

## 2024 USATF Iowa Association Outdoor Open/Masters Championship and Invitational Meet

Sunday, June 16, 2024 ISU Track Cyclone Sports Complex Ames, Iowa 8 AM Registration Opens 8:30/9 AM Field Events 9 AM Track Events

## **Mens/Womens Events Include**

Running Events Order: 3000m RaceWalk, 800m Run, 80m/100m/110m Hurdles, 100m Dash, 3000m Run, 300m/400m Hurdles, 200m Dash, 400m Dash, 1500m Run, 2000m SteepleChase – all events ran as finals <u>Field Events</u>: HJ, LJ, TJ, SP, DT, JT, PV, HT

Entry Fee: \$9 per event

USATF Membership Available online at www.usatf-iowa.org

On line registration: <u>Registration Link</u>

For ages 19 through 90+. Open athletes 19-29 will compete together. Contestants 30 and over will compete in 5 year increment groups (i.e. 30-34, 35-39, and so on). Based on the number of athletes in each age group, several age groups may race in the same heat.

For More Information please contact: jim.walczyk@gmail.com or (515) 771-4246

Non-Iowans are not only welcome, they are encouraged to participate!