5	670 Gaskell, Alex	40-Unattache	
6	671 Gaye, Blessing	Xlr8 Iowa TR	
7	672 Gonzalez, Kaiya	Central Iowa	
8	673 Harris, Elanah	Mississippi	
9	677 Jumper, Ella	Jumper Athle	
10	685 Martin, Hailey	40-Unattache, U	
11	686 Mills, Ava	Jumper Athle	
12	688 Okwaramoi, Esaba	Xlr8 Iowa TR	
13	690 Poock, Madeline	Jumper Athle	
14	693 Rucker, Nevaeh	Mississippi	
15	694 Smith, Bridgette	Mississippi	

**Event 83 400 Meter Hurdles 17-18 Division Women**

Nat: 57.67 7/27/2008		Turquoise Thompson	
Assn: 63.17 2014		Sarah Plock	
Name	Team	Seed Time	
1	662 Arou, Nyankuer	Xlr8 Iowa TR	
2	663 Beisel, Makayla	Xlr8 Iowa TR	
3	664 Brownlee, Reese	Jumper Athle	
4	670 Gaskell, Alex	40-Unattache	

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Performance List**Event 83 ... (400 Meter Hurdles 17-18 Division Women)**

Name	Team	Seed Time
5 671 Gaye, Blessing	Xlr8 Iowa TR	
6 672 Gonzalez, Kaiya	Central Iowa	
7 695 Smith, Lillian	Jumper Athle	

**Event 88 2000 Meter Steeplechase 17-18 Division Women**

Name	Team	Seed Time
Nat: 6:54.37 7/22/2008 Alyssa Allison		
Assn: 7:20.55 2018 Janette Schraff		
1 679 Kooker, Cohen	Valley Youth	

**Event 102 4x100 Meter Relay 17-18 Division Women**

Team	Relay	Seed Time
Nat: 44.43 7/28/2007 12 Dallas Gold TC		
L Stewart, A Pegram, B Carr, V Jordan		
Assn: 48.89 2003 Cedar Valley TC		
1 Tornado Trac	A	
1) #675 Johannes, Keira	2) #700 Wagner, Karli	
3) #687 Murphy, Brenna	4) #665 Cameron, Trinity	
2 Xlr8 Iowa TR	A	
1) #688 Okwaramoi, Esaba	2) #703 Zandy, Promise	
3) #696 Smith, Takira	4) #681 Kyne, Jessica	

**Event 210 High Jump 17-18 Division Women**

Name	Team	Seed Mark
Nat: 1.91m 6/24/2015 Vashti Cunningham		
Assn: 1.68m 2021 Layanna Green/Steph Davis/Lor		
1 663 Beisel, Makayla	Xlr8 Iowa TR	
2 670 Gaskell, Alex	40-Unattache	
3 686 Mills, Ava	Jumper Athle	
4 694 Smith, Bridgette	Mississippi	

**Event 228 Long Jump 17-18 Division Women**

Name	Team	Seed Mark
Nat: 6.36m 7/24/1994 Angela Henry		
Assn: 5.76m 2014 Lexus Lovan		
1 663 Beisel, Makayla	Xlr8 Iowa TR	
2 664 Brownlee, Reese	Jumper Athle	
3 668 Crannell, Makayla	40-Unattache	
4 670 Gaskell, Alex	40-Unattache	
5 672 Gonzalez, Kaiya	Central Iowa	
6 674 Holmes, Paycee	40-Unattache	
7 675 Johannes, Keira	Tornado Trac	
8 677 Jumper, Ella	Jumper Athle	
9 683 Leinen, Ava	Jumper Athle	
10 686 Mills, Ava	Jumper Athle	
11 690 Pooch, Madeline	Jumper Athle	
12 691 Reimer, Jordyn	40-Unattache	
13 694 Smith, Bridgette	Mississippi	
14 698 Steffen, Rylee	40-Unattache	

**Event 234 Triple Jump 17-18 Division Women**

Name	Team	Seed Mark
Nat: 13.01m 7/28/1996 Alicia Broussard		
Assn: 11.02m 1991 Kim Carson		
1 665 Cameron, Trinity	Tornado Trac	

2 691 Reimer, Jordyn 40-Unattache

**Event 270 Shot Put 17-18 Division Women**

Name	Team	Seed Mark
Nat: 16.41m Christina Hillman/ Nickolette Du		
Assn: 13.09m 1987 Laura Kreiner		
1 680 Kounkel, Lauren	40-Unattache	
2 682 Lachacz, Kileigh	Dcg Track Cl	

**Event 242 Discus Throw 17-18 Division Women**

Name	Team	Seed Mark
Nat: 53.42m 7/9/1995 Suzy Powell		
Assn: 40.84m 1997 Stacey Anderson		
1 680 Kounkel, Lauren	40-Unattache	
2 682 Lachacz, Kileigh	Dcg Track Cl	
3 689 Peters, Lilly	40-Unattache	

**Event 246 Hammer Throw 17-18 Division Women**

Name	Team	Seed Mark
Nat: 55.80m 7/25/2014 Lena Gieger		
Assn: 29.14m 2018 Kaitlyn Gammon		
1 682 Lachacz, Kileigh	Dcg Track Cl	

**Event 258 Javelin Throw 17-18 Division Women**

Name	Team	Seed Mark
Nat: 52.30m 7/28/2011 Avionne Allgood		
Assn: 35.16m 2022 Laila Fisher		
1 672 Gonzalez, Kaiya	Central Iowa	
2 686 Mills, Ava	Jumper Athle	
3 693 Rucker, Nevaeh	Mississippi	
4 694 Smith, Bridgette	Mississippi	
5 695 Smith, Lillian	Jumper Athle	

**Event 280 Heptathlon 17-18 Division Women**

Name	Team	Points
Nat: 5365 7/25/2001 Diana Pickler		
Assn: 4218 2005 Lauren Lindaman		
1 672 Gonzalez, Kaiya	Central Iowa	
2 686 Mills, Ava	Jumper Athle	
3 695 Smith, Lillian	Jumper Athle	
4 702 Williams, Olivia	40-Unattache	

**Event 2 100 Meter Dash 8 & Under Division Men Prelims**

Name	Team	Seed Time
Nat: 13.53 7/28/2019 Kareem Knox II		
Assn: 14.63 2011 Aaron Smith		
1 52 Bolden, Johnathan	Central Iowa	
2 55 Cheek, Troy	I-Run	
3 56 Cousin, Chase	Tiger Track	
4 57 Dark, Miles	Tiger Track	
5 58 De Zwarte, Ryder	40-Unattache	
6 59 Dougherty, Roman	Valley Youth	
7 60 Faust, Thomas	Cedar Rapids	
8 62 Gaffney, Andrew	Cedar Rapids	
9 63 Griswold, Ryland	Mississippi	
10 64 Hall, Jayden	40-Unattache	
11 65 Handley, Majesty	Godspeed Tra	

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Name	Team	Seed Time
12 66 Hernandez, Carlos	I-Run	
13 67 Jackson, Kamden	Turbo Track	
14 68 Kenney, Nolan	Johnston Run	
15 70 Love, Logan	Waterloo Win	
16 71 ludwig, leo	Waukee TC	
17 76 Nelson, Tryce	Iowa Flyers	
18 77 Reed, Jehziah	40-Unattache	
19 78 Rivera Martinez, Yerai	Waterloo Win	
20 80 Stallman, Fenix	Cedar Rapids	
21 83 Vaxter, Jeremiah	Cedar Rapids	
22 84 Ventii, Allan	Central Iowa	
23 85 Washington, Draysen	Tiger Track	

**Event 14 200 Meter Dash 8 & Under Division Men Prelims**

Nat: 27.32 7/28/2018 Aiden Opore		Assn: 30.87 2005 Matthew Goodwin	
Name	Team	Seed Time	
1 52 Bolden, Johnathan	Central Iowa		
2 55 Cheek, Troy	I-Run		
3 56 Cousin, Chase	Tiger Track		
4 57 Dark, Miles	Tiger Track		
5 59 Dougherty, Roman	Valley Youth		
6 60 Faust, Thomas	Cedar Rapids		
7 64 Hall, Jayden	40-Unattache		
8 65 Handley, Majesty	Godspeed Tra		
9 67 Jackson, Kamden	Turbo Track		
10 68 Kenney, Nolan	Johnston Run		
11 70 Love, Logan	Waterloo Win		
12 71 ludwig, leo	Waukee TC		
13 77 Reed, Jehziah	40-Unattache		
14 78 Rivera Martinez, Yerai	Waterloo Win		
15 83 Vaxter, Jeremiah	Cedar Rapids		
16 84 Ventii, Allan	Central Iowa		
17 85 Washington, Draysen	Tiger Track		

**Event 26 400 Meter Dash 8 & Under Division Men**

Nat: 62.48 7/29/2018 Prentice Jones Jr		Assn: 70.16 2015 Preston Stensland	
Name	Team	Seed Time	
1 51 Anderson, Aaron	Iowa Flyers		
2 53 Borner, Chase	I-Run		
3 56 Cousin, Chase	Tiger Track		
4 57 Dark, Miles	Tiger Track		
5 59 Dougherty, Roman	Valley Youth		
6 61 Fedler, Lucas	40-Unattache		
7 64 Hall, Jayden	40-Unattache		
8 66 Hernandez, Carlos	I-Run		
9 67 Jackson, Kamden	Turbo Track		
10 68 Kenney, Nolan	Johnston Run		
11 70 Love, Logan	Waterloo Win		
12 77 Reed, Jehziah	40-Unattache		
13 78 Rivera Martinez, Yerai	Waterloo Win		
14 81 Tomey, Najm	Central Iowa		
15 82 Van Hauen, Jack	Iowa Flyers		

16 83 Vaxter, Jeremiah	Cedar Rapids
17 85 Washington, Draysen	Tiger Track

**Event 38 800 Meter Run 8 & Under Division Men**

Nat: 2:28.26 7/26/2019 Kahlael Allen		Assn: 2:41.14 2015 Preston Stensland	
Name	Team	Seed Time	
1 51 Anderson, Aaron	Iowa Flyers		
2 53 Borner, Chase	I-Run		
3 61 Fedler, Lucas	40-Unattache		
4 69 Laxton, Jett	I-Run		
5 79 Smiddy, Kinnick	High Voltage		
6 80 Stallman, Fenix	Cedar Rapids		
7 81 Tomey, Najm	Central Iowa		
8 82 Van Hauen, Jack	Iowa Flyers		

**Event 50 1500 Meter Run 8 & Under Division Men**

Nat: 5:02.37 7/28/2019 Victor Jaimez-Solorio		Assn: 5:40.75 2019 Jaxon Whitmire	
Name	Team	Seed Time	
1 79 Smiddy, Kinnick	High Voltage		
2 80 Stallman, Fenix	Cedar Rapids		
3 81 Tomey, Najm	Central Iowa		
4 82 Van Hauen, Jack	Iowa Flyers		

**Event 219 Long Jump 8 & Under Division Men**

Nat: 4.46m 7/28/2012 Kendrick Law		Assn: 3.86m 2011 Tamin Lipsey	
Name	Team	Seed Mark	
1 52 Bolden, Johnathan	Central Iowa		
2 54 Burrows, Cooper	I-Run		
3 55 Cheek, Troy	I-Run		
4 60 Faust, Thomas	Cedar Rapids		
5 66 Hernandez, Carlos	I-Run		
6 71 ludwig, leo	Waukee TC		
7 72 Mahnesmith, Lincoln	Solar Powere		
8 73 Morris-Riley, Gabriel	40-Unattache		
9 74 Morris-Riley, Ryker	40-Unattache		
10 76 Nelson, Tryce	Iowa Flyers		
11 84 Ventii, Allan	Central Iowa		

**Event 261 Shot Put 8 & Under Division Men**

Nat: 10.41m 7/28/2016 Xavier Muhammad		Assn: 7.35m 2019 Braylon Jackson	
Name	Team	Seed Mark	
1 54 Burrows, Cooper	I-Run		
2 58 De Zwarte, Ryder	40-Unattache		
3 63 Griswold, Ryland	Mississippi		
4 72 Mahnesmith, Lincoln	Solar Powere		
5 73 Morris-Riley, Gabriel	40-Unattache		
6 74 Morris-Riley, Ryker	40-Unattache		
7 75 Morton, Jett	40-Unattache		

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Performance List**Event 249 Javelin Throw 8 & Under Division Men**

Nat: 33.29m 7/25/2012 Maalik Murphy			
Assn: 19.84m 2013 Taylor Collins			
Name	Team	Seed	Mark
1	54 Burrows, Cooper	I-Run	
2	58 De Zwarte, Ryder	40-Unattache	
3	62 Gaffney, Andrew	Cedar Rapids	
4	63 Griswold, Ryland	Mississippi	
5	73 Morris-Riley, Gabriel	40-Unattache	
6	74 Morris-Riley, Ryker	40-Unattache	

**Event 4 100 Meter Dash 9-10 Division Men Prelims**

Nat: 11.69 6/5/2008 Darian Trout Brown			
Assn: 13.49 2007 Matthew Goodwin			
Name	Team	Seed	Time
1	172 Agbaje, Cyrus	Turbo Track	
2	173 Alexander, Aeson	Johnston Run	
3	174 Bennett, Jensen	Iowa Flyers	
4	175 Boone, Dylan	Mississippi	
5	176 Bova, Ryker	Mississippi	
6	177 Braddock, Tucker	Boone Runnin	
7	178 Buchan, Darian	Ankeny Track	
8	179 Cameron, Jayden	40-Unattache	
9	180 Clark Jr., Zachery	Tiger Track	
10	182 Crawford, Kamren	I-Run	
11	184 De Zwarte Jr., Rylee	40-Unattache	
12	228 Edward, Kemarious	Tiger Track	
13	187 Fitz, Beckem	Waukee TC	
14	190 Gjerde, Brevyn	Turbo Track	
15	191 Graham, Maxon	Boone Runnin	
16	195 Gustafson, Isaac	Valley Youth	
17	197 Harris, Jace	Central Iowa	
18	229 Ingram, Miyah	40-Unattache	
19	198 Irvin, Brooks	Waukee TC	
20	199 Keiser, Rex	Valley Youth	
21	202 Knudsen, Graysen	Cedar Rapids	
22	203 Koepp, Spencer	Valley Youth	
23	207 Love, Landon	Waterloo Win	
24	208 Makinde, Giancarlo	Tiger Track	
25	209 Marion, Mykell	40-Unattache	
26	210 McKenny, Patrick	Boone Runnin	
27	211 Morgan-Clay, Terriq	Mississippi	
28	213 Mullen, Huck	Turbo Track	
29	219 Titus, Cael	Turbo Track	
30	223 Valentine, Kinnick	Turbo Track	
31	225 Vela, Axel	Central Iowa	
32	226 Walker'Baruth, Alijah	Tiger Track	

**Event 16 200 Meter Dash 9-10 Division Men Prelims**

Nat: 25.64 7/28/2018 Rhoan Kaulder II			
Assn: 27.30 2007 Matthew Goodwin			
Name	Team	Seed	Time
1	172 Agbaje, Cyrus	Turbo Track	
2	173 Alexander, Aeson	Johnston Run	
3	174 Bennett, Jensen	Iowa Flyers	

4	175 Boone, Dylan	Mississippi	
5	176 Bova, Ryker	Mississippi	
6	178 Buchan, Darian	Ankeny Track	
7	179 Cameron, Jayden	40-Unattache	
8	180 Clark Jr., Zachery	Tiger Track	
9	184 De Zwarte Jr., Rylee	40-Unattache	
10	228 Edward, Kemarious	Tiger Track	
11	187 Fitz, Beckem	Waukee TC	
12	190 Gjerde, Brevyn	Turbo Track	
13	191 Graham, Maxon	Boone Runnin	
14	195 Gustafson, Isaac	Valley Youth	
15	197 Harris, Jace	Central Iowa	
16	229 Ingram, Miyah	40-Unattache	
17	198 Irvin, Brooks	Waukee TC	
18	202 Knudsen, Graysen	Cedar Rapids	
19	203 Koepp, Spencer	Valley Youth	
20	205 Laehn, August	40-Unattache	
21	207 Love, Landon	Waterloo Win	
22	208 Makinde, Giancarlo	Tiger Track	
23	209 Marion, Mykell	40-Unattache	
24	211 Morgan-Clay, Terriq	Mississippi	
25	213 Mullen, Huck	Turbo Track	
26	214 Parker Jr., Detavious	Cedar Rapids	
27	215 Pritchard, Ethan	Boone Runnin	
28	218 Sandersfeld, Quinlan	Johnston Run	
29	225 Vela, Axel	Central Iowa	
30	226 Walker'Baruth, Alijah	Tiger Track	
31	227 Wirtz, Bentlee	Boone Runnin	

**Event 28 400 Meter Dash 9-10 Division Men**

Nat: 58.31 7/9/2017 Brandon Leacock			
Assn: 65.12 2013 Aaron Smith			
Name	Team	Seed	Time
1	171 Adams, Luke	Johnston Run	
2	174 Bennett, Jensen	Iowa Flyers	
3	176 Bova, Ryker	Mississippi	
4	177 Braddock, Tucker	Boone Runnin	
5	179 Cameron, Jayden	40-Unattache	
6	180 Clark Jr., Zachery	Tiger Track	
7	183 Dak, Kendrick	Waukee TC	
8	228 Edward, Kemarious	Tiger Track	
9	186 Eggers, Isaiah	Johnston Run	
10	187 Fitz, Beckem	Waukee TC	
11	196 Hardin, Elliot	Johnston Run	
12	203 Koepp, Spencer	Valley Youth	
13	204 Kult, Brycen	Ankeny Track	
14	206 Lee, Carter	Central Iowa	
15	207 Love, Landon	Waterloo Win	
16	208 Makinde, Giancarlo	Tiger Track	
17	209 Marion, Mykell	40-Unattache	
18	211 Morgan-Clay, Terriq	Mississippi	
19	214 Parker Jr., Detavious	Cedar Rapids	
20	215 Pritchard, Ethan	Boone Runnin	
21	218 Sandersfeld, Quinlan	Johnston Run	
22	219 Titus, Cael	Turbo Track	
23	220 Tomas, Kasen	40-Unattache	

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Performance List**Event 28 ... (400 Meter Dash 9-10 Division Men)**

Name	Team	Seed Time
24 221 Tomey II, Zachary	Central Iowa	
25 225 Vela, Axel	Central Iowa	
26 226 Walker'Baruth, Alijah	Tiger Track	
27 227 Wirtz, Bentlee	Boone Runnin	

**Event 40 800 Meter Run 9-10 Division Men**

Nat: 2:18.51 7/29/2017 Brandon Leacock		
Assn: 2:26.61 2016 Preston Stensland		
Name	Team	Seed Time
1 171 Adams, Luke	Johnston Run	
2 181 Cole, Zaden	Valley Youth	
3 183 Dak, Kendrick	Waukee TC	
4 185 Deitrick, Jamison	Mvp Track &	
5 186 Eggers, Isaiah	Johnston Run	
6 192 Griebel, Brooks	Bellevue Ste	
7 196 Hardin, Elliot	Johnston Run	
8 200 Kelderman, Henry	Central Iowa	
9 201 Keraus, Aiden	Johnston Run	
10 204 Kult, Brycen	Ankeny Track	
11 205 Laehn, August	40-Unattache	
12 216 Quann, Thomas	Valley Youth	
13 218 Sandersfeld, Quinlan	Johnston Run	
14 221 Tomey II, Zachary	Central Iowa	

**Event 52 1500 Meter Run 9-10 Division Men**

Nat: 4:38.62 7/30/2017 Daniel Skandera		
Assn: 4:58.90 2017 Preston Stensland		
Name	Team	Seed Time
1 171 Adams, Luke	Johnston Run	
2 181 Cole, Zaden	Valley Youth	
3 185 Deitrick, Jamison	Mvp Track &	
4 200 Kelderman, Henry	Central Iowa	
5 201 Keraus, Aiden	Johnston Run	
6 204 Kult, Brycen	Ankeny Track	
7 205 Laehn, August	40-Unattache	
8 216 Quann, Thomas	Valley Youth	
9 222 Treloar, Ashton	Valley Youth	

**Event 93 4x100 Meter Relay 9-10 Division Men**

Nat: 51.47 6/22/2019 Tri City Jaguars TC		
D Wasson, B Harris Jr, P Jones Jr, R Gardner		
Assn: 58.57 2000 Fort Dodge Comets		
Team	Relay	Seed Time
1 Bellevue Ste	A	
1) #194 Gunnelson, Dash		
2 Turbo Track	A	
1) #190 Gjerde, Brevyn	2) #223 Valentine, Kinnick	
3) #172 Agbaje, Cyrus	4) #213 Mullen, Huck	

**Event 107 4x400 Meter Relay 9-10 Division Men**

Nat: 4:06.96 7/28/2019 Tri City Jaguars TC		
D Wasson, B Harris Jr, P Jones Jr, R Gardner		
Assn: 4:50.14 2002 Des Moines Velocity		
Team	Relay	Seed Time
1 Bellevue Ste	A	
1) #194 Gunnelson, Dash		

**Event 203 High Jump 9-10 Division Men**

Nat: 1.60m 6/13/2010 Sean Lee		
Assn: 1.35m 2019 Chase McNaughton/Robert Kam		
Name	Team	Seed Mark
1 200 Kelderman, Henry	Central Iowa	
2 220 Tomas, Kasen	40-Unattache	

**Event 221 Long Jump 9-10 Division Men**

Nat: 5.08m 7/27/2014 Kendrick Law		
Assn: 4.85m 2013 Tamin Lipsey		
Name	Team	Seed Mark
1 177 Braddock, Tucker	Boone Runnin	
2 178 Buchan, Darian	Ankeny Track	
3 182 Crawford, Kamren	I-Run	
4 184 De Zwarte Jr., Rylee	40-Unattache	
5 185 Deitrick, Jamison	Mvp Track &	
6 194 Gunnelson, Dash	Bellevue Ste	
7 229 Ingram, Miyah	40-Unattache	
8 198 Irvin, Brooks	Waukee TC	
9 199 Keiser, Rex	Valley Youth	
10 202 Knudsen, Graysen	Cedar Rapids	
11 210 McKenny, Patrick	Boone Runnin	
12 215 Pritchard, Ethan	Boone Runnin	
13 223 Valentine, Kinnick	Turbo Track	
14 227 Wirtz, Bentlee	Boone Runnin	

**Event 263 Shot Put 9-10 Division Men**

Nat: 13.40m 7/28/2012 Dylan Carter		
Assn: 9.05m 2009 Nicholas Phelps		
Name	Team	Seed Mark
1 188 Fitzpatrick, Lucas	I-Run	
2 191 Graham, Maxon	Boone Runnin	
3 206 Lee, Carter	Central Iowa	
4 210 McKenny, Patrick	Boone Runnin	
5 212 Morton, Rocco	40-Unattache	
6 217 Rosel, Nathan	Waukee TC	
7 220 Tomas, Kasen	40-Unattache	
8 221 Tomey II, Zachary	Central Iowa	
9 224 Van Niewaal, Oakley	I-Run	

**Event 251 Javelin Throw 9-10 Division Men**

Nat: 44.18m 7/27/2016 Eugene Brooks IV		
Assn: 28.69m 2021 Braylon Jackson		
Name	Team	Seed Mark
1 188 Fitzpatrick, Lucas	I-Run	
2 189 Gaffney, Peter	Cedar Rapids	
3 193 Griebel, Gentry	Bellevue Ste	
4 206 Lee, Carter	Central Iowa	

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## Event 251 ... (Javelin Throw 9-10 Division Men)

Name	Team	Seed Mark
5 217 Rosel, Nathan	Waukee TC	
6 224 Van Niewaal, Oakley	I-Run	

## Event 273 Triathlon 9-10 Division Men

Name	Team	Points
Nat: 1236 7/24/2012 Ashton Allen		
Assn: 570 2013 Koah Thompson		
Name	Team	Points
1 178 Buchan, Darian	Ankeny Track	
2 185 Deitrick, Jamison	Mvp Track &	
3 194 Gunnelson, Dash	Bellevue Ste	
4 200 Kelderman, Henry	Central Iowa	
5 220 Tomas, Kasen	40-Unattache	
6 221 Tomey II, Zachary	Central Iowa	

## Event 6 100 Meter Dash 11-12 Division Men Prelims

Name	Team	Seed Time
Nat: 11.64 7/26/2009 Bryce Love		
Assn: 12.40 1990 David Ferguson		
Name	Team	Seed Time
1 321 Agbaje, Elijah	Turbo Track	
2 324 Asada, Rocco	Waukee TC	
3 326 Beardsley, Kyler	Cedar Rapids	
4 327 Bellinger, Lucas	Iowa Flyers	
5 329 Bruchhaus, Nathan	Waukee TC	
6 334 Eichmeier, Boston	Turbo Track	
7 335 Goes, Carter	Waukee TC	
8 336 Graham, Lukas	I-Run	
9 338 Grimm, Gavin	40-Unattache	
10 340 Hall-Berry, Jefferson	40-Unattache	
11 341 Harms, Brody	Cedar Rapids	
12 342 Henlon Jr, Brandon	Johnston Run	
13 343 Hines, Mason	Turbo Track	
14 345 Jackson, Taytum	Turbo Track	
15 314 Johnson, Jabari	40-Unattache	
16 348 Koeppe, Colin	Valley Youth	
17 349 Kubik, Grant	Boone Runnin	
18 350 Lawrance, Cade	Tiger Track	
19 353 Love, Michael	Iowa Flyers	
20 354 Ludwig, Walker	Waukee TC	
21 356 Majors, Blake	Boone Runnin	
22 360 Nelson, Emmett	Turbo Track	
23 361 Orna, Evan	Johnston Run	
24 362 Ostert, Ian	40-Unattache, M	
25 365 Praljak, Luka	Turbo Track	
26 367 Sarin, Tyler	Turbo Track	
27 368 Schaaf, Andrew	40-Unattache	
28 371 simmons, chance	Central Iowa	
29 372 Spellman, Ziggy	Central Iowa	
30 376 Tensley, Jakobe	Mississippi	
31 379 Walker'Baruth, Azayv	Tiger Track	

## Event 18 200 Meter Dash 11-12 Division Men Prelims

Name	Team	Seed Time
Nat: 23.34 7/27/2016 Thomas Williams II		
Assn: 25.06 1996 Jovon McGruder		
Name	Team	Seed Time
1 321 Agbaje, Elijah	Turbo Track	
2 326 Beardsley, Kyler	Cedar Rapids	
3 327 Bellinger, Lucas	Iowa Flyers	
4 329 Bruchhaus, Nathan	Waukee TC	
5 331 Casillas, Adrian	40-Unattache	
6 332 Casillas, Alexi	40-Unattache	
7 334 Eichmeier, Boston	Turbo Track	
8 335 Goes, Carter	Waukee TC	
9 340 Hall-Berry, Jefferson	40-Unattache	
10 341 Harms, Brody	Cedar Rapids	
11 343 Hines, Mason	Turbo Track	
12 345 Jackson, Taytum	Turbo Track	
13 314 Johnson, Jabari	40-Unattache	
14 347 Kanis, Grayson	Pella Track	
15 348 Koeppe, Colin	Valley Youth	
16 350 Lawrance, Cade	Tiger Track	
17 353 Love, Michael	Iowa Flyers	
18 354 Ludwig, Walker	Waukee TC	
19 357 Marion, Maxwell	40-Unattache	
20 360 Nelson, Emmett	Turbo Track	
21 361 Orna, Evan	Johnston Run	
22 365 Praljak, Luka	Turbo Track	
23 367 Sarin, Tyler	Turbo Track	
24 368 Schaaf, Andrew	40-Unattache	
25 371 simmons, chance	Central Iowa	
26 372 Spellman, Ziggy	Central Iowa	
27 376 Tensley, Jakobe	Mississippi	
28 378 Wagner, Nathan	Turbo Track	
29 379 Walker'Baruth, Azayv	Tiger Track	

## Event 30 400 Meter Dash 11-12 Division Men

Name	Team	Seed Time
Nat: 50.75 8/2/2009 Bryce Love		
Assn: 56.52 2009 Joe Gorshee		
Name	Team	Seed Time
1 327 Bellinger, Lucas	Iowa Flyers	
2 328 Bloyer, Levi	Turbo Track	
3 339 Griswold, Drake	Mississippi	
4 340 Hall-Berry, Jefferson	40-Unattache	
5 314 Johnson, Jabari	40-Unattache	
6 348 Koeppe, Colin	Valley Youth	
7 350 Lawrance, Cade	Tiger Track	
8 356 Majors, Blake	Boone Runnin	
9 357 Marion, Maxwell	40-Unattache	
10 361 Orna, Evan	Johnston Run	
11 369 Scheckel, Cyrus	Cedar Rapids	
12 370 Schoepfner, William	Waukee TC	
13 371 simmons, chance	Central Iowa	
14 373 Stolley, Tate	Cedar Rapids	
15 374 Stone, Emeric	Mvp Track &	
16 376 Tensley, Jakobe	Mississippi	
17 379 Walker'Baruth, Azayv	Tiger Track	



## 2023 USATF Iowa Association Youth Championship - 6/17/2023 to 6/18/2023

Ames High School Track  
Performance List**Event 30 ... (400 Meter Dash 11-12 Division Men)**

Name	Team	Seed Time
18 380 Willis, Nile	Johnston Run	

**Event 42 800 Meter Run 11-12 Division Men**

Nat: 2:05.42 7/26/2014 Brandon Miller		
Assn: 2:15.10 2009 Joe Gorshee		
Name	Team	Seed Time
1 325 Barney, Cole	Johnston Run	
2 333 Craig, Teddy	Waukee TC	
3 337 Greenwood, Marcus	40-Unattache	
4 339 Griswold, Drake	Mississippi	
5 347 Kanis, Grayson	Pella Track	
6 351 Lloyd, Brody	Waukee TC	
7 357 Marion, Maxwell	40-Unattache	
8 363 Payton, James	Iowa Flyers	
9 364 Peterson, Carter	Mississippi	
10 369 Scheckel, Cyrus	Cedar Rapids	
11 374 Stone, Emeric	Mvp Track &	
12 380 Willis, Nile	Johnston Run	
13 381 Witmer, Kelvin	Cedar Rapids	

**Event 54 1500 Meter Run 11-12 Division Men**

Nat: 4:22.05 7/29/2012 Coleman Mitchell		
Assn: 4:40.32 2019 Preston Stensland		
Name	Team	Seed Time
1 325 Barney, Cole	Johnston Run	
2 333 Craig, Teddy	Waukee TC	
3 337 Greenwood, Marcus	40-Unattache	
4 339 Griswold, Drake	Mississippi	
5 351 Lloyd, Brody	Waukee TC	
6 363 Payton, James	Iowa Flyers	
7 364 Peterson, Carter	Mississippi	
8 366 Quann, Brendan	Valley Youth	
9 369 Scheckel, Cyrus	Cedar Rapids	
10 373 Stolley, Tate	Cedar Rapids	
11 374 Stone, Emeric	Mvp Track &	
12 381 Witmer, Kelvin	Cedar Rapids	

**Event 62 3000 Meter Run 11-12 Division Men**

Nat: 9:38.52 8/1/1998 Chris Dominic		
Assn: 10:26.14 2005 Mitch Wink		
Name	Team	Seed Time
1 325 Barney, Cole	Johnston Run	
2 337 Greenwood, Marcus	40-Unattache	
3 363 Payton, James	Iowa Flyers	
4 364 Peterson, Carter	Mississippi	
5 366 Quann, Brendan	Valley Youth	

**Event 79 80 Meter Hurdles 11-12 Division Men Prelims**

Nat: 11.74 7/26/1997 Kemmy Lambe		
Assn: 12.60 2015 Tamin Lipsey		
Name	Team	Seed Time
1 331 Casillas, Adrian	40-Unattache	
2 332 Casillas, Alexi	40-Unattache	
3 344 Jackson, Braylon	Central Iowa	
4 352 Lofstedt, Griffin	Iowa Flyers	

5 375 Tenges, Bentley	I-Run
6 377 Thede, Dylan	Waukee TC

**Event 97 4x100 Meter Relay 11-12 Division Men**

Nat: 47.54 7/15/2004 Dallas Blade		
M Surrell, M Smith, B Malena, D Patterson		
Assn: 52.81 2005 Des Moines Velocity		
Team	Relay	Seed Time
1 Turbo Track	A	
1) #367 Sarin, Tyler	2) #334 Eichmeier, Boston	
3) #328 Bloyer, Levi	4) #345 Jackson, Taytum	
2 Turbo Track	B	
1) #360 Nelson, Emmett	2) #321 Agbaje, Elijah	
3) #343 Hines, Mason	4) #365 Praljak, Luka	

**Event 205 High Jump 11-12 Division Men**

Nat: 1.76m 7/22/2012 Sean Lee		
Assn: 1.52m 2013 Taiman Lipsey/Nathan Ludwig		
Name	Team	Seed Mark
1 351 Lloyd, Brody	Waukee TC	
2 352 Lofstedt, Griffin	Iowa Flyers	
3 355 Mahnesmith, Cooper	Solar Powere	
4 377 Thede, Dylan	Waukee TC	
5 378 Wagner, Nathan	Turbo Track	
6 381 Witmer, Kelvin	Cedar Rapids	

**Event 223 Long Jump 11-12 Division Men**

Nat: 5.92m 1974 Anthony Gibson		
Assn: 5.06m 2022 Jared Bond		
Name	Team	Seed Mark
1 324 Asada, Rocco	Waukee TC	
2 328 Bloyer, Levi	Turbo Track	
3 331 Casillas, Adrian	40-Unattache	
4 332 Casillas, Alexi	40-Unattache	
5 336 Graham, Lukas	I-Run	
6 341 Harms, Brody	Cedar Rapids	
7 349 Kubik, Grant	Boone Runnin	
8 354 Ludwig, Walker	Waukee TC	
9 355 Mahnesmith, Cooper	Solar Powere	
10 356 Majors, Blake	Boone Runnin	
11 358 McDonald, Kai	Cedar Rapids	
12 368 Schaaf, Andrew	40-Unattache	
13 372 Spellman, Ziggy	Central Iowa	
14 378 Wagner, Nathan	Turbo Track	

**Event 265 Shot Put 11-12 Division Men**

Nat: 16.42m 7/23/2014 Dylan Carter		
Assn: 13.22m 2001 Ryan Lamparek		
Name	Team	Seed Mark
1 322 Anderson, Brecken	Pella Track	
2 330 Buchan, Jude	Ankeny Track	
3 382 De Silva, Jaden	40-Unattache	
4 344 Jackson, Braylon	Central Iowa	
5 346 Jensen, Miles	Cedar Rapids	
6 375 Tenges, Bentley	I-Run	

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Ames High School Track  
Performance List**Event 237 Discus Throw 11-12 Division Men**

Nat: 48.65m 6/19/1982 Michael Stubblefield		
Assn: 34.54m 1998 Travis Senters		
Name	Team	Seed Mark
1	322 Anderson, Brecken	Pella Track
2	323 Anderson, Ryker	Pella Track
3	330 Buchan, Jude	Ankeny Track
4	342 Henlon Jr, Brandon	Johnston Run
5	344 Jackson, Braylon	Central Iowa
6	346 Jensen, Miles	Cedar Rapids

**Event 253 Javelin Throw 11-12 Division Men**

Nat: 41.95m 7/28/2017 Max Berger		
Assn: 26.54m 2021 Nathaniel Kozickowski		
Name	Team	Seed Mark
1	324 Asada, Rocco	Waukee TC
2	382 De Silva, Jaden	40-Unattache
3	346 Jensen, Miles	Cedar Rapids
4	358 McDonald, Kai	Cedar Rapids
5	375 Tenges, Bentley	I-Run

**Event 275 Outdoor Pentathlon 11-12 Division Men**

Nat: 2915 6/26/2013 Caleb Robertson		
Assn: 2546 2015 Tamin Lipsey		
Name	Team	Points
1	344 Jackson, Braylon	Central Iowa
2	351 Lloyd, Brody	Waukee TC
3	355 Mahnesmith, Cooper	Solar Powere
4	359 Miller, Malik	Central Iowa
5	374 Stone, Emeric	Mvp Track &
6	375 Tenges, Bentley	I-Run

**Event 8 100 Meter Dash 13-14 Division Men Prelims**

Nat: 10.73 7/9/2011 Bryce Love		
Assn: 11.24 1998 Jovan McGruder/Doug Miller		
Name	Team	Seed Time
1	483 Alexander, Joseph	Valley Youth
2	488 Bond, Jared	Ankeny Track
3	491 Brodersen, Alec	Cedar Rapids
4	492 Cole, James	Turbo Track
5	493 Cox, Kiptyn	Tiger Track
6	495 Daggs, Bodhin	Valley Youth
7	497 Deutsch, Jackson	Mvp Track &
8	499 Edens, Tristan	Valley Youth
9	504 Hall-Berry, Pierce	40-Unattache
10	506 Harris, Kamarii	Mississippi
11	507 Hodge-Talbert, Julius	Mississippi
12	509 Kanis, Zander	Pella Track
13	511 Kettler, Owen	Pella Track
14	512 Knox, Mason	Valley Youth
15	514 Koos, Owen	Ankeny Track
16	518 Lenderman, Kayden	Impactt Athl
17	520 Ludwig, Griffin	Waukee TC
18	524 Merrick, Miguel	Central Iowa
19	525 Middleton, Royce	40-Unattache
20	527 Naert, James	Turbo Track

21	528 Nicolino, Julian	Central Iowa
22	533 Richardson, Caden	Iowa Flyers
23	535 Sexton, Graham	Mississippi
24	538 Soulinthavong, Jamar	Central Iowa
25	545 Thomas, Kayden	Xlr8 Iowa TR
26	546 Tokheim, Davis	Johnston Run
27	547 Tournier, Tysean	Tiger Track
28	548 Vela, Dean	Central Iowa

**Event 20 200 Meter Dash 13-14 Division Men Prelims**

Nat: 21.77 7/30/2016 Ashton Allen		
Assn: 22.59 1998 Jovan McGruder		
Name	Team	Seed Time
1	482 Adams Jr., Mark	Central Iowa
2	483 Alexander, Joseph	Valley Youth
3	486 Boeding, Brennon	Mississippi
4	491 Brodersen, Alec	Cedar Rapids
5	493 Cox, Kiptyn	Tiger Track
6	497 Deutsch, Jackson	Mvp Track &
7	499 Edens, Tristan	Valley Youth
8	500 Edwards, Jarin	Cedar Rapids
9	501 Figgs, Trey	Mississippi
10	504 Hall-Berry, Pierce	40-Unattache
11	506 Harris, Kamarii	Mississippi
12	507 Hodge-Talbert, Julius	Mississippi
13	512 Knox, Mason	Valley Youth
14	514 Koos, Owen	Ankeny Track
15	518 Lenderman, Kayden	Impactt Athl
16	520 Ludwig, Griffin	Waukee TC
17	524 Merrick, Miguel	Central Iowa
18	525 Middleton, Royce	40-Unattache
19	527 Naert, James	Turbo Track
20	528 Nicolino, Julian	Central Iowa
21	531 Peterson Jr., Chris	40-Unattache
22	533 Richardson, Caden	Iowa Flyers
23	535 Sexton, Graham	Mississippi
24	537 Soderholm, Hudson	Valley Youth
25	538 Soulinthavong, Jamar	Central Iowa
26	545 Thomas, Kayden	Xlr8 Iowa TR
27	546 Tokheim, Davis	Johnston Run
28	547 Tournier, Tysean	Tiger Track
29	548 Vela, Dean	Central Iowa

**Event 32 400 Meter Dash 13-14 Division Men**

Nat: 47.16 8/1/1993 W.Obea Moore		
Assn: 53.03 2011 Joe Gorsche		
Name	Team	Seed Time
1	482 Adams Jr., Mark	Central Iowa
2	486 Boeding, Brennon	Mississippi
3	491 Brodersen, Alec	Cedar Rapids
4	492 Cole, James	Turbo Track
5	493 Cox, Kiptyn	Tiger Track
6	495 Daggs, Bodhin	Valley Youth
7	500 Edwards, Jarin	Cedar Rapids
8	501 Figgs, Trey	Mississippi
9	504 Hall-Berry, Pierce	40-Unattache

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Ames High School Track  
Performance List

## Event 32 ... (400 Meter Dash 13-14 Division Men)

Name	Team	Seed Time
10 506 Harris, Kamarii	Mississippi	
11 507 Hodge-Talbert, Julius	Mississippi	
12 512 Knox, Mason	Valley Youth	
13 516 Larson, Samuel	I-Run	
14 517 Lee IV, Frank	Central Iowa	
15 518 Lenderman, Kayden	Impactt Athl	
16 521 Martinez, Chase	I-Run	
17 522 Martinez, Max	I-Run	
18 525 Middleton, Royce	40-Unattache	
19 528 Nicolino, Julian	Central Iowa	
20 531 Peterson Jr., Chris	40-Unattache	
21 532 Pitts, Mason	Bellevue Ste	
22 535 Sexton, Graham	Mississippi	
23 539 Stevenson Jr., Ryan	Central Iowa	
24 542 Swift, Ethan	Mississippi	
25 545 Thomas, Kayden	Xlr8 Iowa TR	
26 547 Tournier, Tysean	Tiger Track	
27 548 Vela, Dean	Central Iowa	

## Event 44 800 Meter Run 13-14 Division Men

Nat: 1:55.00 7/30/2016 Erick Steward		
Assn: 2:05.33 2011 Joe Gorsche		
Name	Team	Seed Time
1 481 Adams, Cooper	Cedar Rapids	
2 484 Backstrom, Grant	Tiger Track	
3 486 Boeding, Brennon	Mississippi	
4 490 Briggs, Cooper	Johnston Run	
5 496 Davidson, Noah	Johnston Run	
6 498 Dodson, Maddox	Boone Runnin	
7 499 Edens, Tristan	Valley Youth	
8 509 Kanis, Zander	Pella Track	
9 513 Kokjohn, Colton	Waukee TC	
10 516 Larson, Samuel	I-Run	
11 517 Lee IV, Frank	Central Iowa	
12 519 Lillie, Evan	High Voltage	
13 521 Martinez, Chase	I-Run	
14 523 McDowell, Caden	Central Iowa	
15 530 Perrigo, Nelsen	Valley Youth	
16 543 Taylor, John	Mvp Track &	

## Event 56 1500 Meter Run 13-14 Division Men

Nat: 4:04.72 7/10/1983 Jason Lienau		
Assn: 4:18.79 2021 Jaden Merrick		
Name	Team	Seed Time
1 484 Backstrom, Grant	Tiger Track	
2 487 Bolles, Caleb	Iowa Flyers	
3 489 Borner, Tyler	I-Run	
4 490 Briggs, Cooper	Johnston Run	
5 496 Davidson, Noah	Johnston Run	
6 508 Hoffman, Treyton	Cedar Rapids	
7 510 Kerndt, Noah	Deg Track Cl	
8 513 Kokjohn, Colton	Waukee TC	
9 519 Lillie, Evan	High Voltage	
10 523 McDowell, Caden	Central Iowa	

11 530 Perrigo, Nelsen	Valley Youth
12 540 Stevermer, Zachary	Iowa Flyers
13 541 Stolley, Tristan	Cedar Rapids
14 543 Taylor, John	Mvp Track &

## Event 66 3000 Meter Run 13-14 Division Men

Nat: 8:56.93 6/8/2012 Phillip Rocha		
Assn: 9:18.28 2021 Jaden Merrick		
Name	Team	Seed Time
1 487 Bolles, Caleb	Iowa Flyers	
2 489 Borner, Tyler	I-Run	
3 490 Briggs, Cooper	Johnston Run	
4 496 Davidson, Noah	Johnston Run	
5 510 Kerndt, Noah	Dcg Track Cl	
6 519 Lillie, Evan	High Voltage	
7 540 Stevermer, Zachary	Iowa Flyers	
8 543 Taylor, John	Mvp Track &	

## Event 76 100 Meter Hurdles 13-14 Division Men Prelims

Nat: 12.82 7/29/2018 Xavier Smith		
Assn: 13.28 2017 Tamin Lipsey		
Name	Team	Seed Time
1 483 Alexander, Joseph	Valley Youth	
2 485 Bergkamp, Josh	Central Iowa	
3 505 Hanfelt, Gavin	Ankeny Track	
4 520 Ludwig, Griffin	Waukee TC	
5 529 O'Halloran, Benjamin	Pella Track	
6 532 Pitts, Mason	Bellevue Ste	
7 537 Soderholm, Hudson	Valley Youth	
8 544 Terhark, Alexander	Johnston Run	

## Event 85 200 Meter Hurdles 13-14 Division Men

Nat: 23.90 7/27/2016 Sean Burrell		
Assn: 24.91 1987 Doug Dodd		
Name	Team	Seed Time
1 485 Bergkamp, Josh	Central Iowa	
2 505 Hanfelt, Gavin	Ankeny Track	
3 532 Pitts, Mason	Bellevue Ste	
4 537 Soderholm, Hudson	Valley Youth	
5 542 Swift, Ethan	Mississippi	

## Event 392 2000 Meter Steeplechase 13-14 Division Men

Name	Team	Seed Time
1 530 Perrigo, Nelsen	Valley Youth	

## Event 99 4x100 Meter Relay 13-14 Division Men

Nat: 43.25 8/3/2003 Florida Elite TC		
Assn: 47.64 2006 Track Iowa		
Team	Relay	Seed Time
1 Mississippi	A	
1) #506 Harris, Kamarii	2) #535 Sexton, Graham	
3) #507 Hodge-Talbert, Julius	4) #501 Figgs, Trey	

## 2023 USATF Iowa Association Youth Championship - 6/17/2023 to 6/18/2023

Ames High School Track  
Performance List**Event 121 4x800 Meter Relay 13-14 Division Men**

Nat: 8:23.70 7/27/2016 Pacific Coast Shock Waves

A Andraus, R Chavez, T Granillo, E Steward

Assn: 9:00.26 2002 CVTC/Mason City

Team	Relay	Seed Time
1 Central Iowa	A	
1) #485 Bergkamp, Josh	2) #523 McDowell, Caden	
3) #539 Stevenson Jr., Ryan	4) #517 Lee IV, Frank	

**Event 207 High Jump 13-14 Division Men**

Nat: 2.00m 7/30/2016 Trey Tinfinger

Assn: 1.84m 2000 Jaron Van Maanen

Name	Team	Seed Mark
1 483 Alexander, Joseph	Valley Youth	
2 485 Bergkamp, Josh	Central Iowa	
3 517 Lee IV, Frank	Central Iowa	
4 522 Martinez, Max	I-Run	

**Event 225 Long Jump 13-14 Division Men**

Nat: 7.02m 1976 Anthony Gibson

Assn: 6.03m 1991 Doug Miller

Name	Team	Seed Mark
1 482 Adams Jr., Mark	Central Iowa	
2 488 Bond, Jared	Ankeny Track	
3 499 Edens, Tristan	Valley Youth	
4 500 Edwards, Jarin	Cedar Rapids	
5 501 Figgs, Trey	Mississippi	
6 509 Kanis, Zander	Pella Track	
7 511 Kettler, Owen	Pella Track	
8 520 Ludwig, Griffin	Waukee TC	
9 521 Martinez, Chase	I-Run	
10 522 Martinez, Max	I-Run	
11 524 Merrick, Miguel	Central Iowa	
12 527 Naert, James	Turbo Track	
13 531 Peterson Jr., Chris	40-Unattache	
14 546 Tokheim, Davis	Johnston Run	

**Event 267 Shot Put 13-14 Division Men**

Nat: 18.80m 8/1/2016 Trey Knight

Assn: 15.28m 2013 Matthew Webner

Name	Team	Seed Mark
1 494 Curtis, Aiden	I-Run	
2 503 Frank, Jackson	Mississippi	
3 505 Hanfelt, Gavin	Ankeny Track	
4 526 Morton, Beau	40-Unattache	
5 534 Rucker, Naszir	Mississippi	
6 536 Smith, Ross	40-Unattache	

**Event 239 Discus Throw 13-14 Division Men**

Nat: 62.48m 7/28/2013 Nolan Van Amen

Assn: 49.25m 1987 Allan Walz

Name	Team	Seed Mark
1 494 Curtis, Aiden	I-Run	
2 498 Dodson, Maddox	Boone Runnin	
3 503 Frank, Jackson	Mississippi	
4 505 Hanfelt, Gavin	Ankeny Track	

5 526 Morton, Beau	40-Unattache
6 534 Rucker, Naszir	Mississippi
7 536 Smith, Ross	40-Unattache

**Event 255 Javelin Throw 13-14 Division Men**

Nat: 59.63m 6/7/2008 Adam Sparks

Assn: 45.16m 2016 Drake Woody

Name	Team	Seed Mark
1 494 Curtis, Aiden	I-Run	
2 502 Fleischman, Joseph	Valley Youth	
3 515 Koziczkowski, Nathar	Xlr8 Iowa TR	
4 516 Larson, Samuel	I-Run	
5 529 O'Halloran, Benjamin	Pella Track	
6 534 Rucker, Naszir	Mississippi	
7 536 Smith, Ross	40-Unattache	
8 546 Tokheim, Davis	Johnston Run	

**Event 277 Outdoor Pentathlon 13-14 Division Men**

Nat: 3548 7/29/2009 Joseph Delgado

Assn: 3304 2017 Tamin Lipsey

Name	Team	Points
1 485 Bergkamp, Josh	Central Iowa	
2 517 Lee IV, Frank	Central Iowa	
3 529 O'Halloran, Benjamin	Pella Track	

**Event 10 100 Meter Dash 15-16 Division Men Prelims**

Nat: 10.49 7/26/2017 Kennedy Lightner

Assn: 10.95 2002 Terry Gantt

Name	Team	Seed Time
1 614 Armstrong, Jeremiah	Tornado Trac	
2 615 Bernstine, Xavier	Central Iowa	
3 618 Dinh, Kolby	Tornado Trac	
4 620 Forkpa, Jimelle	Mississippi	
5 621 Fulton, Eddie	Central Iowa	
6 631 Kunze, Connor	Turbo Track	
7 633 Larson, Sawyer	Jumper Athle	
8 648 Ledoux, Camron	Tiger Track	
9 642 Riley, Kaizer	Mississippi	
10 643 Saenz, Renzo	Tornado Trac	
11 646 Tour, Steve	Tornado Trac	
12 647 Vanavasam, Kushal	Cedar Rapids	

**Event 22 200 Meter Dash 15-16 Division Men Prelims**

Nat: 20.85 7/28/2018 Sean Burrell

Assn: 22.19 2002 Terry Gantt

Name	Team	Seed Time
1 613 Armstrong, Alijah	Tornado Trac	
2 614 Armstrong, Jeremiah	Tornado Trac	
3 615 Bernstine, Xavier	Central Iowa	
4 618 Dinh, Kolby	Tornado Trac	
5 620 Forkpa, Jimelle	Mississippi	
6 621 Fulton, Eddie	Central Iowa	
7 625 Harris, Malaki	Mississippi	
8 626 Hinrichs, Noah	40-Unattache	
9 631 Kunze, Connor	Turbo Track	
10 633 Larson, Sawyer	Jumper Athle	
11 648 Ledoux, Camron	Tiger Track	

## 2023 USATF Iowa Association Youth Championship - 6/17/2023 to 6/18/2023

Ames High School Track  
Performance List**Event 22 ... (200 Meter Dash 15-16 Division Men Prelims)**

Name	Team	Seed Time
12 634 Maciejewski, Jerry	Mississippi	
13 642 Riley, Kaizer	Mississippi	
14 643 Saenz, Renzo	Tornado Trac	
15 646 Tour, Steve	Tornado Trac	
16 647 Vanavasam, Kushal	Cedar Rapids	

**Event 34 400 Meter Dash 15-16 Division Men**

Nat: 45.99 7/25/1995 W Obea Moore			
Assn: 49.92 2005 Aaron Stockstell			
Name	Team	Seed Time	
1 619 Flemmer, Avery	Ankeny Track		
2 620 Forkpa, Jimelle	Mississippi		
3 625 Harris, Malaki	Mississippi		
4 634 Maciejewski, Jerry	Mississippi		
5 636 Mickley, Jack	Mississippi		
6 642 Riley, Kaizer	Mississippi		
7 647 Vanavasam, Kushal	Cedar Rapids		

**Event 46 800 Meter Run 15-16 Division Men**

Nat: 1:50.51 7/28/2007 Howard Shepard II			
Assn: 1:58.55 2002 Mat Clark			
Name	Team	Seed Time	
1 616 Carrizales, Cole	Cedar Rapids		
2 619 Flemmer, Avery	Ankeny Track		
3 623 Gopinath, Tarunesh	Valley Youth		
4 627 Hoskins, Carter	Valley Youth		
5 629 Kennedy, Will	Cedar Rapids		
6 634 Maciejewski, Jerry	Mississippi		
7 641 Puetz, Logan	Cedar Rapids		
8 644 Scheckel, Ryker	Cedar Rapids		

**Event 58 1500 Meter Run 15-16 Division Men**

Nat: 3:54.02 7/29/2007 Nathan Mathabane			
Assn: 4:09.87 2013 Thomas Pollard			
Name	Team	Seed Time	
1 623 Gopinath, Tarunesh	Valley Youth		
2 627 Hoskins, Carter	Valley Youth		
3 629 Kennedy, Will	Cedar Rapids		
4 644 Scheckel, Ryker	Cedar Rapids		

**Event 68 3000 Meter Run 15-16 Division Men**

Nat: 8:27.00 7/23/1993 Billy Harper			
Assn: 9:01.00 2013 Thomas Pollard			
Name	Team	Seed Time	
1 616 Carrizales, Cole	Cedar Rapids		
2 623 Gopinath, Tarunesh	Valley Youth		
3 629 Kennedy, Will	Cedar Rapids		
4 644 Scheckel, Ryker	Cedar Rapids		

**Event 71 110 Meter Hurdles 15-16 Division Men Prelims**

Nat: 13.74 7/29/2007 Wayne Davis II			
Assn: 14.76 2006 Jordan Mullen			
Name	Team	Seed Time	
1 626 Hinrichs, Noah	40-Unattache		
2 628 Hurn, Brady	40-Unattache		

3 636 Mickley, Jack	Mississippi
4 637 Minear, Jaxson	Central Iowa
5 638 Pederson, Armaan	Central Iowa
6 640 Pote, Landon	Jumper Athle

**Event 80 400 Meter Hurdles 15-16 Division Men**

Nat: 51.56 7/30/2006 William Wynne			
Assn: 56.14 1988 Greg Gaun			
Name	Team	Seed Time	
1 626 Hinrichs, Noah	40-Unattache		
2 636 Mickley, Jack	Mississippi		
3 637 Minear, Jaxson	Central Iowa		

**Event 101 4x100 Meter Relay 15-16 Division Men**

Nat: 40.56 7/29/2017 12 Eagles Elite			
D Washington, J Drayden, J Khepera, M Beason			
Assn: 43.54 2022 Turbo Track Club			
Team	Relay	Seed Time	
1 Mississippi	A		
1) #625 Harris, Malaki	2) #620 Forkpa, Jimelle		
3) #634 Maciejewski, Jerry	4) #642 Riley, Kaizer		
2 Tornado Trac	A		
1) #646 Tour, Steve	2) #618 Dinh, Kolby		
3) #613 Armstrong, Alijah	4) #614 Armstrong, Jeremiah		

**Event 209 High Jump 15-16 Division Men**

Nat: 2.16m 6/24/2012 Randall Cunningham Jr			
Assn: 1.98m 2008 Thomas Larson/Jaron Van Maan			
Name	Team	Seed Mark	
1 617 Chapman, Kyler	Adel Track C		
2 625 Harris, Malaki	Mississippi		
3 632 Kunze, Kaiden	Norwalk TC		
4 636 Mickley, Jack	Mississippi		
5 637 Minear, Jaxson	Central Iowa		
6 638 Pederson, Armaan	Central Iowa		
7 640 Pote, Landon	Jumper Athle		

**Event 227 Long Jump 15-16 Division Men**

Nat: 7.35m 1979 Steve Hansley			
Assn: 6.59m 2018 Tamin Lipsey			
Name	Team	Seed Mark	
1 613 Armstrong, Alijah	Tornado Trac		
2 614 Armstrong, Jeremiah	Tornado Trac		
3 618 Dinh, Kolby	Tornado Trac		
4 621 Fulton, Eddie	Central Iowa		
5 632 Kunze, Kaiden	Norwalk TC		
6 633 Larson, Sawyer	Jumper Athle		
7 638 Pederson, Armaan	Central Iowa		
8 643 Saenz, Renzo	Tornado Trac		
9 646 Tour, Steve	Tornado Trac		
10 647 Vanavasam, Kushal	Cedar Rapids		

**Event 233 Triple Jump 15-16 Division Men**

Nat: 15.18m 7/31/2021 Karson Gordon			
Assn: 12.90m 2002 Jaron Van Maanen			
Name	Team	Seed Mark	
1 613 Armstrong, Alijah	Tornado Trac		

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## Event 233 ... (Triple Jump 15-16 Division Men)

Name	Team	Seed Mark
2 632 Kunze, Kaiden	Norwalk TC	
3 633 Larson, Sawyer	Jumper Athle	
4 643 Saenz, Renzo	Tornado Trac	

## Event 269 Shot Put 15-16 Division Men

Nat: 19.44m 7/7/2018 Trey Knight		
Assn: 15.56m 2001 Darryl Hunter		
Name	Team	Seed Mark
1 611 Anderson, Reagan	Pella Track	
2 622 Gibson, Gabriel	I-Run	
3 624 Hagan, Brady	Central Iowa	
4 630 Koos, Quinton	Ankeny Track	
5 635 McInerney, Carson	Tri-State Tr	
6 638 Pederson, Armaan	Central Iowa	
7 639 Phinney, James	I-Run	

## Event 241 Discus Throw 15-16 Division Men

Nat: 58.80m 6/1/1985 Kamy Keshmiri		
Assn: 47.27m 2010 Alex Goeller		
Name	Team	Seed Mark
1 611 Anderson, Reagan	Pella Track	
2 622 Gibson, Gabriel	I-Run	
3 624 Hagan, Brady	Central Iowa	
4 630 Koos, Quinton	Ankeny Track	
5 635 McInerney, Carson	Tri-State Tr	
6 645 Subbert, Nick	Adel Track C	

## Event 245 Hammer Throw 15-16 Division Men

Nat: 72.53m 6/28/2007 Connor McCullough		
Assn: 32.54m 2015 Nick Phelps		
Name	Team	Seed Mark
1 612 Armitage, James	Johnston Run	
2 622 Gibson, Gabriel	I-Run	
3 635 McInerney, Carson	Tri-State Tr	

## Event 257 Javelin Throw 15-16 Division Men

Nat: 63.60m 7/9/2010 William H. Stanley III		
Assn: 48.43m 2001 Steve Binz		
Name	Team	Seed Mark
1 611 Anderson, Reagan	Pella Track	
2 622 Gibson, Gabriel	I-Run	
3 637 Minear, Jaxson	Central Iowa	
4 639 Phinney, James	I-Run	
5 644 Scheckel, Ryker	Cedar Rapids	
6 645 Subbert, Nick	Adel Track C	

## Event 279 Decathlon 15-16 Division Men

Nat: 7000 7/29/2009 Gunnar Nixon		
Assn: 5218 1997 Zach Toomey		
Name	Team	Points
1 637 Minear, Jaxson	Central Iowa	
2 638 Pederson, Armaan	Central Iowa	

## Event 12 100 Meter Dash 17-18 Division Men Prelims

Nat: 10.08 6/27/2005 J-mee Samuel			
Assn: 10.62 2002 Demichole Deeds			
Name	Team	Seed	Time
1 712 Allen, Uriah	Tornado Trac		
2 716 Bogan, Mason	Mississippi		
3 718 Fairchild, Logan	40-Unattache		
4 721 Freyeremuth, Jacob	Mississippi		
5 724 Hinke, George	40-Unattache		
6 726 Johnson, Jrakke	Mississippi		
7 727 Kabamba, Obed	Tornado Trac		
8 730 Lewis, Ja'Quarion	Mississippi		
9 731 Meksay, Jaxton	Tornado Trac		
10 732 Morris, Jalen	Tornado Trac		
11 733 Nevitt, Luke	40-Unattache		
12 734 Nguyen, Johnny	Tornado Trac		
13 735 Parkey, Jayvon	Central Iowa		
14 736 Parkey, Justice	Central Iowa		
15 738 Pestle, Damian	Turbo Track		
16 740 Scheckel, Myles	Cedar Rapids		
17 741 Sickerson, Tyler	Turbo Track		
18 744 Vesey, Saviour	Mississippi		
19 745 Wallace, Grant	40-Unattache		
20 747 Wise, Gavin	Ankeny Track		

## Event 24 200 Meter Dash 17-18 Division Men Prelims

Nat: 20.50 7/25/1987 Quincy Watts			
Assn: 21.54 2002 Demichole Deeds			
Name	Team	Seed	Time
1 712 Allen, Uriah	Tornado Trac		
2 716 Bogan, Mason	Mississippi		
3 719 Feldmann, Nate	Ankeny Track		
4 724 Hinke, George	40-Unattache		
5 726 Johnson, Jrakke	Mississippi		
6 727 Kabamba, Obed	Tornado Trac		
7 728 Kelly, Isaiah	Tornado Trac		
8 730 Lewis, Ja'Quarion	Mississippi		
9 750 Malloy, Ryan	40-Unattache		
10 731 Meksay, Jaxton	Tornado Trac		
11 733 Nevitt, Luke	40-Unattache		
12 734 Nguyen, Johnny	Tornado Trac		
13 735 Parkey, Jayvon	Central Iowa		
14 736 Parkey, Justice	Central Iowa		
15 737 Paye, Tony	Tornado Trac		
16 738 Pestle, Damian	Turbo Track		
17 740 Scheckel, Myles	Cedar Rapids		
18 741 Sickerson, Tyler	Turbo Track		
19 744 Vesey, Saviour	Mississippi		
20 746 Wang, Jack	Tornado Trac		
21 747 Wise, Gavin	Ankeny Track		

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Nat: 45.56 7/6/1996 William Obea Moore			
Assn: 49.16 2011 Kaleb Van Cleave			
Name	Team	Seed Time	
1	716 Bogan, Mason	Mississippi	
2	718 Fairchild, Logan	40-Unattache	
3	719 Feldmann, Nate	Ankeny Track	
4	720 Foster, Isaac	Mississippi	
5	721 Freyermuth, Jacob	Mississippi	
6	725 Horn, Isaac	Central Iowa	
7	726 Johnson, Jrakke	Mississippi	
8	730 Lewis, Ja'Quarion	Mississippi	
9	750 Malloy, Ryan	40-Unattache	
10	733 Nevitt, Luke	40-Unattache	
11	735 Parkey, Jayvon	Central Iowa	
12	736 Parkey, Justice	Central Iowa	
13	737 Paye, Tony	Tornado Trac	
14	739 Rucker, Deshawn	Mississippi	
15	741 Sickerson, Tyler	Turbo Track	
16	743 Squires, Abel	Xlr8 Iowa TR	
17	744 Vesey, Saviour	Mississippi	
18	746 Wang, Jack	Tornado Trac	

**Event 48 800 Meter Run 17-18 Division Men**

Nat: 1:49.49 7/27/1999 Nick Davenport			
Assn: 1:56.14 2006 Aaron Stockstell			
Name	Team	Seed Time	
1	713 Anania, Tony	40-Unattache	
2	719 Feldmann, Nate	Ankeny Track	
3	720 Foster, Isaac	Mississippi	
4	723 Griebel, Payton	Bellevue Ste	
5	725 Horn, Isaac	Central Iowa	
6	739 Rucker, Deshawn	Mississippi	
7	745 Wallace, Grant	40-Unattache	

**Event 60 1500 Meter Run 17-18 Division Men**

Nat: 3:51.21 7/7/1985 John Quade			
Assn: 4:12.50 1986 Darin Rippey			
Name	Team	Seed Time	
1	723 Griebel, Payton	Bellevue Ste	
2	743 Squires, Abel	Xlr8 Iowa TR	

**Event 70 3000 Meter Run 17-18 Division Men**

Nat: 8:26.16 7/2/2016 Isai Rodriguez			
Assn: 9:02.11 2013 Atem Atok			
Name	Team	Seed Time	
1	723 Griebel, Payton	Bellevue Ste	

**Event 72 110 Meter Hurdles 17-18 Division Men Prelims**

Nat: 13.38 7/25/2009 Wayne Davis			
Assn: 14.04 1993 Chris Wycoff			
Name	Team	Seed Time	
1	719 Feldmann, Nate	Ankeny Track	
2	728 Kelly, Isaiah	Tornado Trac	
3	737 Paye, Tony	Tornado Trac	
4	742 Skvor, Isaiah	Cedar Rapids	

5	747 Wise, Gavin	Ankeny Track
6	748 Woods, Cael	Ankeny Track

**Event 81 400 Meter Hurdles 17-18 Division Men**

Nat: 49.77 7/29/2002 Kerron Clement			
Assn: 55.10 1985 Blake Wilkerson			
Name	Team	Seed Time	
1	748 Woods, Cael	Ankeny Track	

**Event 103 4x100 Meter Relay 17-18 Division Men**

Nat: 39.56 7/7/2012 Track Houston			
O Wilson, J Authorlee, A Ali, K Fulks			
Assn: 42.02 2003 Track Iowa			
Team	Relay	Seed Time	
1	Mississippi	A	
	1) #716 Bogan, Mason	2) #721 Freyermuth, Jacob	
	3) #730 Lewis, Ja'Quarion	4) #744 Vesey, Saviour	
2	Tornado Trac	A	
	1) #732 Morris, Jalen	2) #737 Paye, Tony	
	3) #727 Kabamba, Obed	4) #734 Nguyen, Johnny	

**Event 211 High Jump 17-18 Division Men**

Nat: 2.28m 7/9/1983 Dothel Edwards			
Assn: 2.06m 1986 Pat Conlon			
Name	Team	Seed Mark	
1	722 Grasty, William	Adel Track C	

**Event 229 Long Jump 17-18 Division Men**

Nat: 7.87m 1977 Lamont King			
Assn: 6.85m 1985 Mike Anderson			
Name	Team	Seed Mark	
1	715 Baker, Jackson	Jumper Athle	
2	721 Freyermuth, Jacob	Mississippi	
3	722 Grasty, William	Adel Track C	
4	731 Meksay, Jaxton	Tornado Trac	
5	732 Morris, Jalen	Tornado Trac	
6	735 Parkey, Jayvon	Central Iowa	
7	739 Rucker, Deshawn	Mississippi	

**Event 235 Triple Jump 17-18 Division Men**

Nat: 16.72m 7/29/2004 Kenneth Hall			
Assn: 13.39m 2008 Quinton Musgrove			
Name	Team	Seed Mark	
1	728 Kelly, Isaiah	Tornado Trac	
2	732 Morris, Jalen	Tornado Trac	

**Event 271 Shot Put 17-18 Division Men**

Nat: 20.41m 7/24/1997 Dwight Johnson			
Assn: 17.64m 2017 Nicholas Phelps			
Name	Team	Seed Mark	
1	711 Allen, Mason	40-Unattache	
2	729 Kimpston, Noah	40-Unattache	
3	749 Yates, Zach	40-Unattache	

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Performance List****Event 243 Discus Throw 17-18 Division Men**

Nat: 63.02m 1979		Clint Johnson	
Assn: 58.09m 2003		chase Madison	
Name	Team	Seed	Mark
1 711 Allen, Mason	40-Unattache		
2 717 Boge, Joe	Fasst Track		
3 729 Kimpston, Noah	40-Unattache		
4 749 Yates, Zach	40-Unattache		

**Event 247 Hammer Throw 17-18 Division Men**

Nat: 79.24m 6/28/2008		Connor McCullough	
Assn: 50.32m 2022		Austin Busch	
Name	Team	Seed	Mark
1 714 Armitage, Clark	Johnston Run		

**Event 259 Javelin Throw 17-18 Division Men**

Nat: 72.82m 6/27/2010		Samuel Crouser	
Assn: 53.21m 2012		Jonathan Bednar	
Name	Team	Seed	Mark
1 711 Allen, Mason	40-Unattache		
2 739 Rucker, Deshawn	Mississippi		

**Event 281 Decathlon 17-18 Division Men**

Nat: 7405 7/25/2001		Donovan Kilmartin	
Assn: 6207 1996		Travis Geopfert	
Name	Team	Points	
1 739 Rucker, Deshawn	Mississippi		